I. Policy:
All pregnant women and women providing “mostly” breast milk (receiving less than half of the maximum allowed amount of formula for their infant) shall be prescribed a food prescription that is based on age, meets the participant’s nutritional needs, cultural preferences and household conditions.

II. Procedure:
A. The CPA shall use VENA to help determine the participant’s food usage.
B. All pregnant or partially breastfeeding women not requiring a special needs food prescription shall be offered the full nutrition benefit consisting of the following:
   1. 5.5 gallons of 1% milk, low-fat milk, or skim milk
   2. 1 dozen eggs
   3. 1 pound of dry beans or 4 (15-16 oz) cans of beans AND 16-18 oz peanut butter
   4. 3 (12 oz) cans of frozen juice concentrate
   5. 36 ounces of cereal
   6. 1 pounds of whole grains (whole wheat bread, brown rice or soft corn or whole wheat tortilla)
   7. $10.00 cash value benefit for fresh, frozen or canned fruits and vegetables
C. The CPA can do the following individual tailoring:
   1) Provide lactose free milk, soy milk or UHT milk when indicated by the household situation.
   2) Provide a special needs food prescription in accordance with FDS 02.2.2 when required.
   3) Reduce the quantity of food based on the participant preference and food usage.
      a. If the quantity of food is reduced the reason needs to be recorded in Crossroads.
4) Provide 1 pound of cheese based on participant preference.
   a. If cheese is provided 0.75 gallons of milk will be reduced from the food package