

Obesity at the State, Health Region, and Health District Levels, Virginia, 2011

		Overweight or Obese.							
		No				Yes			
		Sample Size	Weighted Counts	Weighted Percent (%)	CI	Sample Size	Weighted Counts	Weighted Percent (%)	CI
*Virginia	*State Total	2214	2119800	36.7	34.8 - 38.5	3937	3661030	63.3	61.5 - 65.2
Central	*Region Total	400	337012	34.5	30.2 - 38.8	779	639789	65.5	61.2 - 69.8
	Chesterfield	---	---	---	---	---	---	---	---
	Chickahominy	57	35335	31.1	22.1 - 40.0	112	78394	68.9	60.0 - 77.9
	Crater	52	31190	22.0	14.1 - 30.0	140	110380	78.0	70.0 - 85.9
	Henrico	---	---	---	---	---	---	---	---
	Piedmont	---	---	---	---	---	---	---	---
	Richmond City	---	---	---	---	---	---	---	---
	Southside	46	17097	21.3	12.9 - 29.6	116	63197	78.7	70.4 - 87.1
	Eastern	*Region Total	513	513029	37.2	33.2 - 41.2	1059	865242	62.8
Chesapeake		---	---	---	---	---	---	---	---
Eastern Shore		---	---	---	---	---	---	---	---
Hampton		---	---	---	---	---	---	---	---
Norfolk City		---	---	---	---	---	---	---	---
Peninsula		---	---	---	---	---	---	---	---
Portsmouth		---	---	---	---	---	---	---	---
Three Rivers		---	---	---	---	---	---	---	---
Virginia Beach		64	118186	39.7	30.3 - 49.1	108	179397	60.3	50.9 - 69.7
Western Tidewater		39	30388	23.3	13.7 - 33.0	131	99916	76.7	67.0 - 86.3
Northern	*Region Total	498	600712	44.2	39.9 - 48.5	604	758954	55.8	51.5 - 60.1
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	95	64555	42.3	32.7 - 52.0	92	87954	57.7	48.0 - 67.3
	Fairfax	185	292024	43.5	36.7 - 50.3	203	379373	56.5	49.7 - 63.3

	Loudoun	---	---	---	---	---	---	---	---
	Prince William	77	128843	44.2	35.3 - 53.2	138	162351	55.8	46.8 - 64.7
Northwestern	<b>*Region Total</b>	<b>316</b>	<b>286503</b>	<b>34.1</b>	<b>29.6 - 38.6</b>	<b>491</b>	<b>553444</b>	<b>65.9</b>	<b>61.4 - 70.4</b>
	Central Shenandoah	---	---	---	---	---	---	---	---
	Lord Fairfax	---	---	---	---	---	---	---	---
	Rappahannock	62	65977	31.6	22.4 - 40.7	114	143067	68.4	59.3 - 77.6
	Rappahannock/Rapidan	---	---	---	---	---	---	---	---
	Thomas Jefferson	70	43453	34.2	24.8 - 43.7	85	83520	65.8	56.3 - 75.2
	Southwestern	<b>*Region Total</b>	<b>487</b>	<b>382544</b>	<b>31.2</b>	<b>27.9 - 34.5</b>	<b>1004</b>	<b>843602</b>	<b>68.8</b>
Alleghany		78	50610	35.2	25.2 - 45.2	143	93258	64.8	54.8 - 74.8
Central Virginia		50	55670	26.9	18.4 - 35.4	125	151275	73.1	64.6 - 81.6
Cumberland Plateau		---	---	---	---	---	---	---	---
Lenowisco		45	28996	33.0	23.7 - 42.3	109	58949	67.0	57.7 - 76.3
Mount Rogers		53	49671	26.3	18.4 - 34.2	124	139248	73.7	65.8 - 81.6
New River		---	---	---	---	---	---	---	---
Pittsylvania/Danville		62	42493	37.9	28.0 - 47.8	106	69656	62.1	52.2 - 72.0
Roanoke City		36	17842	19.8	11.3 - 28.3	89	72092	80.2	71.7 - 88.7
West Piedmont		40	31252	24.1	16.0 - 32.2	101	98234	75.9	67.8 - 84.0

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2011. Weighted counts and weighted percents are weighted to population characteristics.

2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.

3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.

4. \*\*\* Use caution in interpreting sample sizes less than 50.

5. CI= 95% confidence interval.

6. \*\*\* Adults who have a body mass index (BMI) greater than 25 are overweight or obese.

7. \*\*\* BMI is a number calculated from a person's weight and height.