



Maternal and Child Health Resources



WOMEN, INFANTS, & CHILDREN (WIC)

Food, education, and breastfeeding support to promote family health and wellbeing in our community.

Are you eligible for WIC?

- You may qualify if you are:
 - Pregnant
 - or Breastfeeding
 - or Parenting a child under 5
- And you:
 - Live in Virginia
 - Meet income guidelines based on family size



703-792-7319



Manassas WIC

9430 Forestwood Lane
Suite 201
Manassas, VA 20110

Woodbridge WIC

4001 Prince William Parkway
Suite 204
Woodbridge, VA 22192

Mother of Mercy Free Clinic

- Prenatal/postpartum care
- Uninsured
- Manassas, Woodbridge

703-335-2779

Healthy Families (NVFS)

- Home visiting from pregnancy to preschool
- Support for positive parenting, relationships, school readiness

hfpwreferral@nvfs.org

Lunera Health

- Prenatal/postpartum care, pediatrics, dental, mental health
- Medicaid, FAMIS, Medicare
- Dumfries, Manassas, Woodbridge

703-680-7950

Pediatric Primary Care Project (NVFS)

- Medical home with Kaiser Permanente; children under 21 years
- Uninsured/not Medicaid eligible

703-244-7310

INOVA Cares for Women

- Prenatal/postpartum and gynecologic care
- Uninsured, Medicaid
- Dumfries

703-531-3000

Virginia Women and Family Support Center

- Long-term housing and support for mothers and children
- Maternal health, child development, job training

571-261-2838

Villa Advocacy Group

- Support groups (perinatal, lactation, perinatal loss, online)
- Parenting/baby supplies swap

VillaAdvocacy@gmail.com

Postpartum Support Virginia

- Support for perinatal mood & anxiety disorders
- Care coordination to find a therapist/psychiatrist

703-829-7152

(call or text)

For more information, please visit
vdh.virginia.gov/prince-william/mch



Contact the above locations to learn more about available services

VDH VIRGINIA
DEPARTMENT
OF HEALTH

Prince William
Health District

