

**Title of document: Protocol adopted by Virginia Department of Health (VDH) for Dental Hygienists to Practice in an Expanded Capacity under Remote Supervision by Public Health Dentists**

**Reference to 18VAC60-20-220: Regulations Governing Dental Practice – Dental Hygienists**

**Filed by: Virginia Board of Dentistry**

**Date filed: September 7, 2012, Revised May 24, 2019**

**Document available from: Board of Dentistry  
9960 Mayland Drive, Suite 300 Henrico, VA 23233**

**Definitions:**

- “Expanded capacity” means that a VDH dental hygienist provides education, assessment, prevention and clinical services as authorized in this protocol under the remote supervision of a VDH dentist.
- “Remote supervision” means that a public health dentist has regular, periodic communications with a public health dental hygienist regarding patient treatment, but who has not done an initial examination of the patients who are to be seen and treated by the dental hygienist, and who is not necessarily onsite with the dental hygienist when dental hygiene services are delivered.

**Management:**

- Program guidance and quality assurance shall be provided by the Dental Health Program at VDH for the public health dentists providing supervision under this protocol. Guidance for all VDH dental hygienists providing services through remote supervision is outlined below:
  - VDH compliance includes a review of the remote supervision protocol with the dental hygienist. The hygienist will sign an agreement consenting to remote supervision according to the protocol. The hygienist will update the remote agreement annually attaching a copy of their current dental hygiene license, and maintain a copy of the agreement on-site while providing services under this protocol.
  - VDH training by the public health dentist will include didactic and on-site components utilizing evidence based protocols, procedures and standards from the American Dental Association, the American Dental Hygienists’ Association, the Centers for Disease Control and Prevention, Association of State and Territorial Dental Directors, as well as VDH OSHA, Hazard Communication and Blood Borne Pathogen Control Plan.
  - VDH monitoring during remote supervision activities by the public health dentist shall include tracking the locations of planned service delivery and review of daily reports of the services provided. Phone, video, email, or personal communication between the public health dentist and the dental hygienist working under remote supervision will occur at a minimum of every 14 days.
  - VDH on-site review, to include a sampling of the patients seen by the dental hygienist under remote supervision, will be completed annually by the supervising public health dentist. During the on-site review, areas of program and clinical oversight will include appropriate patient documentation for preventive services (consent completed, assessment of conditions, forms completed accurately), clinical quality of preventive services (technique and sealant retention), patient management and referral, compliance with evidence-based program guidance, adherence to general emergency guidelines, and OSHA and Infection Control compliance.

- No limit shall be placed on the number of full or part time VDH dental hygienists that may practice under the remote supervision of a public health dentist(s).
- The dental hygienist may use and supervise assistants under this protocol but shall not permit assistants to provide direct clinical services to patients.
- The patient or responsible adult shall be advised that services provided under the remote supervision protocol do not replace a complete dental examination and that he/she should take his/her child to a dentist for regular dental appointments.

**Remote Supervision Practice Requirements:**

- The dental hygienist shall have graduated from an accredited dental hygiene school, be licensed in Virginia, and employed by VDH in a full or part time position and have a minimum of two years of dental hygiene practice experience.
- The dental hygienist shall annually consent in writing to providing services under remote supervision.
- The patient or a responsible adult shall be informed prior to the appointment that no dentist will be present, that no anesthesia can be administered, and that only limited described services will be provided.
- Written basic emergency procedures shall be established and in place, and the hygienist shall be capable of implementing those procedures.

**Expanded Capacity Scope of Services:**

Public health dental hygienists may perform the following duties under remote supervision:

- Performing an initial examination or assessment of teeth and surrounding tissues, including charting existing conditions including carious lesions, periodontal pockets or other abnormal conditions for further evaluation by a dentist, as required.
- Prophylaxis of natural and restored teeth.
- Scaling of natural and restored teeth using hand instruments, and ultrasonic devices.
- Assessing patients to determine the appropriateness of sealant placement according to VDH Dental Health Program guidelines and applying sealants as indicated.
- Providing dental sealant, assessment, maintenance and repair.
- Administration of Schedule VI topical drugs.
- Providing educational services, assessment, screening or data collection for the preparation of preliminary written records for evaluation by a licensed dentist.

**Required Referrals:**

- Public health dental hygienists will refer patients without a dental provider to a public or private dentist with the goal to establish a dental home.
- When the dental hygienist determines at a subsequent appointment that there are conditions present which require evaluation for treatment, and the patient has not seen a dentist as referred, the dental hygienist will make every practical or reasonable effort to schedule the patient with a VDH dentist or local private dentist volunteer for an examination, treatment plan and follow up care.

## Emergency Guidelines

### **General**

1. Licensed dental staff will maintain current Cardiopulmonary Resuscitation (CPR)/Basic Life Support certification.
2. Do not become involved in emergency treatment methods beyond your skill.
3. Remain calm and communicate a calm, supportive attitude towards the ill or injured individual.
4. Do not leave the child/patient unattended.
5. Document emergency incident in detail on patient record and report incident to supervising dentist.

### **School Setting**

1. Upon arriving at the school/community site, familiarize dental staff with the emergency protocol and site contact person should an emergency occur.
2. Have the patient's medical history information readily available.
3. Have another staff person immediately contact the school nurse/health clinic regarding the emergency. Call the emergency #911 if indicated.
4. An operating cell phone is available at all times.
5. A standard first aid kit is available at all times.

### **WIC Clinic Setting**

1. Be familiar with and follow local health district emergency protocol.
2. Have another person immediately contact a public health nurse or WIC staff person regarding the emergency. Call the emergency #911 if indicated.

**Consent**

VDH dental hygienists under “remote supervision” status must familiarize themselves with this document to assure compliance with the requirements of the protocol.

As stated under “Practice requirements” patient information documents or consent forms must communicate that services will be limited and delivered by a dental hygienist.

By signing below or otherwise indicating through written documents including the HR8A EWP, the dental hygienist consents to working under the terms of remote supervision.

Name: \_\_\_\_\_

Health District Base Location: \_\_\_\_\_

Phone \_\_\_\_\_

License #: \_\_\_\_\_ Exp. Date. \_\_\_\_\_

Years of practice experience \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**4) Supervising VDH Dentists**

Name: R. Lynn Browder, DDS, MBA

VDH Dental Health Program

109 Governor St. Richmond, Va. 23219

804 864-7776 / 703 850-1836

License #: 0401005628