

Have a
QUESTION
about
BRDS 'N' BZ?

Use a free
and anonymous
sexual health
textline for teens.

Get answers about
relationships, contraception, sex,
pregnancy, STIs, sexuality + more!

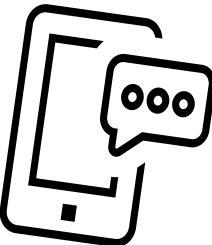


TEXT  TALK2MEVA TO 66746





Have questions
about sex,
sexuality, STIs,
contraception,
or relationships?



Text TALK2MEVA to 66746
to get an answer from a
certified health educator
within 24 hours.

This textline is **free** and
anonymous for any teen!



For more information visit:
vdh.virginia.gov/adolescent-health/



VDH VIRGINIA
DEPARTMENT
OF HEALTH

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