

BLACK MAMAS MATTER

MATERNAL DATA



+130 sites in Virginia provide access to a broad range of contraceptive options through VDHLiveWell

It is recommended that all women of childbearing age take at least **0.4-0.8 mg (or 400-800 micrograms) of folic acid daily**. Folic acid is found in multivitamins and prenatal vitamins.



+89% of infants born to moms participating in **Resource Mothers**, a home visiting program that supports first time teen mothers, were born at a healthy weight.

88% of moms participating in **Nurse Family Partnership**, a home visiting program for low income first time moms, had pregnancies that reached full term.

4.2% of women reported late or no prenatal care

86.7% of women reported receiving care as early in pregnancy as they wanted.



77% of Black moms reported initiating breastfeeding.

51% of Black moms breastfed up to 6 months.

119 Virginia health department sites offer pregnant women health services through VirginiaWIC

