

Protect the Skin You're In

Skin cancer is the **most common cancer**  in the US, yet most skin cancers can be prevented

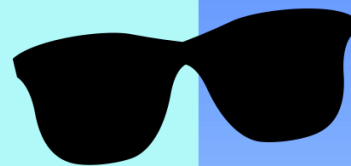
 In Virginia, there will be an estimated **2,340 new cases** of melanoma this year

Sun safety is never out of season!



UV rays reflect off snow, use **broad spectrum** sunscreen with at least SPF 15 on exposed skin

When participating in winter sports, wear sunglasses or goggles with **UV protection**



Warm and protect your head with a hat