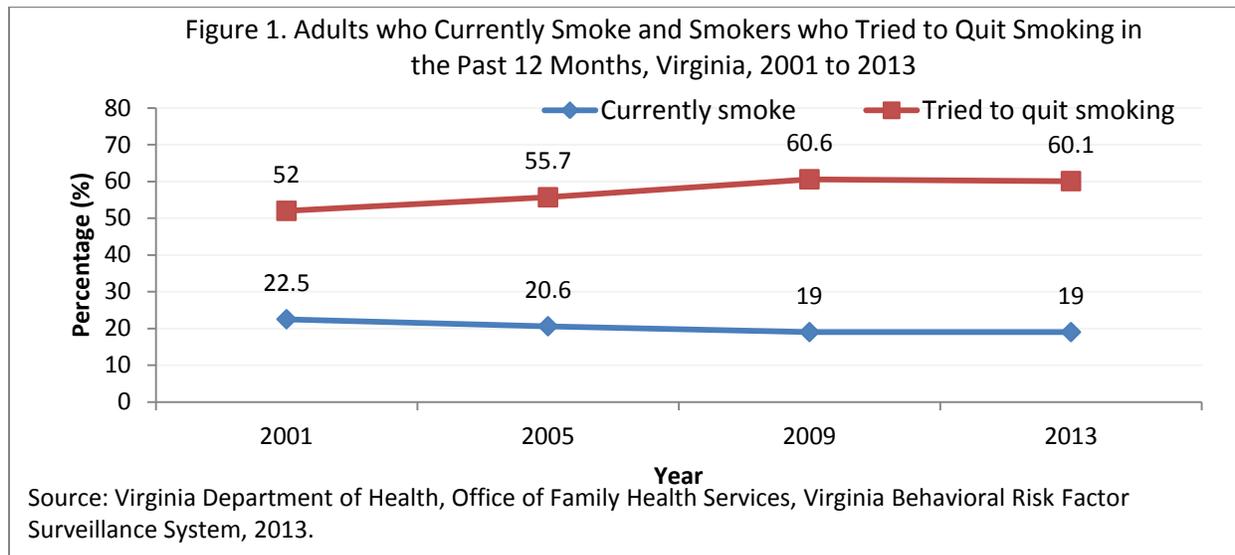


Many Virginians who tried smoking eventually quit the habit.

- In 2013, 19% of adults in Virginia were current smokers.¹
- Sixty point one percent (60.1%) of adult current smokers in Virginia have tried to quit smoking *during the past 12 months*.*



- Certain groups of smokers in Virginia were more likely to try to quit, including:¹
 - Male (61.4% compared to 58.5% for female)
 - Black/Non-Hispanic (71.3% compared to 56.8% for White/Non-Hispanic)
 - Twenty five to thirty four (25-34) year olds (68.6% compared to 57.3% for 65 years old or older)
 - People with income of \$25,000 to less than \$35,000 (66.2% compared to 60.8% for \$15,000 to less than \$25,000)
 - People with some college education (64.1% compared to 57.3% for high school diploma or GED)
- In Virginia, in 2013 the percentage of adults who tried to quit smoking ranged from 56.6% in Northern Virginia to 65.7% along the Northwestern Region.¹

For more information about tobacco use or tobacco use control, contact the Virginia Department of Health's Tobacco Use Control Project (TUCP) at (804) 864-7749, or access information on our website

<http://www.vdh.virginia.gov/ofhs/prevention/tucp/>

For information and resources on how to quit smoking and other tobacco use, call **QUIT NOW Virginia** at **1-800-QUITNOW** (1-800-784-8669).

*To assess quit attempt rates, current smokers were asked "[during the past 12 months], have you stopped smoking for one day or longer because you were trying to quit smoking?"

¹ Virginia Department of Health (VDH), Office of Family Health Services (OFHS), Virginia Behavioral Risk Factor Surveillance System (BRFSS), 2013. Percentages are weighted.