Virginia’s Board of Health recommends that all public water systems in Virginia provide drinking water with fluoride at optimal levels.¹

The American Water Works Association supports Community Water Fluoridation (CWF) to help prevent tooth decay.² CWF is safe, helps prevent tooth decay, and saves money in dental treatment costs.³

In the U.S., most (75 percent) public water systems are fluoridated.⁴

The U.S. Task Force on Community Preventive Services examined 21 studies and concluded that fluoridated water reduces tooth decay by 29 percent among children ages 4-17.⁵

Over 95 percent of Virginians served by public water systems receive water with fluoride that is added to reach the optimal amount.⁶

Waterworks operators play a very important role in maintaining the optimal concentration of fluoride (0.7 mg/L) in the public water supply.⁷

Financial assistance is available to localities for fluoridation equipment and supplies. To learn more about CWF, or to inquire about financial assistance, visit: www.vdh.virginia.gov/fluoride-information/contact-us/


3 Centers for Disease Control and Prevention (CDC). Cost Savings of Community Water Fluoridation.

4 Campaign for Dental Health. Common Questions about Community Water Fluoridation.


6 CDC. Water Fluoridation Reporting System Database. 2016.