

Age

Children Under 2 Years

Children 2-6 Years

Toothpaste

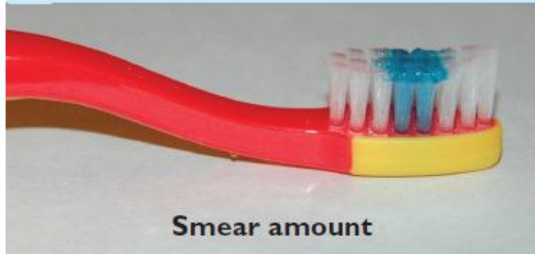


Photo courtesy of Jason Sewell/flickr

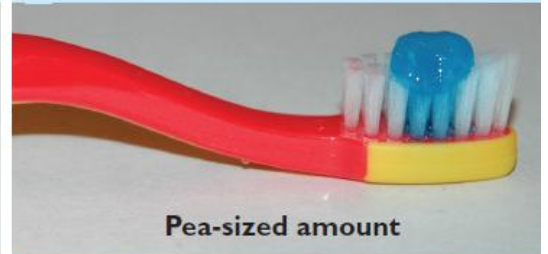


- Encourage parents and caregivers to take an active role in brushing their children's teeth once the first tooth erupts
- Educate parents and caregivers on proper fluoride toothpaste use
- Brush children's teeth with fluoride toothpaste twice daily
- Use a smear of fluoride toothpaste

- Encourage parents and caregivers to take an active role in brushing their children's teeth
- Educate parents and caregivers on proper fluoride toothpaste use
- Brush children's teeth with fluoride toothpaste, or assist children with toothbrushing, twice a day
- Use no more than a pea-sized amount of fluoride toothpaste



Smear amount



Pea-sized amount

- Do not rinse after brushing

- Children should spit out excess toothpaste
- Do not rinse after brushing

Varnish

- Apply every 3-6 months

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Mouth rinses, gel, or foam

- Not recommended

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