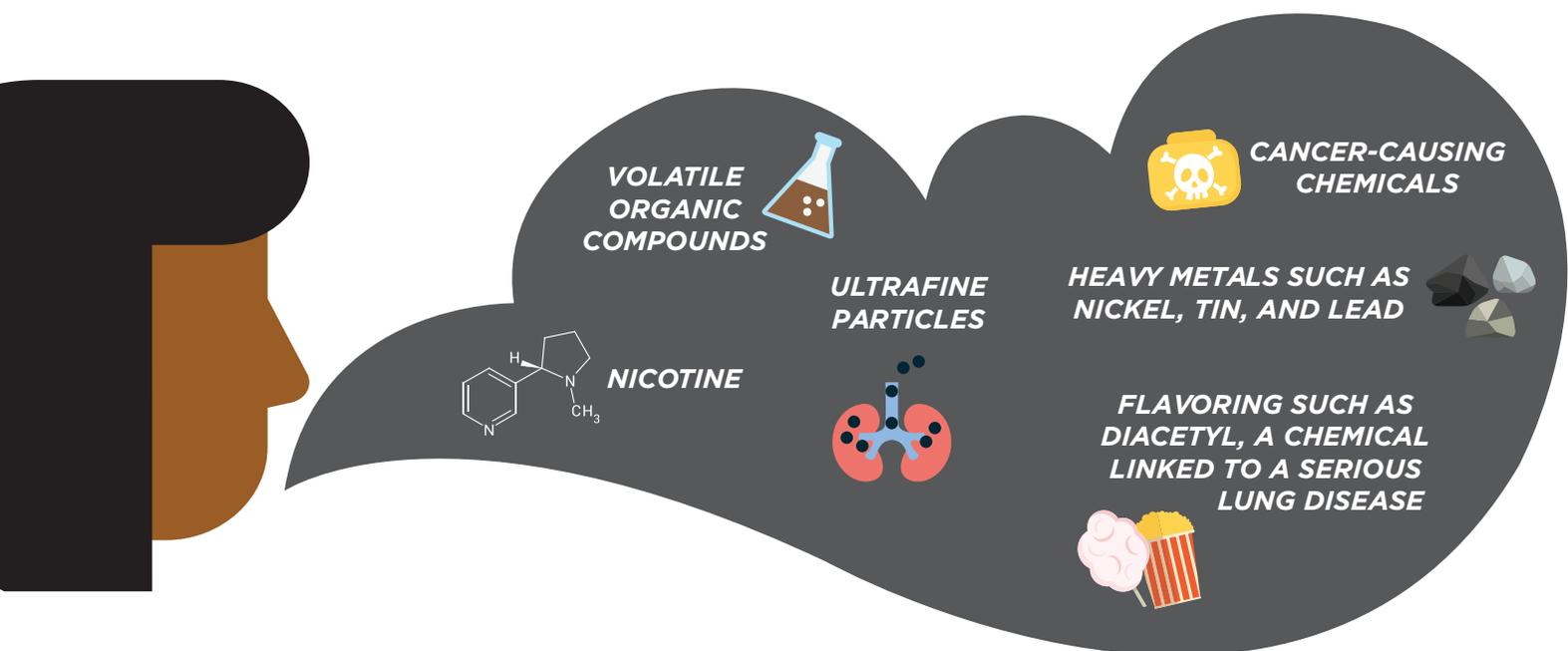


WHAT IS IN E-CIGARETTE AEROSOL?

The e-cigarette aerosol that users breathe from the device and exhale can contain harmful and potentially harmful substances:



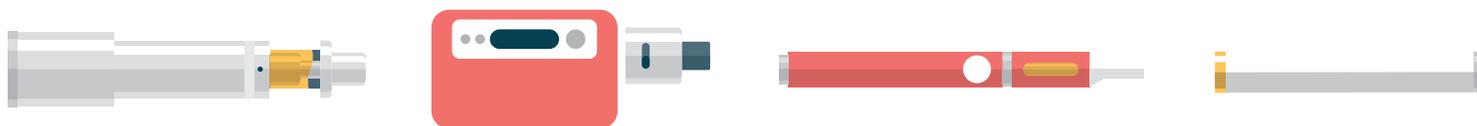
It is difficult for consumers to know what e-cigarette products contain. For example, some e-cigarettes marketed as containing zero percent nicotine have been found to contain nicotine.

CAN E-CIGARETTES HELP ADULTS QUIT SMOKING CIGARETTES?



E-cigarettes are not currently approved by the FDA as a quit smoking aid.

The U.S. Preventive Services Task Force, a group of health experts that makes recommendations about preventive health care, concluded that the evidence is insufficient to recommend e-cigarettes for smoking cessation in adults, including pregnant women.



WHO IS USING E-CIGARETTES?

E-cigarettes are now the most commonly used tobacco product among U.S. youth.

In the U.S., youth are more likely than adults to use e-cigarettes



In 2016, more than
2 MILLION
U.S. middle and high school students used e-cigarettes in the past 30 days, including:

4.3%

Middle school students

11.3%

High school students



Among current e-cigarette users aged 18–24 years,
40.0% had **NEVER BEEN**
cigarette smokers