


Aerobic Physical Activity by Demographics (Race/Ethnicity, Education, Income, Age, and Gender) Virginia, 2011

Virginia BRFSS Online Reporting  System		Do you participate in 300 minutes or more of aerobic physical activity per week?							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	2086	1855312	33.6	31.8 -35.4	3751	3660363	66.4	64.6 -68.2
Race/Ethnicity	White/Non-Hispanic	1677	1345977	35.8	33.7 -37.9	2775	2414195	64.2	62.1 -66.3
	Black/Non-Hispanic	223	257092	26.6	22.4 -30.9	597	708385	73.4	69.1 -77.6
	Hispanic	58	90855	25.2	17.4 -33.1	163	269019	74.8	66.9 -82.6
	Other	103	145227	38.8	30.5 -47.1	170	228968	61.2	52.9 -69.5
Education	< H.S.	128	195098	27.9	22.2 -33.6	375	503538	72.1	66.4 -77.8
	H.S. or G.E.D.	503	449066	31.0	27.5 -34.4	1058	999745	69.0	65.6 -72.5
	Some College	502	532690	33.0	29.4 -36.7	932	1080519	67.0	63.3 -70.6
	College Graduate	950	675022	38.7	35.9 -41.5	1375	1070353	61.3	58.5 -64.1
Income	\$15,000 or less	137	117326	30.3	23.5 -37.1	316	270021	69.7	62.9 -76.5
	\$15,000 to less than \$25,000	262	228316	28.6	23.8 -33.4	598	569768	71.4	66.6 -76.2
	\$25,000 to less than \$35,000	162	143901	29.2	23.5 -34.8	384	349318	70.8	65.2 -76.5
	\$35,000 to less than \$50,000	267	242779	37.1	31.9 -42.3	457	411293	62.9	57.7 -68.1
	\$50,000 or more	998	898936	35.8	33.2 -38.4	1542	1611620	64.2	61.6 -66.8
Age	Age 18 to 24	69	239046	33.4	26.8 -40.1	159	475640	66.6	59.9 -73.2
	Age 25 to 34	209	293698	30.9	26.4 -35.5	474	656554	69.1	64.5 -73.6
	Age 35 to 44	259	331996	32.3	27.9 -36.7	551	695908	67.7	63.3 -72.1
	Age 45 to 54	374	357499	32.6	28.9 -36.4	761	738002	67.4	63.6 -71.1
	Age 55 to 64	512	298528	35.7	32.4 -39.1	841	536691	64.3	60.9 -67.6
	Age 65 or older	663	334544	37.5	34.4 -40.6	965	557569	62.5	59.4 -65.6
Gender	Female	1180	895103	31.8	29.5 -34.1	2295	1916723	68.2	65.9 -70.5
	Male	906	960209	35.5	32.7 -38.3	1456	1743640	64.5	61.7 -67.3

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2011. Weighted counts and weighted percents are weighted to population characteristics.
2. "- -" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Physical Activity excludes that which is a part of a normal work day.