



Poor Physical or Mental Health by Demographics (Race/Ethnicity, Education, Income, Age, and Gender) Virginia, 2012-2013

Virginia BRFSS Online Reporting  System		Poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation among those that reported at least one physical or mental unhealthy day during the past 30 days											
		0 day				1-7 Days				8-30 Days			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	4505	1844596	58.7	57.2 -60.2	1680	713014	22.7	21.4 -24.0	1572	585804	18.6	17.5 -19.8
Race/Ethnicity	White/Non-Hispanic	3356	1201935	58.9	57.2 -60.5	1276	471164	23.1	21.6 -24.5	1113	368352	18.0	16.8 -19.3
	Black/Non-Hispanic	630	311076	55.6	51.6 -59.5	226	127225	22.7	19.3 -26.1	274	121619	21.7	18.6 -24.9
	Hispanic	188	147609	64.6	58.2 -71.1	62	43759	19.2	14.1 -24.2	50	37008	16.2	11.1 -21.3
	Other	249	156018	57.9	51.8 -64.1	98	64738	24.0	18.6 -29.5	103	48616	18.0	13.9 -22.2
Education	< H.S.	360	225155	48.5	43.9 -53.1	125	75606	16.3	13.0 -19.5	303	163454	35.2	30.9 -39.5
	H.S. or G.E.D.	1188	507283	61.4	58.6 -64.2	360	155997	18.9	16.5 -21.3	461	162419	19.7	17.6 -21.8
	Some College	1133	543012	58.5	55.6 -61.4	416	226369	24.4	21.8 -27.0	419	158207	17.1	15.0 -19.1
	College Graduate	1792	557807	61.5	59.3 -63.7	771	252778	27.9	25.8 -29.9	380	96547	10.6	9.3 -12.0
Income	\$15,000 or less	364	147338	41.6	37.1 -46.1	147	76993	21.7	17.7 -25.8	359	129696	36.6	32.5 -40.8
	\$15,000 to less than \$25,000	669	295448	57.1	53.5 -60.7	212	91551	17.7	15.0 -20.4	359	130467	25.2	22.1 -28.3
	\$25,000 to less than \$35,000	429	164705	57.8	52.9 -62.7	148	70222	24.6	20.1 -29.2	147	50113	17.6	14.1 -21.1
	\$35,000 to less than \$50,000	541	217925	61.5	57.4 -65.7	202	80723	22.8	19.2 -26.4	152	55459	15.7	12.7 -18.6
	\$50,000 or more	1877	770386	62.9	60.7 -65.2	788	323157	26.4	24.3 -28.5	344	130280	10.6	9.2 -12.1

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2012-2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** This table excludes 7,896 interviews where respondents did not indicate any poor physical or mental unhealthy days.

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*Virginia	*State Total	4505	1844596	58.7	57.2 -60.2	1680	713014	22.7	21.4 -24.0	1572	585804	18.6	17.5 -19.8
Age	Age 18 to 24	299	301101	67.7	62.8 -72.6	109	109743	24.7	20.1 -29.2	33	34058	7.7	5.0 -10.3
	Age 25 to 34	562	344131	62.5	58.7 -66.3	237	148483	27.0	23.5 -30.4	92	57889	10.5	8.0 -13.0
	Age 35 to 44	663	318673	58.4	54.7 -62.1	301	146771	26.9	23.6 -30.2	145	79912	14.7	11.8 -17.5
	Age 45 to 54	785	319007	53.0	49.8 -56.2	348	132622	22.0	19.5 -24.6	334	150446	25.0	22.1 -27.9
	Age 55 to 64	932	267465	52.6	49.7 -55.6	370	102252	20.1	17.8 -22.4	454	138409	27.2	24.6 -29.9
	Age 65 or older	1264	294219	59.7	57.1 -62.4	315	73144	14.9	13.0 -16.7	514	125090	25.4	23.1 -27.7
Gender	Female	2835	1021499	58.2	56.3 -60.0	1043	404553	23.0	21.4 -24.7	1012	329766	18.8	17.4 -20.2
	Male	1670	823097	59.3	57.0 -61.7	637	308461	22.2	20.2 -24.2	560	256039	18.5	16.6 -20.3

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