

Cyclosporiasis

Agent: *Cyclospora cayetanensis* (parasite)

Mode of Transmission: Can be foodborne or waterborne. *Cyclospora* are resistant to chlorination. Direct person-to-person transmission has not been documented.

Signs/Symptoms: Profuse watery diarrhea commonly occurs, along with nausea, vomiting, anorexia, substantial weight loss, abdominal bloating or cramping and prolonged fatigue. Fever occurs in approximately half the patients.

Prevention: Fresh produce should be washed thoroughly before it is consumed.

One case of cyclosporiasis was reported during 2010. This is similar to the five-year average of 1.6 cases per year. The reported case was a female in the 20-29 year age group from the northwest region of the state. The source of exposure was a foodborne contaminant acquired out of state.