



Virginia WIC Program

Vendor Compliance Team Directory

Effective Date: September 25, 2025

Contact the Vendor Liaison in your area with questions. To determine Vendor Liaison assignments by location, see attached listing.

Robert Altermatt	Vendor Compliance Manager 804-864-7855, Robert.Altermatt@vdh.virginia.gov
Ephraim Ewing	WIC Vendor Liaison 804-864-7813, Ephraim.Ewing@vdh.virginia.gov
Amy Romero	WIC Vendor Liaison 804-864-7835, Amy.Romero@vdh.virginia.gov
Jennifer Trower	WIC Vendor Liaison 804-864-7278, Jennifer.Trower@vdh.virginia.gov
Brian Tun	WIC UPC Coordinator 804-864-7849, Brian.Tun@vdh.virginia.gov
US Mail	Vendor Compliance Team Division of Community Nutrition Virginia Department of Health 109 Governor St, 8th Floor Richmond, VA 23219
Phone	804-864-7800
Fax	804 864-7854 or 804-864-7853
Website	http://www.virginiawicretailers.com
State WIC Regulations (12VAC5-1 95)	http://leg1.state.va.us

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Vendor Liaison Assignments by Location

City or County	Health District	WIC Vendor Liaison
Accomack County	Eastern Shore Health District	Jennifer Trower
Albemarle County	Blue Ridge Health District	Ephraim Ewing
Alleghany County	Alleghany Health District	Ephraim Ewing
Amelia County	Piedmont Health District	Ephraim Ewing
Amherst County	Central Virginia Health District	Ephraim Ewing
Appomattox County	Central Virginia Health District	Ephraim Ewing
Arlington County	Arlington Health District	Amy Romero
Augusta County	Central Shenandoah Health District	Ephraim Ewing
Bedford County	Central Virginia Health District	Ephraim Ewing
Botetourt County	Alleghany Health District	Ephraim Ewing
Brunswick County	Southside Health District	Ephraim Ewing
Buchanan County	Cumberland Plateau Health District	Ephraim Ewing
Buckingham County	Piedmont Health District	Ephraim Ewing
Campbell County	Central Virginia Health District	Ephraim Ewing
Caroline County	Rappahannock Area Health District	Amy Romero
Carroll County	Mount Rogers Health District	Ephraim Ewing
Charles City County	Chickahominy Health District	Amy Romero
Charlotte County	Piedmont Health District	Ephraim Ewing
Chesterfield County	Chesterfield Health District	Jennifer Trower
City Of Alexandria	Alexandria Health District	Amy Romero
City Of Bedford	Central Virginia Health District	Ephraim Ewing
City Of Bristol	Mount Rogers Health District	Ephraim Ewing
City Of Charlottesville	Blue Ridge Health District	Ephraim Ewing
City Of Chesapeake	Chesapeake Health District	Jennifer Trower
City Of Colonial Heights	Chesterfield Health District	Jennifer Trower
City Of Covington	Alleghany Health District	Ephraim Ewing
City Of Danville	Pittsylvania/Danville Health District	Ephraim Ewing
City Of Emporia	Crater Health District	Jennifer Trower
City Of Fairfax	Fairfax Health District	Amy Romero
City Of Falls Church	Fairfax Health District	Amy Romero
City Of Franklin	Western Tidewater Health District	Jennifer Trower
City Of Fredericksburg	Rappahannock Area Health District	Amy Romero
City Of Galax	Mount Rogers Health District	Ephraim Ewing
City Of Hampton	Hampton Health District	Jennifer Trower
City Of Harrisonburg	Central Shenandoah Health District	Ephraim Ewing
City Of Hopewell	Crater Health District	Jennifer Trower
City Of Lexington	Central Shenandoah Health District	Ephraim Ewing
City Of Lynchburg	Central Virginia Health District	Ephraim Ewing
City Of Manassas	Prince William County Health District	Amy Romero
City Of Martinsville	West Piedmont Health District	Ephraim Ewing
City Of Newport News	Peninsula Health District	Jennifer Trower
City Of Norfolk	Norfolk Health District	Jennifer Trower
City Of Norton	Lenowisco Health District	Ephraim Ewing

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City Of Petersburg	Crater Health District	Jennifer Trower
City Of Poquoson	Peninsula Health District	Jennifer Trower
City Of Portsmouth	Portsmouth	Jennifer Trower
City Of Radford	New River Health District	Ephraim Ewing
City Of Richmond	Richmond City Health District	Jennifer Trower
City Of Roanoke	Roanoke Health District	Ephraim Ewing
City Of Salem	Alleghany Health District	Ephraim Ewing
City Of Staunton	Central Shenandoah Health District	Ephraim Ewing
City Of Suffolk	Western Tidewater Health District	Jennifer Trower
City Of Virginia Beach	Virginia Beach Health District	Jennifer Trower
City Of Waynesboro	Central Shenandoah Health District	Ephraim Ewing
City Of Williamsburg	Peninsula Health District	Jennifer Trower
City Of Winchester	Lord Fairfax Health District	Ephraim Ewing
Clarke County	Lord Fairfax Health District	Ephraim Ewing
Craig County	Alleghany Health District	Ephraim Ewing
Culpeper County	Rappahannock-Rapidan Health District	Amy Romero
Dickenson County	Cumberland Plateau Health District	Ephraim Ewing
Dinwiddie County	Crater Health District	Jennifer Trower
Essex County	Three Rivers Health District	Amy Romero
Fairfax County	Fairfax Health District	Amy Romero
Fauquier County	Rappahannock-Rapidan Health District	Amy Romero
Floyd County	New River Health District	Ephraim Ewing
Fluvanna County	Blue Ridge Health District	Ephraim Ewing
Franklin County	West Piedmont Health District	Ephraim Ewing
Frederick County	Lord Fairfax Health District	Ephraim Ewing
Giles County	New River Health District	Ephraim Ewing
Gloucester County	Three Rivers Health District	Amy Romero
Goochland County	Chickahominy Health District	Amy Romero
Grayson County	Mount Rogers Health District	Ephraim Ewing
Greene County	Blue Ridge Health District	Ephraim Ewing
Halifax County	Southside Health District	Ephraim Ewing
Hanover County	Chickahominy Health District	Amy Romero
Henrico County	Henrico Health District	Jennifer Trower
Henry County	West Piedmont Health District	Ephraim Ewing
Highland County	Central Shenandoah Health District	Ephraim Ewing
Isle Of Wight County	Western Tidewater Health District	Jennifer Trower
James City County	Peninsula Health District	Jennifer Trower
King George County	Rappahannock Area Health District	Amy Romero
King William County	Three Rivers Health District	Amy Romero
Lancaster County	Three Rivers Health District	Amy Romero
Lee County	Lenowisco Health District	Ephraim Ewing
Loudoun County	Loudoun County Health District	Amy Romero
Louisa County	Blue Ridge Health District	Ephraim Ewing

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Lunenburg County	Piedmont Health District	Ephraim Ewing
Madison County	Rappahannock-Rapidan Health District	Amy Romero
Mathews County	Three Rivers Health District	Amy Romero
Mecklenburg County	Southside Health District	Ephraim Ewing
Middlesex County	Three Rivers Health District	Amy Romero
Montgomery County	New River Health District	Ephraim Ewing
Nelson County	Thomas Jefferson Health District	Ephraim Ewing
New Kent County	Chickahominy Health District	Amy Romero
Northampton County	Eastern Shore Health District	Jennifer Trower
Northumberland County	Three Rivers Health District	Amy Romero
Nottoway County	Piedmont Health District	Ephraim Ewing
Orange County	Rappahannock-Rapidan Health District	Amy Romero
Page County	Lord Fairfax Health District	Ephraim Ewing
Patrick County	West Piedmont Health District	Ephraim Ewing
Pittsylvania County	Pittsylvania/Danville Health District	Ephraim Ewing
Powhatan County	Chesterfield Health District	Jennifer Trower
Prince Edward County	Piedmont Health District	Ephraim Ewing
Prince George County	Crater Health District	Jennifer Trower
Prince William County	Prince William County Health District	Amy Romero
Pulaski County	New River Health District	Ephraim Ewing
Richmond County	Three Rivers Health District	Amy Romero
Roanoke County	Alleghany Health District	Ephraim Ewing
Rockbridge County	Central Shenandoah Health District	Ephraim Ewing
Rockingham County	Central Shenandoah Health District	Ephraim Ewing
Russell County	Cumberland Plateau Health District	Ephraim Ewing
Scott County	Lenowisco Health District	Ephraim Ewing
Shenandoah County	Lord Fairfax Health District	Ephraim Ewing
Smyth County	Mount Rogers Health District	Ephraim Ewing
Southampton County	Western Tidewater Health District	Jennifer Trower
Spotsylvania County	Rappahannock Area Health District	Amy Romero
Stafford County	Rappahannock Area Health District	Amy Romero
Sussex County	Crater Health District	Jennifer Trower
Tazewell County	Cumberland Plateau Health District	Ephraim Ewing
Warren County	Lord Fairfax Health District	Ephraim Ewing
Washington County	Mount Rogers Health District	Ephraim Ewing
Westmoreland County	Three Rivers Health District	Amy Romero
Wise County	Lenowisco Health District	Ephraim Ewing
Wythe County	Mount Rogers Health District	Ephraim Ewing
York County	Peninsula Health District	Jennifer Trower