

SOME TICKS CARRY DISEASES



Check for ticks
every day.



Save the tick.



If you have a rash or
fever talk to a doctor.

vdh.virginia.gov/ticks

DON'T LET THE
TICK
GET YOU SICK



TAKE THEM OFF CAREFULLY

- ✓ Squeeze close to the tick's mouth (near your skin).
- ✗ Do not squeeze the belly.

