

Provided Food Categories	Food Packages for Infant			
	Fully Breastfed Infants		Partially Breastfed & Fully Formula Fed Infants	
	0-5 months	6-11 months	0-5 months	6-11 months
Infant Cereal	N/A	3 8oz. containers	N/A	3 8oz. containers
Infant Fruits/Vegetables	N/A	64 4oz. containers	N/A	32 4oz. containers
Infant Meats	N/A	31 2.5oz. containers	N/A	N/A
Provided Food Categories	Food Packages for Children and Women			
	Children	Fully Breastfeeding	Pregnant & Partially Breastfeeding	Non-Breastfeeding & Postpartum Women
Milk	4 gallons Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal	6 gallons + 1 lb. cheese Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal	5.5 gallons Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal	4 gallons Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal
Eggs	1 dozen	1 dozen	2 dozen	1 dozen
Legumes	Choice of 1 legume option: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans	Choice of 2 legume options: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans	Choice of 2 legume options: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans	Choice of 1 legume option: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans
Canned Fish	N/A	30 oz. Tuna or Salmon	N/A	N/A
Cereal	36 oz.	36 oz.	36 oz.	36 oz.
Whole Grains	Choice of 2 WG options: • Whole grain bread • Whole wheat pasta • Whole wheat tortillas • Corn tortillas • Brown Rice	Choice of 1 WG option: • Whole grain bread • Whole wheat pasta • Whole wheat tortillas • Corn tortillas • Brown Rice	Choice of 1 WG option: • Whole grain bread • Whole wheat pasta • Whole wheat tortillas • Corn tortillas • Brown Rice	N/A
100% Juice	128 oz Liquid	3 containers Frozen Concentrate	3 containers Frozen Concentrate	2 containers Frozen Concentrate
Fruits and Vegetables	\$9.00 fresh, frozen, and/or canned	\$11.00 fresh, frozen, and/or canned	\$11.00 fresh, frozen, and/or canned	\$11.00 fresh, frozen, and/or canned

	Fully Breastfed Infants		Partially Breastfed & Fully Formula Fed Infants	
	0-5 months	6-11 months	0-5 months	6-11 months
<b>Infant Cereal</b>	N/A	3 8oz. containers	N/A	3 8oz. containers
<b>Infant Fruits/Vegetables</b>	N/A	64 4oz. containers	N/A	32 4oz. containers
<b>Infant Meats</b>	N/A	31 2.5oz. containers	N/A	N/A
	Children	Fully Breastfeeding	Pregnant & Partially Breastfeeding	Non-Breastfeeding & Postpartum Women
<b>Milk</b>	4 gallons Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal	6 gallons + 1 lb. cheese Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal	5.5 gallons Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal	4 gallons Substitution options • 1 lb. cheese for 0.75 gal. • 32 oz. Yogurt for 0.25 gal
<b>Eggs</b>	1 dozen	1 dozen	2 dozen	1 dozen
<b>Legumes</b>	Choice of 1 legume option: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans	Choice of 2 legume options: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans	Choice of 2 legume options: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans	Choice of 1 legume option: • 1 jar Peanut Butter • 1 lb. dry beans • 4 cans of beans
<b>Canned Fish</b>	N/A	30 oz. Tuna or Salmon	N/A	N/A
<b>Cereal</b>	36 oz.	36 oz.	36 oz.	36 oz.
<b>Whole Grains</b>	Choice of 2 WG options: • Whole grain bread • Whole wheat pasta • Whole wheat tortillas • Corn tortillas • Brown Rice	Choice of 1 WG option: • Whole grain bread • Whole wheat pasta • Whole wheat tortillas • Corn tortillas • Brown Rice	Choice of 1 WG option: • Whole grain bread • Whole wheat pasta • Whole wheat tortillas • Corn tortillas • Brown Rice	N/A
<b>100% Juice</b>	128 oz Liquid	3 containers Frozen Concentrate	3 containers Frozen Concentrate	2 containers Frozen Concentrate
<b>Fruits and Vegetables</b>	\$9.00 fresh, frozen, and/or canned	\$11.00 fresh, frozen, and/or canned	\$11.00 fresh, frozen, and/or canned	\$11.00 fresh, frozen, and/or canned