

Obesity at the State, Health Region, and Health District Levels, Virginia, 2012

		Overweight or Obese.							
		No				Yes			
		Sample Size	Weighted Counts	Weighted Percent (%)	CI	Sample Size	Weighted Counts	Weighted Percent (%)	CI
*Virginia	*State Total	2501	2150195	36.4	34.9 - 37.9	4447	3758965	63.6	62.1 - 65.1
Central	*Region Total	407	344920	34.8	31.0 - 38.6	788	646513	65.2	61.4 - 69.0
	Chesterfield	83	83005	31.9	24.6 - 39.2	176	177029	68.1	60.8 - 75.4
	Chickahominy	---	---	---	---	---	---	---	---
	Crater	55	41347	30.7	20.9 - 40.4	109	93403	69.3	59.6 - 79.1
	Henrico	78	69245	36.9	28.2 - 45.7	131	118172	63.1	54.3 - 71.8
	Piedmont	40	27220	27.4	18.0 - 36.7	100	72250	72.6	63.3 - 82.0
	Richmond City	---	---	---	---	---	---	---	---
	Southside	47	18122	29.6	21.3 - 38.0	91	43001	70.4	62.0 - 78.7
	Eastern	*Region Total	574	472921	33.9	30.7 - 37.0	1104	923935	66.1
Chesapeake		57	55301	33.3	23.8 - 42.7	145	110965	66.7	57.3 - 76.2
Eastern Shore		---	---	---	---	---	---	---	---
Hampton		---	---	---	---	---	---	---	---
Norfolk City		81	38394	25.9	18.7 - 33.2	148	109669	74.1	66.8 - 81.3
Peninsula		94	76746	34.0	26.5 - 41.6	165	148726	66.0	58.4 - 73.5
Portsmouth		---	---	---	---	---	---	---	---
Three Rivers		76	71801	40.4	30.6 - 50.2	105	106098	59.6	49.8 - 69.4
Virginia Beach		110	119909	36.1	28.9 - 43.3	193	212372	63.9	56.7 - 71.1
Western Tidewater		48	40214	29.9	20.8 - 39.0	108	94161	70.1	61.0 - 79.2
Northern	*Region Total				41.1 -				52.6 -

		749	629732	44.3	47.4	992	792694	55.7	58.9
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	115	86496	51.5	43.1 - 60.0	113	81345	48.5	40.0 - 56.9
	Fairfax	386	345422	47.3	42.8 - 51.7	472	385467	52.7	48.3 - 57.2
	Loudoun	90	76159	42.8	33.9 - 51.7	118	101796	57.2	48.3 - 66.1
	Prince William	98	85265	33.2	26.0 - 40.3	209	171812	66.8	59.7 - 74.0
Northwestern	*Region Total	333	308421	33.3	29.7 - 37.0	644	616551	66.7	63.0 - 70.3
	Central Shenandoah	70	67036	31.8	24.1 - 39.5	162	143857	68.2	60.5 - 75.9
	Lord Fairfax	59	59444	31.0	22.8 - 39.3	113	132218	69.0	60.7 - 77.2
	Rappahannock	66	59408	27.7	20.8 - 34.6	157	155093	72.3	65.4 - 79.2
	Rappahannock/Rapidan	---	---	---	---	---	---	---	---
	Thomas Jefferson	85	73681	41.6	33.3 - 49.9	106	103474	58.4	50.1 - 66.7
Southwestern	*Region Total	438	394201	33.6	30.3 - 36.9	919	779271	66.4	63.1 - 69.7
	Alleghany	---	---	---	---	---	---	---	---
	Central Virginia	68	65040	37.6	28.8 - 46.4	123	107852	62.4	53.6 - 71.2
	Cumberland Plateau	42	36891	28.2	18.6 - 37.7	93	94012	71.8	62.3 - 81.4
	Lenowisco	54	29077	34.2	25.2 - 43.3	103	55829	65.8	56.7 - 74.8
	Mount Rogers	52	65194	35.3	25.7 - 45.0	105	119356	64.7	55.0 - 74.3
	New River	66	63510	39.4	30.7 - 48.1	108	97609	60.6	51.9 - 69.3
	Pittsylvania/Danville	---	---	---	---	---	---	---	---
	Roanoke City	---	---	---	---	---	---	---	---
	West Piedmont	---	---	---	---	---	---	---	---

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2012. Weighted counts and weighted percents are weighted to population characteristics.

2. " - - " replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.

3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.

4. \*\*\* Use caution in interpreting sample sizes less than 50.

5. CI= 95% confidence interval.

6. \*\*\* Adults who have a body mass index (BMI) greater than 25 are overweight or obese.

7. \*\*\* BMI is a number calculated from a person's weight and height.