



## VDH Child Passenger Safety Checklist by Age Implementation Guide

The Virginia Department of Health Child Passenger Safety (VDH CPS) Team developed informative checklists for patient education, primarily during well-child visits. There are three seat-specific checklists with approximate age ranges highlighting key safety restraint information. Additionally, information provided does not address unique developmental or behavioral patient needs. In these situations, refer to a Child Passenger Safety Technician for guidance.

The checklists are to be used by those with child passenger safety training. This includes but is not limited to nationally certified child passenger safety technicians and/or participants of VDH Child Passenger Safety Programs. As the checklists provide an overview of key information, it is important to remember each safety seat, vehicle, and child's growth and development differ. Parents and caregivers should reference their safety seat instruction manual and vehicle owner's manual for specific details.

Providers using this tool are encouraged to print it two sided. Review the directions as needed. Review the checklist content on page one with the caregiver. Page two of the checklist can be reviewed; it is intended to provide additional information for the caregiver. The checklist should be given to the caregiver as a reference.

### Directions:

1. Note the child's age and weight. Ask about the type of safety restraint currently used (rear-facing, forward-facing, booster seat, seat belt). Use probing questions to verify accuracy of restraint.
2. Review the appropriate checklist.

#### Page one:

- A list of overall reminders that should be reviewed with the caregiver(s)
- Table of key items for review including:
  - o Check Points - selection, direction, location, installation, and harnessing
  - o What to Look For – details that should be reviewed
  - o Other Tips – additional details the can be reviewed
- A list of additional resources for assistance for caregivers

#### Page two:

- Injury insights that can be reviewed with caregiver(s)
- Select visual examples for the guidance provided on page one

**If you have questions related to the checklists or child passenger safety, please reach out the VDH CPS Team at 1-800-732-8333 or [ivp@vdh.virginia.gov](mailto:ivp@vdh.virginia.gov).**