

Division of Community Nutrition		
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<i>Subject:</i> Nutrition Education-Group		<i>Policy:</i> NEd 03.2
<i>Reference:</i> CFR 246.11	<i>Effective:</i> August 12, 2013	<i>Supersedes:</i> January 15, 2008

I. Policy:

Group nutrition education is an approved educational method for low risk participants. Group education shall follow the basic principles in accordance with NEd 01.0 and be based on the participants' nutritional needs, interests, cultural and language preferences and literacy level.

II. Procedure(s):

A. Local agencies shall:

- 1) Utilize a lesson plan incorporating Facilitated Group Discussion that has been approved by the State WIC Office
- 2) Educate participants using interactive techniques to engage them in the activity
- 3) Encourage participants to set realistic goals related to the group activity
- 4) Document nutrition education in Crossroads