

Fruits & Vegetables at the State, Health Region, and Health District Levels, Virginia, 2011



Virginia BRFSS Online Reporting System

Calculated Fruit Consumption Per Day  
Median and Mean with Confidence Intervals

		Median	CI of Median	Mean	CI of Mean
*Virginia	*State Total	1.07	1.02 - 1.12	1.41	1.36 - 1.45
Central	*Region Total	1.00	0.87 - 1.13	1.34	1.24 - 1.45
	Chesterfield	0.99	0.84 - 1.15	1.43	1.16 - 1.70
	Chickahominy	0.96	0.73 - 1.18	1.28	1.04 - 1.52
	Crater	0.85	0.63 - 1.07	1.14	0.91 - 1.37
	Henrico	1.10	0.92 - 1.28	1.43	1.18 - 1.67
	Piedmont	1.05	0.91 - 1.19	1.19	1.00 - 1.38
	Richmond City	0.99	0.71 - 1.27	1.46	1.15 - 1.77
	Southside	1.12	0.84 - 1.40	1.32	1.09 - 1.54
Eastern	*Region Total	1.09	1.02 - 1.16	1.40	1.31 - 1.49
	Chesapeake	1.16	0.91 - 1.40	1.48	1.23 - 1.73
	Eastern Shore	1.02	0.81 - 1.23	1.33	1.13 - 1.53
	Hampton	1.10	0.83 - 1.38	1.40	1.16 - 1.65
	Norfolk City	0.99	0.81 - 1.18	1.33	1.12 - 1.53
	Peninsula	1.13	0.92 - 1.35	1.48	1.22 - 1.75
	Portsmouth	1.13	0.95 - 1.31	1.49	1.10 - 1.88
	Three Rivers	1.04	0.95 - 1.14	1.37	1.15 - 1.58
	Virginia Beach	1.16	0.91 - 1.40	1.47	1.24 - 1.69
	Western Tidewater	0.97	0.75 - 1.19	1.17	0.98 - 1.35
Northern	*Region Total	1.28	1.15 - 1.42	1.66	1.55 - 1.78
	Alexandria	1.37	1.06 - 1.68	1.70	1.34 - 2.07
	Arlington	1.20	0.89 - 1.52	1.79	1.41 - 2.17
	Fairfax	1.38	1.00 - 1.77	1.74	1.57 - 1.91
	Loudoun	1.32	1.09 - 1.56	1.67	1.28 - 2.06
	Prince William	1.02	0.85 - 1.18	1.39	1.20 - 1.58
Northwestern	*Region Total	1.11	1.02 - 1.21	1.40	1.29 - 1.50
	Central Shenandoah	1.05	0.88 - 1.21	1.32	1.10 - 1.54
	Lord Fairfax	1.14	0.91 - 1.38	1.46	1.27 - 1.65
	Rappahannock	1.10	0.83 - 1.37	1.38	1.12 - 1.65
	Rappahannock/Rapidan	0.99	0.79 - 1.19	1.39	1.15 - 1.64
	Thomas Jefferson	1.13	0.98 - 1.28	1.47	1.26 - 1.68
Southwestern	*Region Total	1.00	0.91 - 1.08	1.20	1.12 - 1.28
	Alleghany	1.03	0.76 - 1.29	1.48	1.13 - 1.83
	Central Virginia	0.90	0.78 - 1.03	1.10	0.96 - 1.24

	Cumberland Plateau	0.94	0.72 - 1.16	1.05	0.88 - 1.23
	Lenowisco	0.83	0.59 - 1.06	0.99	0.83 - 1.15
	Mount Rogers	1.00	0.70 - 1.30	1.20	0.99 - 1.40
	New River	1.06	0.89 - 1.23	1.31	1.12 - 1.50
	Pittsylvania/Danville	0.93	0.69 - 1.18	1.17	0.94 - 1.39
	Roanoke City	1.16	0.92 - 1.40	1.38	1.12 - 1.64
	West Piedmont	0.88	0.64 - 1.12	1.11	0.91 - 1.32

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2011.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 0.5 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. CI= 95% confidence interval.