

# Farm to CACFP



Farm to Child and Adult Care Food Program (CACFP) connects participants to Virginia grown agriculture while building their knowledge of and interest in healthy foods.



**Food & Nutrition Education**



**Local Food Procurement**



**Gardening**



Participating CACFP organizations can use their meal reimbursement on allowable costs, including gardening supplies, local food, and food education activities.

## Benefits

- ✓ Improves meal service
- ✓ Connects participants to their food
- ✓ Encourages healthy eating habits
- ✓ Supports local communities and farms



## How to get started and build a Sustainable Farm to CACFP Program

- Assess where you are and where you'd like to be
- Form a team
- Start small—set one or two achievable goals
- Promote your program—share with parents, through social media, and with VDH

Visit our website for free resources and activity ideas:

<http://www.vdh.virginia.gov/child-and-adult-care-food-program/farm-to-cacfp/>

Don't already participate in the CACFP? Visit our website to learn more:

[www.VDHLiveWell.com/CACFP](http://www.VDHLiveWell.com/CACFP)

Follow our hashtag, **#VAFarmtoCACFP** on Social Media

