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| **Child Passenger Safety** |  |
| Facebook | Twitter |
| Buckle your child in the car using a child safety seat, booster seat, or seat belt based on the right fir for your child.  Make sure your child is in a car safety seat every time. <https://bit.ly/2lrzR06> | Buckle your child in the car using a child safety seat, booster seat, or seat belt based on the right fir for your child.  Make sure your child is in a car safety seat every time.  <https://bit.ly/2lrzR06> |
| Children under the age of eight who have outgrown their safety seats are usually too small for seat belts. Even older children should continue to ride in a booster seat until they are able to fit a vehicle seat belt correctly. <https://bit.ly/2oO8m0F> | Older children should ride in a booster until they fit correctly in a seat belt. <https://bit.ly/2oO8m0F> |
| Protect your child, keep them in a rear-facing safety seat as long as possible. Rear-facing child safety seats provide the most protection. Keep your child safe by staying rear-facing as long as possible. #TheRightSeat <https://bit.ly/2OQRmBN> | Protect your child, keep them in a rear-facing safety seat as long as possible. Rear-facing child safety seats provide the most protection. Keep your child safe by staying rear-facing as long as possible. #TheRightSeat <https://bit.ly/2OQRmBN> |
| Parents should always buckle up for their safety and to be a good role model for their children. Do you always buckle up? #TheRightSeat | Parents should always #buckleup and show their kids the importance of riding safely! #TheRightSeat |
| Children under 13 should always be in the back seat, buckled up, every time. #TheRightSeat | All children under 13 belong in the back seat, buckled up, every time. #TheRightSeat |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Matrix FB (3).png  Learn about locations in Virginia to have your child’s safety seat checked. Did you know that nearly 8 out of 10 car seats are installed incorrectly? Get help at a child passenger safety seat check station in your area for all of your child’s safety seat needs: <https://bit.ly/2ovEbIL> #TheRightSeat | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Matrix (3).png  Learn about locations in Virginia to have your child’s safety seat checked. 8 out of 10 car seats are installed incorrectly. Go to a child passenger safety seat check station in your area and get help with all your safety seat needs: <https://bit.ly/2ovEbIL> #Virginia  #TheRightSeat |
| Not all 8 year olds fit the seat belt and should remain in a booster seat. <https://bit.ly/2lrzR06> | In #Virginia, all children age 7 years & younger must be properly secured in a child safety seat or booster seat regardless of the child’s weight or height. However, not all 8 year olds fit seat belts & should remain in a booster seat. <https://bit.ly/2lrzR06> |
| Make sure to get your child’s safety seat checked: <https://bit.ly/2ovEbIL> #TheRightSeat | Make sure you get your child’s safety seat checked: <https://bit.ly/2ovEbIL> #TheRightSeat #Virginia |

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| **Children and Toy Safety** |  |
| Facebook | Twitter |
| Install window guards and safety gates to prevent childhood falls. Keep young kids safe in your home and help prevent head injuries. <https://www.safekids.org/fall-prevention> | Install window guards and safety gates to prevent childhood falls. Keep young kids safe in your home and help prevent head injuries. <https://www.safekids.org/fall-prevention> |
| Make sure the surface on your child’s playground is made of shock-absorbing material. Learn about safe surfaces under and around playground equipment <https://bit.ly/1hSKBGP> | Make sure the surface on your child’s playground is made of shock-absorbing material. Learn about safe surfaces under and around playground equipment. <https://bit.ly/1hSKBGP> |
| Prevent accidental injuries at home by removing clutter and monitoring for slip areas. <https://www.safekids.org/fall-prevention> | Remove clutter and monitor for slip areas in the home to help prevent accidental injuries. <https://www.safekids.org/fall-prevention> |
| Wear activity appropriate helmets. Learn about the right helmet for the right activity.  <https://bit.ly/2OjMIwn> | Wear activity appropriate helmets. Learn about the right helmet for the right activity.  <https://bit.ly/2OjMIwn> |
| Learn about safe playground equipment. Check to make sure playground equipment is safe for your child’s age. Visit <https://bit.ly/2FlVF4M> | Learn about safe playground equipment. Check to make sure playground equipment is safe for your child’s age. Visit <https://bit.ly/2FlVF4M> |
| Never leave a child unsupervised near a pool/spa, standing body of water, pond, bathtub, toilet, or water-filled bucket. Visit  <https://bit.ly/2t9vlUm> | Never leave a child unsupervised near a pool/spa, standing body of water, pond, bathtub, toilet, or water-filled bucket. #WaterSafety #CDC  Visit <https://bit.ly/2t9vlUm> |
| If you see a child alone in a car, call 911. Emergency personnel are trained to respond to these situations. For more information, visit <https://bit.ly/2ais7oi> | #Reminder: If you see a child alone in a car, call 911. For more information, visit <https://bit.ly/2ais7oi> |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IVP Matrix FB (2).png  Make sure the toys your child plays with are safe. To learn more visit <https://bit.ly/2BXLPFU> | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IVP Matrix (1).png  Make sure the toys your child plays with are safe. To learn more visit <https://bit.ly/2BXLPFU> |
| Select toys to suit the age, skills, interests, and abilities of each child. Toys intended for Children under 8 years cannot have sharp points or edges. To learn more visit <https://bit.ly/2BXLPFU> | Select toys to suit the age, skills, interests, and abilities of each child. Toys intended for children under age 3 cannot have small parts that could cause a choking hazard. #SafetyAlerts  Visit <https://bit.ly/2BXLPFU> |
| For a list of toy detentions and recalls in the U.S. call 301-504-7908. Recall website [www.cpsc.gov/Recalls](http://www.cpsc.gov/Recalls) | For a list of toy detentions and recalls in the U.S. call 301-504-7908. #KidSafety  Recall website [www.cpsc.gov/Recalls](http://www.cpsc.gov/Recalls) |
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| **Poison Prevention** |  |
| Facebook | Twitter |
| Store all household products and cleaning solutions out of children’s sight and reach. Store These items include cleaning products, liquid packets for the laundry and dishwasher, make-up, soaps, etc. To Learn more call 1-800- 222-1222 or visit [www.poison.org/](https://www.poison.org/) | Store all household products and cleaning solutions out of children’s sight and reach. Keep household items from children. It only takes a few minutes, and it gives you one less thing to worry about. To learn more call 1-800- 222-1222 or visit [www.poison.org/](http://www.poison.org/) |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Matrix FB (4).png  Make sure all medications, including vitamins and adult medicine, are stored out of reach and sight of children. Kids can mistake medicine for candy. Help keep them safe by locking your medicine. Call 1-800-222-1222 to learn more or visit: [www.poison.org/](http://www.poison.org/) | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Matrix (5).png  Make sure all medications, including vitamins and adult medicine, are stored out of reach and sight of children. Kids can mistake medicine for candy. Call 1-800-222-1222 to learn more or visit: [www.poison.org/](http://www.poison.org/) |
| Put the toll-free poison help number 1800-222-1222 in cell phone and on your fridge. Keep the Poison Control number in a place that is easy to access for babysitters or others who may need to call. [www.poison.org/](http://www.poison.org/) | Put the toll-free poison help number 1800-222-1222 in cell phone and on your fridge. Keep the Poison Control number in a place that is easy to access! [www.poison.org/](http://www.poison.org/) |
| Read product labels to find out what can be hazardous to kids. Dangerous household items include makeup, personal care products, plants, pesticides, lead, art supplies, alcohol and carbon monoxide. [www.poison.org/](http://www.poison.org/) | Read product labels to find out what can be hazardous to kids. Dangerous household items include makeup, personal care products, plants, pesticides, lead, art supplies, alcohol and carbon monoxide. [www.poison.org/](http://www.poison.org/) |

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| **Human Trafficking** |  |
| Facebook | Twitter |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IV Human Traffiking\11.png  If you are a victim of human trafficking call 1-888-373-7888. If you or someone you know is a victim of human trafficking Call now. | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Twitter\10.png  If you are a victim of human trafficking call 1-888-373-7888.  If you or someone you know is a victim of human trafficking Call now. 1-888-373-7888. |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IV Human Traffiking\14.png  If you know someone is a victim of human trafficking, call 1-888-373-7888. | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\Twitter IVP 2.png  If you know someone is a victim of human trafficking, call  1-888-373-7888. #DidYouKnow? #HumanTrafficking |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IV Human Traffiking\16.png  If you or someone you know is a victim of human trafficking call 1-888-373-7888. If you believe you are a victim of human trafficking or may have information about a potential trafficking situation, please contact the National Human Trafficking Hotline 1-888-373-7888. | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\Twitter IVP 2\15.png  If you are a victim of human trafficking CALL 1-888-373-7888. If you or someone you know is a victim of human trafficking, call now. #humantrafficking |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IV Human Traffiking\13.png  If you are a victim of human trafficking CALL 1-888-373-7888. If you or someone you know is a victim of human trafficking, call now. | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\Twitter IVP 2\12.png  CALL 1-888-373-7888. If you or someone you know is a victim of human trafficking, call now. #humantrafficking. |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IV Human Traffiking\15.png  If you or someone you know is a victim of human trafficking call 1-888-373-7888. Take the step today. <https://bit.ly/2Sxfj2U> | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\Twitter IVP 2 (1).png  Take the step today. Call 1-888-373-7888. If you or someone you know is a victim of human trafficking, call now. <https://bit.ly/2Sxfj2U> |

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| **Suicide Prevention** |  |
| Facebook | Twitter |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP 2\7.png**If you or someone you know is in emotional distress or suicidal crisis, call  1-800-273-TALK (8255).** <https://bit.ly/2qXLAGQ> | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Twitter\4.png**If you or someone you know is in emotional distress or suicidal crisis, call 1-800-273-TALK (8255).** <https://bit.ly/2qXLAGQ> **#YouAreNotAlone** |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP 2\6.png  Risk factors are long standing conditions, stressful events, or situations that may increase the likelihood of a suicide attempt or death. <https://bit.ly/2tM6Q2Y> | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\Twitter IVP 2\2.png  **If you or someone you know is in emotional distress or suicidal crisis, call 1-800-273-TALK (8255).**  #YouAreNotAlone <https://bit.ly/2tM6Q2Y> |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP 2\2.png  Suicide can be prevented. While some suicides occur without any outward warning, most people who are suicidal give warnings.  <https://bit.ly/2tM6Q2Y> | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP Twitter\1.png  While some suicides occur without any outward warning, most people who are suicidal give warnings. <https://bit.ly/2tM6Q2Y> #YouAreNotAlone |
| C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\IVP 2\9.png  Any person exhibiting these behaviors should get care immediately.  **If you or someone you know is in emotional distress or suicidal crisis, call 1-800-273-TALK (8255).** <https://bit.ly/2QHbGdn> | C:\Users\uyu29736\Documents\Graphics\OFHS Misc\Injury Prevention\IP Toolkits\Twitter IVP 2\8.png  **If you or someone you know is in emotional distress or suicidal crisis, call 1-800-273-TALK (8255).** <https://bit.ly/2QHbGdn> |