Division of Community Nutrition

Subject: Nipple Shields		Policy: BF 04.7 - C
Reference: C.F.R. §246.3	Effective: March 14, 2022	Supersedes: August 12, 2013

I. Policy:

Nipple shields may be offered with proper oversight from the Designated Breastfeeding Expert (DBE) to breastfeeding participants with latch problems.

II. Procedure(s):

- A. The Breastfeeding Coordinator / DBE shall:
 - 1) Offer nipple shields after delivery to participants with latch problems.
 - 2) Instruct participants on the use of nipple shields.
 - 3) Refer participant to an International Board Certified Lactation Consultant (IBCLC) if latch problems do not resolve.
 - 4) Document follow-up in the in the family care plan in Crossroads within one week to participants who receive nipple shields.
- B. Nipple shields shall not be given to pregnant participants.
- C. Nipple shields shall not be reused due to cross-contamination.