

## Lock and Talk Virginia | [www.lockandtalk.org](http://www.lockandtalk.org)

Throughout Virginia, many local community service boards are implementing [Lock and Talk Virginia](#). This project promotes safe and responsible storage of guns, medications and other forms of lethal means through trainings and the distribution of free cable/trigger locks for firearms and locking medication boxes.

Lock and Talk Virginia Communities*		
Region 1		
Community Service Board	Prevention Contact	Service Area
<b>Alleghany Highlands Community Services Board**</b> Ingrid Barber Executive Director 205 E. Hawthorne Street Covington, VA 24426 (540) 965-1180 ext. 100 (540) 965-6348 (Fax) e-mail: <a href="mailto:ibarber@ahcsb.org">ibarber@ahcsb.org</a>	<b>Tiffany Bowser</b> Supervisor of Prevention Services 311 S. Monroe Street Covington, VA 24426 (540) 965-2100 ext 106 (540) 862-2973 (Fax) e-mail: <a href="mailto:treynolds@ahcsb.org">treynolds@ahcsb.org</a>	<b>County of Alleghany and City of Covington</b>
<b>Harrisonburg-Rockingham Community Services Board</b> Ellen Harrison Executive Director 1241 North Main Street Harrisonburg, VA 22802 (540) 434-1941 (540) 434-1791 (Fax) e-mail: <a href="mailto:eharrison@hrscsb.org">eharrison@hrscsb.org</a>	<b>Brandy Haden</b> Coordinator, Prevention Services McNutly Center, 463 Washington Street Harrisonburg, VA 22802 (540) 433-3100 (540) 432-6989 (Fax) e-mail: <a href="mailto:bhaden@hrscsb.org">bhaden@hrscsb.org</a>	<b>County of Rockingham and City of Harrisonburg</b>
<b>Horizon Behavioral Health</b> Damien Cabezas Chief Executive Officer 2241 Langhorne Road Lynchburg, VA 24501 (434) 847-8050 (434) 847-6099 (Fax) e-mail: <a href="mailto:Damien.cabezas@horizonbh.org">Damien.cabezas@horizonbh.org</a>	<b>Januwaa Davis</b> Prevention Program Manager 2215 Langhorne Road, Suite 103 Lynchburg, VA 24501 (434) 477-5464 (434) 455-5977 (Fax) Main line: (434) 455-5977 e-mail: <a href="mailto:Januwaa.Davis@HorizonBH.org">Januwaa.Davis@HorizonBH.org</a>	<b>Counties of Amherst, Appomattox, Bedford, and Campbell and Cities of Bedford and Lynchburg</b>
<b>Northwestern Community Services Board**</b> Michael Elwell Executive Director	<b>Shannon Urum, BSW</b> Prevention Specialist Northwestern Community Services 540-636-2931 ext. 2135	<b>Counties of Clarke, Frederick, Page, Shenandoah</b>

<p>209 West Criser Road, Suite 300 Front Royal, VA 22630 (540) 636-4250 (540) 636-7171 (Fax) e-mail: <a href="mailto:melwell@nwcsb.com">melwell@nwcsb.com</a></p>	<p>e-mail: <a href="mailto:surum@nwcsb.com">surum@nwcsb.com</a>  Denise M. Acker Children, Youth and Family Services Supervisor Northwestern Community Services Board 540-636-2931 x 2245 Fax # 540-636-7171 e-mail: <a href="mailto:DAcker@nwcsb.com">DAcker@nwcsb.com</a></p>	<p><b>and Warren and City of Winchester</b></p>
<p><b>Rappahannock Area Community Services Board</b> Jane Yaun Executive Director 600 Jackson Street Fredericksburg, VA 22401 (540) 462-6634 (540) 373-3753 (Fax) e-mail: <a href="mailto:jyaun@racsb.org">jyaun@racsb.org</a></p>	<p><b>Michelle Wagaman</b> Public Information Officer 600 Jackson Street Fredericksburg, VA 22401 (540) 373-3223 X 2314 (540) 899-4361 (Fax) e-mail: <a href="mailto:mwagaman@racsb.state.va.us">mwagaman@racsb.state.va.us</a></p>	<p><b>Counties of Caroline, King George, Spotsylvania and Stafford and City of Fredericksburg</b></p>
<p><b>Rappahannock-Rapidan Community Services Board</b> Brian D. Duncan Executive Director Post Office Box 1568 Culpeper, VA 22701 (540) 825-3100 (540) 825-6245 (Fax) e-mail: <a href="mailto:bduncan@rrcsb.org">bduncan@rrcsb.org</a></p>	<p><b>Alan Rasmussen</b> Prevention Services 650 Laurel Street Culpeper, VA 22701 (540) 825-5656 (540) 825-1612 (Fax) (434)825-8913 (cell) e-mail: <a href="mailto:arasmussen@rrcsb.org">arasmussen@rrcsb.org</a></p>	<p><b>Counties of Culpeper, Fauquier, Madison, Orange and Rappahannock</b></p>
<p><b>Region Ten Community Services Board</b> Robert L. Johnson Executive Director 502 Old Lynchburg Road Charlottesville, VA 22903-6500 (434) 970-1458 (434) 972-1831 (fax) e-mail: <a href="mailto:robertj@regionten.org">robertj@regionten.org</a></p>	<p><b>Emily Warren</b> Director of Prevention Services 500 Old Lynchburg Road Charlottesville, VA 22903 (434) 972-1815 e-mail: <a href="mailto:emily.warren@regionten.org">emily.warren@regionten.org</a></p>	<p><b>Counties of Albemarle, Fluvanna, Greene, Louisa, Nelson and City of Charlottesville</b></p>
<p><b>Rockbridge Area Community Services Board</b> John Young Executive Director 241 Greenhouse Road Lexington, VA 24450 (540) 462-6600 (540) 462-6700 (Fax) e-mail: <a href="mailto:jyoung@racsb.org">jyoung@racsb.org</a></p>	<p><b>Breanne Rogers</b> Prevention Coordinator 241 Greenhouse Road Lexington, VA 24450 (540) 462-6639 (540) 462-6715 (Fax) e-mail: <a href="mailto:brogers@racsb.org">brogers@racsb.org</a></p>	<p><b>Counties of Bath and Rockbridge and Cities of Buena Vista and Lexington</b></p>
<p><b>Valley Community Services Board**</b> David E. Deering Executive Director</p>	<p><b>Erin Botkin</b> Prevention Services Coordinator 85 Sanger's Lane Staunton, VA 24401</p>	<p><b>Counties of Augusta and Highland and Cities of Staunton and Waynesboro</b></p>

85 Sanger's Lane Staunton, VA 24401 (540) 887-3200 (540) 213-7592 (Fax) e-mail: <a href="mailto:ddeering@vcsb.org">ddeering@vcsb.org</a>	(540) 213-7599 (540) 887-3260 (Fax) e-mail: <a href="mailto:ebotkin@vcsb.org">ebotkin@vcsb.org</a>	
<b>Region 2</b>		
<b>Community Service Board</b>	<b>Prevention Contact</b>	<b>Service Area</b>
<b>Alexandria Community Services Board</b> Carol Layer Executive Director 720 N. Saint Asaph Street 4 <sup>th</sup> Floor Alexandria, VA 22313-1941 (703) 746-5703 (703) 898-6608 (fax) e-mail: <a href="mailto:carol.layer@alexandriava.gov">carol.layer@alexandriava.gov</a>	<b>Noraine Buttar</b> Youth Development Team Leader 421 King Street, Suite 400 Alexandria, VA 22314 (703) 746-3436 (703) 746-3437 (Fax) (571)208-5646 (Cell) e-mail: <a href="mailto:Noraine.Buttar@alexandriava.gov">Noraine.Buttar@alexandriava.gov</a>	<b>City of Alexandria</b>
<b>Arlington Community Services Board</b> Deborah Warren Executive Director 1725 North George Mason Dr Suite 216 Arlington, VA 22205 (703) 228-4843 (703) 228-5234 (Fax) e-mail: <a href="mailto:dwarren@arlingtonva.us">dwarren@arlingtonva.us</a>	<b>Linh Nghe</b> Supervisor, Mental Health/Substance Abuse Child and Family Services Division 2100 Washington Blvd Arlington, VA 22204 (703) 228-1528 (703) 228-1084 (Fax) email: <a href="mailto:Lnghe@arlingtonva.us">Lnghe@arlingtonva.us</a>	<b>County of Arlington</b>
<b>Fairfax-Falls Church Community Services Board</b> Tisha Deeghan Executive Director 12011 Government Center Parkway, Suite 836 Fairfax, VA 22035-1105 (703) 324-7000 (703) 324-3225 (Fax) e-mail: <a href="mailto:tisha.deeghan@fairfaxcounty.gov">tisha.deeghan@fairfaxcounty.gov</a>	<b>Marla Zometsky</b> Wellness, Health Promotion & Prevention Manager 8221 Willow Oaks Corporate Drive Suite 3 East Fairfax, Virginia 22031 (703) 383-8451 (703) 934-8742 (Fax) e-mail: <a href="mailto:Marla.Zometsky@fairfaxcounty.gov">Marla.Zometsky@fairfaxcounty.gov</a>	<b>County of Fairfax and Cities of Fairfax and Falls Church</b>
<b>Loudoun County Community Services Board</b> Margaret Graham Executive Director 906 Trail View Boulevard, SE, Suite C Leesburg, VA 20175 (703) 777-0378 (703) 771-5401 (Fax)	<b>Judith Romberg</b> Manager, Prevention/Intervention Outreach Services 102 Heritage Way, Suite 302 Leesburg, VA 20176 (703) 777-0176 (703) 777-0170 (Fax) e-mail: <a href="mailto:judith.romberg@loudoun.gov">judith.romberg@loudoun.gov</a>	<b>County of Loudoun</b>

e-mail: <a href="mailto:margaret.graham@loudoun.gov">margaret.graham@loudoun.gov</a>		
<b>Prince William County Community Services Board</b> Alan Wooten Executive Director 8033 Ashton Avenue, Suite 103 Manassas, VA 20109-2892 (703) 792-7800 (703) 792-7704 (Fax) e-mail: <a href="mailto:awooten@pwcgov.org">awooten@pwcgov.org</a>	<b>Heather Martinsen</b> 7969 Ashton Avenue Manassas, VA 20109 (703) 792-7739 (703) 792-7817(Fax) e-mail: <a href="mailto:HMartinsen@pwcgov.org">HMartinsen@pwcgov.org</a>	<b>County of Prince William and Cities of Manassas and Manassas Park</b>
<b>Region 3 East</b>		
<b>Community Service Board</b>	<b>Prevention Contact</b>	<b>Service Area</b>
<b>Blue Ridge Behavioral Healthcare</b> Debbie Bonniwell Executive Director 301 Elm Avenue, SW Roanoke, VA 24016-4001 (540) 345-9841 (540) 345-6891 (Fax) e-mail: <a href="mailto:dbonniwell@brbh.org">dbonniwell@brbh.org</a>	<b>Lynn McDowell</b> Director, Prevention Services 2720 Liberty Road N.W., 2 <sup>nd</sup> Floor Roanoke, VA 24012 (540) 982-1427, ext. 2126 (540) 266-7016 (Fax) e-mail: <a href="mailto:lmcdowell@brbh.org">lmcdowell@brbh.org</a>	<b>Counties of Botetourt, Craig and Roanoke and Cities of Roanoke and Salem</b>
<b>Danville-Pittsylvania Community Services Board</b> James F. Bebeau Executive Director 245 Hairston Street Danville, VA 24540 (434) 799-0456 (434) 799-4261 (Fax) e-mail: <a href="mailto:jbebeau@dpcs.org">jbebeau@dpcs.org</a>	<b>Amanda Oakes</b> Acting Director, Prevention & Quality Assurance 245 Hairston Street Danville, VA 24540 (434) 799-0456 Ext. 3071 (434) 793-4201 (Fax) e-mail: <a href="mailto:aoakes@dpcs.org">aoakes@dpcs.org</a>	<b>County of Pittsylvania and City of Danville</b>
<b>New River Valley Community Services Board</b> James Pritchett Executive Director 700 University City Boulevard Blacksburg, VA 24060 (540) 961-8346 (540) 557-4042 (Fax) e-mail: <a href="mailto:jpritchett@nrvc.org">jpritchett@nrvc.org</a>	<b>Kathy Kenley</b> Child and Family Services 700 University City Blvd. Blacksburg, VA 24060 (540) 961-8300 (540) 961-8465 (Fax) e-mail: <a href="mailto:KathyK@nrvc.org">KathyK@nrvc.org</a>	<b>Counties of Floyd, Giles, Montgomery and Pulaski and City of Radford</b>
<b>Piedmont Community Services</b> Greg Preston Executive Director 24 Clay Street Martinsville, VA 24112-3715 (276) 632-7128 (276) 638-5450 (Fax)	<b>Bonnie Favero</b> 24 Clay Street Martinsville, VA 24112 (276) 632-4037 (276) 632-0127 (Fax) e-mail: <a href="mailto:bfavero@piedmontcsb.org">bfavero@piedmontcsb.org</a>	<b>Counties of Franklin, Henry and Patrick and City of Martinsville</b>

e-mail: <a href="mailto:gpreston@piedmontcsb.org">gpreston@piedmontcsb.org</a>		
<b>Southside Community Services Board</b> Elizabeth Engelhorn Executive Director Post Office Box 1478 143 Industrial Parkway Clarksville, VA 23927 (434) 572-6916 Ext 1548 (434) 572-3221 (Fax) e-mail: <a href="mailto:benglehorn@sscsb.org">benglehorn@sscsb.org</a>	<b>Kenan Tyner-Smith</b> Prevention Specialist 143 Industrial Pkwy Clarksville, VA 23927 (434) 572-6916 Ext. 1550 (434) 572-4881 (Fax) e-mail: <a href="mailto:ksmith@sscsb.org">ksmith@sscsb.org</a>	<b>Counties of Brunswick, Halifax and Mecklenburg</b>
<b>Region 4</b>		
<b>Community Service Board</b>	<b>Prevention Contact</b>	<b>Service Area</b>
<b>Chesterfield Community Services Board</b> Debbie Burcha, Executive Director Post Office Box 92 Chesterfield, VA 23832-0092 (804) 768-7220 (804) 768-9205 (Fax) e-mail: <a href="mailto:burchamd@chesterfield.gov">burchamd@chesterfield.gov</a>	<b>Melissa Ackley</b> Manager, Prevention Services P.O. Box 92 Chesterfield, VA 23832 (804) 706-2010 (804) 768-9283 (Fax) e-mail: <a href="mailto:AckleyM@chesterfield.gov">AckleyM@chesterfield.gov</a>	<b>County of Chesterfield</b>
<b>Crossroads Services Board</b> Susan K. Baker Executive Director Post Office Drawer 248 60 Bush River Drive Farmville, VA 23901-0248 (434) 392-7049 (434) 392-9221 (Fax) e-mail: <a href="mailto:sbaker@crossroadscsb.org">sbaker@crossroadscsb.org</a>	<b>Kathy Reed</b> Coordinator, Prevention Services P.O. Box 248 216 Bush River Drive Farmville, VA 23901 (434) 392-9461 Ext 271 (43) 315-0072 (Fax) e-mail: <a href="mailto:kreed@crossroadscsb.org">kreed@crossroadscsb.org</a>	<b>Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway and Prince Edward</b>
<b>Goochland-Powhatan Community Services Board</b> Susan Bergquist Executive Director Post Office Box 189 Goochland, VA 23063 (804) 556-5400 (804) 556-5403 (Fax) e-mail: <a href="mailto:sbergquist@co.goochland.va.us">sbergquist@co.goochland.va.us</a>	<b>Robin Pentecost</b> Prevention Supervisor P.O. Box 189 Goochland, VA 23063 (804) 556-5400 (804) 556-5403 (Fax) e-mail: <a href="mailto:rpentecost@co.goochland.va.us">rpentecost@co.goochland.va.us</a>	<b>Counties of Goochland and Powhatan</b>
<b>Hanover County Community Services Board</b> Ivy Sager Acting Executive Director	<b>Martha Lambert</b> Coordinator, Prevention Services/Community Education 12300 Washington Highway	<b>County of Hanover</b>

12300 Washington Highway Ashland, VA 23005-7646 (804) 365-4222 (804) 365-4282 (Fax) e-mail: <a href="mailto:itsager@co.hanover.va.us">itsager@co.hanover.va.us</a>	Ashland, VA 23005 (804) 365-4228 (804) 365-4252 (Fax) e-mail: <a href="mailto:malambert@co.hanover.va.us">malambert@co.hanover.va.us</a>	
<b>Region 5</b>		
<b>Community Service Board</b>	<b>Prevention Contact</b>	<b>Service Area</b>
<b>Chesapeake Community Services Board</b> Joseph J. Scislowicz Executive Director 224 Great Bridge Boulevard Chesapeake, VA 23320 (757) 547-9334 (757) 819-6292 (Fax) e-mail: <a href="mailto:jscislowicz@chesapeakecsb.net">jscislowicz@chesapeakecsb.net</a>	<b>David Dillon</b> Prevention Director Chesapeake SA Program 224 Great Bridge Boulevard Chesapeake, VA 23320 (757) 819-6287 (757) 547-3477 (Fax) e-mail: <a href="mailto:ddillon@chesapeakecsb.net">ddillon@chesapeakecsb.net</a>	<b>City of Chesapeake</b>
<b>Colonial Behavioral Health</b> David A. Coe Executive Director 921 Capitol Landing Road Williamsburg, VA 23185 (757) 253-4061 (757) 253-4208 (Fax) e-mail: <a href="mailto:dcoe@colonialbh.org">dcoe@colonialbh.org</a>	<b>Marsha Obremski</b> Prevention Services Coordinator 3804 George Washington Memorial Highway Yorktown, VA 23692 (757) 898-7926 (757) 898-4505 (Fax) e-mail: <a href="mailto:MObremski@colonialbh.org">MObremski@colonialbh.org</a>	<b>Counties of James City and York and Cities of Poquoson and Williamsburg</b>
<b>Eastern Shore Community Services Board**</b> Lisa Sedjat Executive Director Post Office Box 453 10129 Rogers Drive Nassawadox, VA 23413 (757) 442-3636 (757) 442-2319 (Fax) e-mail: <a href="mailto:lsedjat@escsb.org">lsedjat@escsb.org</a>	<b>Kelly Bulin</b> Prevention Services Supervisor Post Office Box 453 Nassawadox, VA 23413 (757) 442-5388 Ext 112 (757) 442-9756 (fax) e-mail: <a href="mailto:kbulin@escsb.org">kbulin@escsb.org</a>	<b>Counties of Accomack and Northampton</b>
<b>Hampton-Newport News Community Services Board</b> Natale Ward Christian Executive Director 300 Medical Drive 2nd Floor Hampton, VA 23666 (757) 788-0300 (757) 788-0968 (Fax) e-mail: <a href="mailto:nward@hnncsb.org">nward@hnncsb.org</a>	<b>Nikki Bacilio-High</b> Director, Prevention Services 300 Medical Drive 2nd Floor Hampton, VA 23666 (757) 788-0300 (757) 788-0968 (Fax) e-mail: <a href="mailto:nbacilio@hnncsb.org">nbacilio@hnncsb.org</a>	<b>Cities of Hampton and Newport News</b>
<b>Middle Peninsula-Northern Neck Community Service Board</b>	<b>Cheryl Matteo-Kerney</b> Director, Prevention Services	<b>Counties of Essex, Gloucester, King &amp; Queen, King William,</b>

<p>Charles Walsh, Jr. Executive Director Post Office Box 40 530 General Puller Highway Saluda, VA 23149 (804) 758-5314 (804) 758-3418 (Fax) e-mail: <a href="mailto:cwalsh@mpnn.state.va.us">cwalsh@mpnn.state.va.us</a></p>	<p>3786 George Washington Memorial Highway P.O. Box 452 Hayes, VA 23072 (804) 642-5402 (804) 642-8765 (Fax) e-mail: <a href="mailto:cmatteo-kerney@mpnn.state.va.us">cmatteo-kerney@mpnn.state.va.us</a> <a href="mailto:prevent@mpnn.state.va.us">prevent@mpnn.state.va.us</a></p>	<p><b>Lancaster, Mathews, Middlesex, Northumberland, Richmond and Westmoreland</b></p>
<p><b>Portsmouth Department of Behavioral Healthcare Services</b> Elaine Breathwaite 1811 King Street Portsmouth, VA 23704-3844 (757) 393-8618 (757) 393-5226 (Fax) e-mail: <a href="mailto:ebreathwaite@portsmouthva.gov">ebreathwaite@portsmouthva.gov</a></p>	<p><b>LaTonya Williams</b> Services Administrator Substance Abuse &amp; Prevention 600 Dinwiddie Street, #200 Portsmouth, VA 23704 (757) 393-8896 (757) 393-5074 (Fax) e-mail: <a href="mailto:lwilliams@portsmouthva.gov">lwilliams@portsmouthva.gov</a></p>	<p><b>City of Portsmouth</b></p>
<p><b>Virginia Beach Department of Human Services</b> Mrs. Aileen L. Smith City of Virginia Beach Department of Human Services 3432 Virginia Beach Boulevard, Suite 342 Virginia Beach, VA 23452-4420 (757) 385-3200 (757) 671-8536 (Fax)</p>	<p><b>Ava Lawrence</b> Prevention Manager Dept. of Human Services MHSA Division Pembroke 3, Ste. 109 289 Independence Boulevard Virginia Beach, VA 23462 757 385-0816 E-Mail: <a href="mailto:Alawrenc@vbgov.com">Alawrenc@vbgov.com</a></p>	<p><b>City of Virginia Beach</b></p>

\*Community Service Boards implementing Lock and Talk Virginia as of 7/2019

\*\*Community Service Boards implementing Zero Suicide as of 7/2019