



Virginia BRFSS Online Reporting  System		Four Categories Body Mass Index							
		Underweight				Normal Weight			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	100	70114	1.2	0.9 -1.5	2114	2049686	35.5	33.6 -37.3
Race/Ethnicity	White/Non-Hispanic	85	53624	1.4	1.0 -1.8	1704	1487331	38.1	36.0 -40.2
	Black/Non-Hispanic	---	---	---	---	198	270316	25.6	21.2 -30.1
	Hispanic	---	---	---	---	66	107731	31.2	22.5 -39.9
	Other	---	---	---	---	116	162000	39.9	32.2 -47.5
Education	< H.S.	---	---	---	---	178	248523	32.9	27.3 -38.5
	H.S. or G.E.D.	25	20552	1.3	0.6 -2.0	498	498370	32.2	28.8 -35.6
	Some College	21	16275	1.0	0.4 -1.6	473	579696	34.8	31.1 -38.5
	College Graduate	42	21335	1.2	0.7 -1.7	963	721252	40.0	37.2 -42.9
Income	\$15,000 or less	---	---	---	---	150	151539	35.5	28.6 -42.3
	\$15,000 to less than \$25,000	25	18194	2.2	0.9 -3.4	304	296413	35.3	30.3 -40.2
	\$25,000 to less than \$35,000	---	---	---	---	174	148621	28.4	22.9 -33.9
	\$35,000 to less than \$50,000	---	---	---	---	237	233786	34.6	29.1 -40.0
	\$50,000 or more	26	16607	0.6	0.3 -1.0	927	896261	34.6	32.0 -37.2
Age	Age 18 to 24	---	---	---	---	137	449801	59.2	52.0 -66.4
	Age 25 to 34	---	---	---	---	299	378795	39.0	34.4 -43.6
	Age 35 to 44	---	---	---	---	274	340335	32.5	28.3 -36.6
	Age 45 to 54	---	---	---	---	360	314476	27.7	24.5 -31.0
	Age 55 to 64	24	11196	1.3	0.6 -1.9	398	224021	25.2	22.1 -28.3
	Age 65 or older	39	19828	2.0	1.1 -2.9	646	342259	34.9	31.8 -38.1
Gender	Female	89	62659	2.2	1.6 -2.8	1423	1169583	40.9	38.5 -43.4
	Male	---	---	---	---	691	880103	30.1	27.4 -32.8

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2011. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Adults who have a body mass index (BMI) between (12.0-18.4) are underweight, (18.5-24.9) are normal weight, (25.0-29.9) are overweight, and (30.0-99.8) are obese .
7. *** BMI is a number calculated from a person's weight and height.

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		Overweight				Obese			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	2156	1974054	34.1	32.4 -35.9	1781	1686976	29.2	27.5 -30.9
Race/Ethnicity	White/Non-Hispanic	1633	1287140	33.0	31.0 -34.9	1260	1073647	27.5	25.6 -29.4
	Black/Non-Hispanic	307	380470	36.1	31.5 -40.7	372	399381	37.9	33.3 -42.5
	Hispanic	80	125596	36.4	27.0 -45.7	61	108245	31.3	23.1 -39.6
	Other	104	150373	37.0	28.8 -45.3	70	85585	21.1	14.4 -27.7
Education	< H.S.	157	207383	27.4	22.4 -32.4	200	287843	38.1	32.4 -43.8
	H.S. or G.E.D.	599	527810	34.1	30.8 -37.5	569	500912	32.4	29.1 -35.7
	Some College	537	583718	35.0	31.5 -38.5	463	486833	29.2	25.8 -32.6
	College Graduate	860	648730	36.0	33.1 -38.9	545	410365	22.8	20.4 -25.2
Income	\$15,000 or less	140	120182	28.1	22.0 -34.3	195	146698	34.3	28.0 -40.6
	\$15,000 to less than \$25,000	302	243474	29.0	24.7 -33.2	298	281971	33.6	28.8 -38.4
	\$25,000 to less than \$35,000	190	181201	34.6	28.9 -40.3	195	188123	36.0	30.0 -41.9
	\$35,000 to less than \$50,000	261	213842	31.6	27.1 -36.1	251	223391	33.0	27.9 -38.1
	\$50,000 or more	1009	1010393	39.0	36.2 -41.7	656	669243	25.8	23.4 -28.3
Age	Age 18 to 24	51	158130	20.8	14.7 -26.9	44	138731	18.3	12.9 -23.6
	Age 25 to 34	224	358499	36.9	32.0 -41.9	158	222490	22.9	18.9 -26.9
	Age 35 to 44	301	382324	36.5	32.1 -40.9	250	318062	30.3	26.3 -34.3
	Age 45 to 54	404	390753	34.5	30.6 -38.3	391	420176	37.1	33.1 -41.1
	Age 55 to 64	523	329635	37.1	33.7 -40.4	483	324847	36.5	33.0 -40.0
	Age 65 or older	653	354712	36.2	33.2 -39.2	455	262670	26.8	23.7 -29.9
Gender	Female	1062	807761	28.3	26.1 -30.5	1006	817240	28.6	26.3 -30.9
	Male	1094	1166293	39.9	37.1 -42.6	775	869736	29.7	27.2 -32.3

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