

## Children's Dental Health Month Messages

### Facebook

Did you know that 47% of third graders in Virginia have experienced tooth decay? Learn about good dental health for Children's Dental Health Month! <http://bit.ly/2k4Njgg>

If you have a newborn at home you should begin wiping their gums with a soft cloth a few days after birth.

One of the best ways to keep children's teeth healthy is to feed them healthy food. Cut back on sugary drinks and snacks to prevent tooth decay.



Good dental health habits start early!

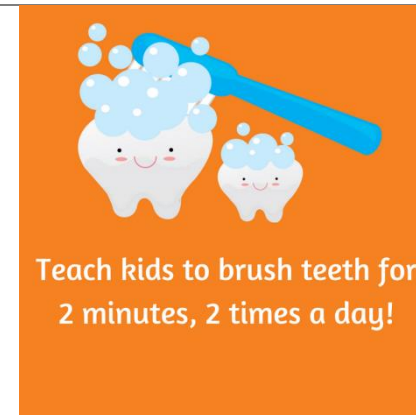
When brushing young children's teeth use a pea sized amount of fluoride toothpaste.

### Twitter

#DYK 47% of #virginia 3rd graders have tooth decay? Learn about dental health for #kids! #OralHealth #RVA #swva <http://bit.ly/2k4Njgg>

Begin wiping #newborns gums with a soft cloth a few days after birth! #RVA #swva #HRVA #NoVA

Eat #fruitsandveggies instead of sugary foods to keep #kids teeth strong. #Virginia #RVA #swva #HRVA



Teach #kids good #oralhealth early! #RVA #swva #HRVA

When brushing young children's teeth use a pea sized amount of fluoride toothpaste. #OralHealth #RVA #swva #HRVA

Have you ever wondered when to start taking children to the dentist? Well we have the answer! They should be taken to the dentist by the time they are 1.

#DYK that children should go to the dentist by the time they are 1 yr old? #InterestingFacts #RVA #swva #HRVA #NoVA



Teach children to use floss every day to keep their teeth strong and healthy!

Teach children to floss every day! #oralhealth #Virginia #RVA #swva #HRVA #NoVA

Dental sealants are one of the best ways to prevent cavities in children. Find out why they work! <http://bit.ly/2iS98HG>

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