

Virginia WIC Request for Special Prescription

WIC-395 Form

Requests are subject to approval based on Virginia WIC policy.

Additional information located at www.vdh.virginia.gov/wic/healthcare-providers



Full completion of Sections A – E required at submission

INFANT FORM

| A. Patient Information |
|------------------------|
| Infant Name: |
| DOB: |
| Guardian Name: |
| Phone: |

| B. Anthropometric Data |
|---|
| <ul style="list-style-type: none"> ➤ Provide most recent data collected on the same date. ➤ Both values are required. |
| Weight: lbs. oz. Length: in. |
| Collection Date: |

| C. Formula Information | Please include ALL products requested for patient on single form |
|--|--|
| Product(s) requested: _____ | Is RTF medically required?: <input type="checkbox"/> No <input type="checkbox"/> Yes |
| If yes, provide RTF justification: _____ | |
| Amount per day: <input type="checkbox"/> Standard WIC amount or _____ oz/day | Calories per ounce: <input type="checkbox"/> Standard dilution or _____ kcal/oz |
| Length of use: <input type="checkbox"/> 1 month <input type="checkbox"/> 2 months <input type="checkbox"/> 3 months <input type="checkbox"/> 4 months <input type="checkbox"/> 5 months <input type="checkbox"/> 6 months | |
| Diagnosis with ICD code: _____ | |
| <ul style="list-style-type: none"> ➤ The following are considered non-qualifying conditions and will not be approved- colic, constipation, diarrhea, gas, fussiness, weight loss, slow or poor weight gain, non-specific feeding difficulties, spitting-up, vomiting, non-specific formula intolerances or allergies or personal preference. ➤ All Failure to Thrive diagnoses <u>must</u> be supported by a current weight that is < 3rd percentile for age, current weight < 80% of ideal weight for height/age, or documented decrease in growth along infant's previously defined growth curve. ➤ WIC is a <u>supplemental program</u> and the formula and food benefits provided are not intended to meet the full nutritional needs of participants. Formula amounts over the standard WIC amounts are <u>only</u> available for infants who have qualifying Virginia Medicaid coverage and a qualifying diagnosis. ➤ Contract WIC formulas (Similac Advance, Soy Isomil, Sensitive, Total Comfort, and Spit-up) <u>cannot</u> be issued in amounts over the standard WIC amount and RTF forms of these products <u>cannot</u> be issued for reasons related to tolerance. | |

| D. Allowable WIC Foods | Selection of at least 1 option is REQUIRED |
|--|--|
| Beginning at 6 months of age, WIC provides supplemental foods to infants in addition to prescribed formula. Please indicate any restrictions required for the duration of this prescription- | |
| <input type="checkbox"/> No restrictions or infant is under 6 months of age for duration of prescription | <input type="checkbox"/> Delay WIC foods until _____ months of age |
| <input type="checkbox"/> Remove Infant Cereal | <input type="checkbox"/> Remove Infant Pureed Fruits/Vegetables |

| E. Health Care Provider Information |
|--|
| Printed Name: _____ <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> ARNP |
| Address: _____ |
| Phone: _____ |
| Fax: _____ |
| Signature of healthcare provider authorized to write medical prescription under state law _____ |
| Date _____ |

| WIC STAFF USE ONLY | |
|--|---------------------|
| Family ID: _____ | Issuance Day: _____ |
| Approved: <input type="checkbox"/> Yes <input type="checkbox"/> No If no, provide details below : | |
| Medicaid: <input type="checkbox"/> Yes <input type="checkbox"/> No OTM: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide calculations: | |
| Printed Name: _____ <input type="checkbox"/> RD <input type="checkbox"/> CPA <input type="checkbox"/> CPPA | |
| Staff Signature _____ | Date _____ |

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CHILD FORM

| A. Patient Information | |
|------------------------|--|
| Child Name: | |
| DOB: | |
| Guardian Name: | |
| Phone: | |

| B. Anthropometric Data | |
|---|-------------------------------------|
| ➤ Provide most recent data collected on the same date. ➤ Both values are required. | |
| Weight: | lbs. oz. Height: in. |
| Collection Date: | |

| C. Formula Information | |
|--|--|
| Please include ALL products requested for patient on single form | |
| Product(s) requested: _____ | Is RTF medically required?: <input type="checkbox"/> No <input type="checkbox"/> Yes |
| If yes, provide RTF justification: _____ | |
| Amount per day: _____ oz/day | Calories per ounce: <input type="checkbox"/> Standard dilution or _____ kcal/oz |
| Length of use: <input type="checkbox"/> 1 month <input type="checkbox"/> 2 months <input type="checkbox"/> 3 months <input type="checkbox"/> 4 months <input type="checkbox"/> 5 months <input type="checkbox"/> 6 months | |
| Diagnosis with ICD code: _____ | |
| ➤ The following are considered non-qualifying conditions and will not be approved- colic, constipation, diarrhea, gas, fussiness, weight loss, slow or poor weight gain, non-specific feeding difficulties, spitting-up, vomiting, non-specific formula intolerances or allergies, picky eating, enhancing nutrient intake or managing body weight without a documented underlying medical condition, food intolerances or allergies that can be managed with regular foods, or preference. | |
| ➤ All Failure to Thrive diagnoses <u>must</u> be supported by a current weight that is < 3rd percentile for age, current weight < 80% of ideal weight for height/age, or documented decrease in growth along child's previously defined growth curve. | |
| ➤ WIC is a supplemental program and the formula and food benefits provided are not intended to meet the full nutritional needs of participants. Formula amounts over the standard WIC amounts are <u>only</u> available for children who have qualifying Virginia Medicaid coverage and a qualifying diagnosis. | |

| D. Allowable Foods | |
|--|---|
| Selection of at least 1 option is REQUIRED | |
| <input type="checkbox"/> No restrictions, issue all WIC foods in addition to formula | <input type="checkbox"/> Provide formula only, remove ALL other WIC foods |
| <input type="checkbox"/> Remove the following WIC foods: | |
| <input type="checkbox"/> Milk/Yogurt/Cheese | <input type="checkbox"/> 100% Juice |
| <input type="checkbox"/> Whole Grains | <input type="checkbox"/> Eggs |
| <input type="checkbox"/> Cereal | <input type="checkbox"/> Beans/Legumes |
| <input type="checkbox"/> Fruits/Vegetables | <input type="checkbox"/> Peanut Butter |
| <input type="checkbox"/> Provide the following modifications in addition to the requested formula: | |
| <input type="checkbox"/> Substitute pureed fruits/vegetables for regular fruits/vegetables | <input type="checkbox"/> Substitute whole milk for 1% and skim milk (age 2 and older, only) |
| <input type="checkbox"/> Substitute 2% milk for 1% and skim milk (age 2 and older, only) | |

| E. Health Care Provider Information | |
|---|---|
| Printed Name: | <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> ARNP |
| Address: | |
| Phone: | |
| Fax: | |
| Signature of healthcare provider authorized to write medical prescription under state law | Date |

| WIC STAFF USE ONLY | |
|--|--|
| Family ID: | Issuance Day: |
| Approved: <input type="checkbox"/> Yes <input type="checkbox"/> No If no, provide details below : | |
| Medicaid: <input type="checkbox"/> Yes <input type="checkbox"/> No OTM: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide calculations: | |
| Printed Name: | <input type="checkbox"/> RD <input type="checkbox"/> CPA <input type="checkbox"/> CPPA |
| Staff Signature | Date |

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Full completion of Sections A – E required at submission

WOMAN FORM

| A. Patient Information | |
|------------------------|--|
| Name: | |
| DOB: | |
| Phone: | |

| B. Anthropometric/Clinical Data | | | |
|---------------------------------|------|-----|-------------|
| Weight: | lbs. | oz. | Height: in. |
| Collection date: | | | |
| EDD or pregnancy end date: | | | |

| C. Formula Information | | Please include ALL products requested for patient on single form |
|--|---|--|
| Product(s) requested: _____ | | |
| Amount per day: _____ oz/day | Calories per ounce: | <input type="checkbox"/> Standard dilution or _____ kcal/oz |
| Length of use: | <input type="checkbox"/> 1 month | <input type="checkbox"/> 2 months |
| | <input type="checkbox"/> 3 months | <input type="checkbox"/> 4 months |
| | <input type="checkbox"/> 5 months | <input type="checkbox"/> 6 months |
| Diagnosis, please select ALL that apply: | | |
| <input type="checkbox"/> | Low maternal weight gain / maternal weight loss, O26.1 <i>pregnant women only</i> | |
| <input type="checkbox"/> | Hyperemesis Gravidarum, O21.0 <i>pregnant women only</i> | |
| <input type="checkbox"/> | Current or pre-pregnancy BMI < 18.5, R63.6 <i>pregnant and breastfeeding women only</i> | |
| <input type="checkbox"/> | Severe allergies, MUST specify and include ICD: _____ | |
| <input type="checkbox"/> | Other, MUST specify and include ICD: _____ | |

| D. Allowable Foods | | Selection of at least 1 option is REQUIRED |
|--------------------------|---|--|
| <input type="checkbox"/> | No restrictions, issue all WIC foods in addition to formula | <input type="checkbox"/> |
| | | Provide formula only, remove ALL other WIC foods |
| <input type="checkbox"/> | Remove the following WIC foods: | |
| <input type="checkbox"/> | Milk/Yogurt/Cheese | <input type="checkbox"/> |
| | 100% Juice | <input type="checkbox"/> |
| | Cereal | <input type="checkbox"/> |
| | Whole Grains | <input type="checkbox"/> |
| | Eggs | <input type="checkbox"/> |
| | Fruits/Vegetables | <input type="checkbox"/> |
| | Canned Fish (women who are pregnant with multiples or fully breastfeeding only) | <input type="checkbox"/> |
| | Beans/Legumes | <input type="checkbox"/> |
| | Peanut Butter | |
| <input type="checkbox"/> | Provide the following modifications in addition to the requested formula: | |
| <input type="checkbox"/> | Substitute pureed fruits/vegetables for regular fruits/vegetables | <input type="checkbox"/> |
| | Substitute whole milk for 1% and skim milk | <input type="checkbox"/> |
| | Substitute 2% milk for 1% and skim milk | |

| E. Health Care Provider Information | |
|---|---|
| Printed Name: | |
| | <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> ARNP |
| Address: | |
| Phone: | |
| Fax: | |
| Signature of healthcare provider authorized to write medical prescription under state law | Date |

| WIC STAFF USE ONLY | |
|--|--|
| Family ID: | Issuance Day: |
| Approved: <input type="checkbox"/> Yes <input type="checkbox"/> No If no, provide details below: | |
| Printed Name: | <input type="checkbox"/> RD <input type="checkbox"/> CPA <input type="checkbox"/> CPPA |
| Staff Signature | Date |