

## Division of Community Nutrition

<i>Subject:</i> <b>Breast Shells</b>		<i>Policy:</i> <b>BF 04.5</b>
<i>Reference:</i> <b>C.F.R. §246.3</b>	<i>Effective:</i> <b>August 12, 2013</b>	<i>Supersedes:</i> <b>December 1, 2008</b>

### **I. Policy:**

Breast shells shall be offered to non-pregnant participants with sore nipples.

### **II. Procedure(s):**

A. The breastfeeding coordinator / designee shall:

- 1) Offer breast shells after delivery to participants with sore nipples.
- 2) Instruct participants on the use of breast shells.

B. Breast shells shall not be given to pregnant participants due to the risk of pre-term labor.

C. Breast shells shall not be reused due to cross-contamination.