

Division of Community Nutrition

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| <i>Subject: Food Prescription I and II – Infant</i> | | <i>Policy: FDS 02.2.1</i> |
| <i>Reference: CFR §246.10</i> | <i>Effective: August 12, 2013</i> | <i>Supersedes: October 1, 2009</i> |

I. Policy:

All infants shall be assigned a food prescription that is based on age, meets the participant’s nutritional needs, cultural preferences and household conditions.

II. Procedure(s):

A. All infants on WIC receiving contract formula shall be prescribed formula according to FDS 03.1. Infants birth through 5 months shall be prescribed Food Package I unless they are special needs. Infants 6 through 11 months shall be prescribed Food Package II unless they are special needs. Infant feeding options within these food packages are Fully Breastfeeding, Fully Formula Feeding and Partially Breastfeeding.

- 1) For infants who are fully formula fed, the full amount of formula shall be provided. The following quantities of formula, based on FDS 02.2, are available for Similac Advance and Similac Soy Isomil:

| Infant Age Group | Actual Cans Powder/ Month | Actual Cans Concentrate/ Month | Actual Cans RTF/ Month |
|-------------------------|----------------------------------|---------------------------------------|-------------------------------|
| 0-3 | 9 | 31 | 26 |
| 4-5 | 10 | 34 | 28 |
| 6-11 | 7 | 24 | 20 |

- 2) For infants who are partially breastfed and supplemented with formula, only powder formula is available. The amount of formula prescribed shall be tailored based on the frequency of formula feeding. The following quantities of formula are available for Similac Advance and Similac Soy Isomil:

| Infant Age Group | Max Cans Powder/ Month |
|-------------------------|-------------------------------|
| 0-1 | 1 |
| 1-3 | 4 |
| 4-5 | 5 |
| 6-11 | 4 |

- B. All infants shall have infant cereal and infant fruits and vegetables at 6 months of age. Fully breastfeeding infants will also receive infant meats. These foods will be provided in accordance with FDS 02.2.