



VIRGINIA WIC

Milk Waiver and COVID-19

The Virginia WIC has learned that a significant numbers of WIC retailers having trouble in maintaining certain inventory of WIC eligible milk products for WIC participants due to the COVID-19 crisis. As a result, USDA has approved the temporary waiver of milk products.

If the prescribed milk product is unavailable for purchase, WIC participants can substitute as shown below:

- If you are prescribed **Whole Milk**, you are allowed to purchase regular, lactose-free or UHT whole milk.
- If you are prescribed **Low-Fat/Fat-Free Milk**, you are allowed to purchase skim (fat free), 1%, 2% regular, lactose-free or UHT milk. It is encouraged to select the fat content closest to your prescription.

Here is a list of UHT products recently added and are available to purchase. Varieties of brands in 2% milk are now available as well (separate document).

Whole Milk UHT	Low Fat/Fat Free UHT
Mountain Dairy	Mountain Dairy Skim, 1% or 2%
Kroger Whole Milk	Kroger Skim, 1% or 2%
Parmalat Whole Milk	Parmalat Fat Free, 1% or 2%
Parmalat Whole Milk Lactose Free	Parmalat 2% Lactose Free

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