I. Policy:
A dietary assessment shall be completed for all applicants to determine dietary deficiencies that impair or endanger health.

II. Procedure(s):
A. Complete a dietary assessment using Value Enhanced Nutrition Evaluation (VENA) to evaluate general eating patterns and habits.

1) Ask probing questions to determine the type and amount of food and beverages consumed
2) Use food models, cups and other aids to determine portion sizes
3) Find out when, where, and with whom meals and snacks are routinely consumed
4) Ask about preparation methods to determine calories, fat, sugar, and salt intake