

Division of Community Nutrition

<i>Subject:</i> Lactose Reduced / Lactose Free Food Prescription		<i>Policy:</i> FDS 02.3.1
<i>Reference:</i> CFR §246.10	<i>Effective:</i> August 12, 2013	<i>Supersedes:</i> October 1, 2009

I. Policy:

Prescribe a lactose-reduced / lactose-free food prescription for participants intolerant to regular cow's milk and who report lactose intolerance.

II. Procedure(s):

- A. Prescribe lactose-reduced or lactose-free dairy products before non-dairy milk alternatives. Medical documentation is not required.
- B. Customize the food package by prescribing lactose-reduced / lactose-free milk to replace the amount of regular cow's milk the participant would have received.