



Quit Now
Virginia
Tobacco and Nicotine Quit Services
Free 24/7 • QuitNowVirginia.org • 1-800-Quit Now



WHY COLLEGES & UNIVERSITIES SHOULD CONSIDER ADOPTING A 100% SMOKE/TOBACCO-FREE CAMPUS POLICY:

- Promote clean air, a healthy environment, and healthy behavior choices
- Save money and staff time spent cleaning cigarette litter by eliminating butts and other tobacco waste
- Prepare students for tobacco-free work environments (e.g., hospitals, K-12 schools, etc.)
- Prevent students from initiating tobacco use
- Encourage tobacco users to quit or decrease use
- Support those who have quit using tobacco

Call for free help quitting tobacco or nicotine:
1-800-QUIT NOW

QuitNowVirginia.org • EliminateTobaccoUse.org/Virginia



#TobaccoFreeCampus

WHY ELIMINATE TOBACCO USE ON CAMPUS?

Cigarette waste is extremely toxic.

A used filter releases thousands of toxic chemicals back into the environment when washed into waterways by water runoff.