

# FREE Hepatitis A Vaccines for Food Service Workers

## Starting April 19<sup>th</sup> FREE Hepatitis A Vaccines

**WHEN:** 3<sup>rd</sup> Friday of every month

**TIME:** 9:00 AM - 11:00 AM

Walk-in visits, no appointment needed

**WHERE:** Charlottesville/Albemarle Health Department, Entrance #1

### Why should food service workers get a Hepatitis A vaccine?

Eating food that is prepared or served by an employee with Hepatitis A is a major cause of foodborne illness in the U.S. The best way to prevent getting and spreading Hepatitis A is by getting vaccinated.

### What is Hepatitis A?

Hepatitis A is a highly contagious disease that attacks the liver. Symptoms may include:

- Fever
- Tired
- Nausea/vomiting
- Dark colored urine
- Jaundice (yellow skin & whites of eye)
- Diarrhea
- Loss of appetite
- Stomach pain
- Pale/clay colored stool

### How is Hepatitis A Spread?

Hepatitis A spreads from person to person by putting something in your mouth that is contaminated with the stool of a person who has Hepatitis A. Most infections come through close personal contact with a person who has Hepatitis A from:

- Sharing towels, cigarettes, toothbrushes, eating utensils, etc.
- Having sex with an infected person
- IV drug use
- Eating food or drink that was handled by an infected person



For more information call  
(434) 972-6269

