

# RESPIRATORY VIRUS IMMUNIZATIONS

Respiratory illness vaccines help protect against  
severe illness, hospitalization, and death.



VACCINE	ABOUT THE VACCINE	WHO CAN GET IT	WHEN TO GET IT	WHERE TO GET IT
<b>FLU VACCINE</b>	A vaccine to protect against common flu viruses.	Everyone aged six months or older. Some children may need multiple doses.	Every year. September and October are the best months to get the flu vaccine, however the vaccine can still be beneficial as long as the flu virus continues to circulate.	Health departments, pharmacies, and medical offices.  Find a location at <a href="https://www.vdh.virginia.gov/immunization/provider-locator/">https://www.vdh.virginia.gov/immunization/provider-locator/</a>
<b>COVID-19 VACCINE</b>	A vaccine to protect against the COVID-19 variants that are expected to be most common.	Everyone aged six months or older. Some people (children, those with weakened immune systems, older adults) may be recommended to get multiple doses.	When the updated COVID-19 vaccine becomes available (usually in the fall).  If you recently had COVID-19, you likely have infection-based immunity and can consider waiting three months after your infection before getting vaccinated.  Talk to your healthcare provider on determine what is best for your situation.	Health departments, pharmacies, and medical offices.  Find a location at <a href="https://www.vdh.virginia.gov/immunization/provider-locator/">https://www.vdh.virginia.gov/immunization/provider-locator/</a>
<b>RSV VACCINE FOR OLDER ADULTS</b>	A one-time vaccine for older adults prevents severe RSV illness.	<ul style="list-style-type: none"> <li>› All adults aged 75 years or older.</li> <li>› Adults aged 50-74 years at increased risk for severe illness.</li> </ul>	September and October are the best months to get it, however it can be received September through March.	Health departments, pharmacies, and medical offices.
<b>RSV VACCINE FOR PREGNANT WOMEN (Abrysvo)</b>	A one-time vaccine to protect infants from severe RSV illness by passing protection (antibodies) from mother to infant.	Women who are 32–36 weeks pregnant September - January who have not previously received an RSV vaccine while pregnant.	September through January.	Health departments, pharmacies, and medical offices.
<b>RSV ANTIBODY IMMUNIZATION FOR INFANTS</b>	An antibody immunization (not a vaccine) that provides protection (antibodies) to protect infants from severe RSV.	<ul style="list-style-type: none"> <li>› All infants younger than 8 months of age if mother didn't receive the RSV vaccine while pregnant.</li> <li>› Children aged 8–19 months who are at increased risk for severe illness.</li> </ul>	As soon as possible after birth October-March.	Health departments, medical offices, and birthing hospitals.

**FOR MORE  
INFORMATION**

Call your pharmacy to confirm vaccine availability and what ages they will vaccinate. In many cases, these vaccines can be given at the same time. If you have questions, talk with a healthcare provider, pharmacist, or your local health department  
[vdh.virginia.gov/health-department-locator](https://www.vdh.virginia.gov/health-department-locator).

Visit VDH Respiratory Diseases Webpage:  
[vdh.virginia.gov/epidemiology/respiratory-diseases-in-virginia/](https://www.vdh.virginia.gov/epidemiology/respiratory-diseases-in-virginia/)

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