



Poor Physical or Mental Health by Demographics (Race/Ethnicity, Education, Income, Age, and Gender) Virginia, 2013-2014

Virginia BRFSS Online Reporting  System		Poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation among those that reported at least one physical or mental unhealthy day during the past 30 days											
		0 day				1-7 Days				8-30 Days			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	5014	1839894	58.9	57.5 -60.3	1864	705454	22.6	21.4 -23.8	1760	578757	18.5	17.4 -19.6
Race/Ethnicity	White/Non-Hispanic	3694	1182119	58.0	56.4 -59.6	1445	483030	23.7	22.3 -25.1	1296	372168	18.3	17.1 -19.5
	Black/Non-Hispanic	789	323868	58.9	55.2 -62.6	243	113382	20.6	17.5 -23.7	281	112809	20.5	17.5 -23.5
	Hispanic	209	174312	71.0	65.1 -76.8	59	42599	17.3	12.6 -22.1	43	28666	11.7	7.6 -15.7
	Other	235	132442	55.0	48.7 -61.3	93	57216	23.8	18.3 -29.2	105	51066	21.2	16.5 -25.9
Education	< H.S.	442	258915	56.2	51.8 -60.5	130	66338	14.4	11.4 -17.4	306	135583	29.4	25.6 -33.3
	H.S. or G.E.D.	1302	469655	59.0	56.2 -61.7	389	157389	19.8	17.4 -22.1	532	169502	21.3	19.1 -23.4
	Some College	1311	556846	58.2	55.5 -60.9	500	227732	23.8	21.4 -26.2	498	172283	18.0	16.0 -20.0
	College Graduate	1921	544144	60.9	58.6 -63.2	835	251464	28.1	26.0 -30.3	417	97899	11.0	9.6 -12.3
Income	\$15,000 or less	425	150166	43.8	39.6 -48.0	162	66759	19.5	15.9 -23.0	399	125773	36.7	32.7 -40.7
	\$15,000 to less than \$25,000	742	285170	55.7	52.2 -59.3	259	96560	18.9	16.1 -21.6	410	129954	25.4	22.4 -28.4
	\$25,000 to less than \$35,000	490	174812	61.9	57.3 -66.4	146	58553	20.7	16.7 -24.7	166	49167	17.4	14.1 -20.7
	\$35,000 to less than \$50,000	588	208058	60.4	56.2 -64.6	218	79647	23.1	19.4 -26.9	175	56690	16.5	13.4 -19.5
	\$50,000 or more	2071	769423	61.7	59.5 -63.9	901	340882	27.3	25.3 -29.4	388	136278	10.9	9.5 -12.3

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013-2014. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** This table excludes 9,298 interviews where respondents did not indicate any poor physical or mental unhealthy days.

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*Virginia	*State Total	5014	1839894	58.9	57.5 -60.3	1864	705454	22.6	21.4 -23.8	1760	578757	18.5	17.4 -19.6
Age	Age 18 to 24	325	301922	67.1	62.3 -72.0	123	116138	25.8	21.3 -30.3	34	31579	7.0	4.6 -9.5
	Age 25 to 34	596	343973	61.3	57.6 -65.0	260	148111	26.4	23.2 -29.6	114	69076	12.3	9.7 -14.9
	Age 35 to 44	687	315108	59.8	56.3 -63.3	307	131622	25.0	21.9 -28.0	169	80404	15.3	12.6 -17.9
	Age 45 to 54	895	320112	54.4	51.3 -57.5	381	122855	20.9	18.5 -23.3	390	145178	24.7	21.9 -27.5
	Age 55 to 64	1037	246552	50.6	47.8 -53.4	425	108035	22.2	19.8 -24.6	516	132721	27.2	24.7 -29.8
	Age 65 or older	1474	312227	61.1	58.6 -63.7	368	78691	15.4	13.5 -17.3	537	119800	23.5	21.3 -25.7
Gender	Female	3147	1022464	58.3	56.4 -60.1	1150	396787	22.6	21.0 -24.2	1110	335531	19.1	17.7 -20.6
	Male	1867	817430	59.7	57.5 -61.9	714	308667	22.5	20.6 -24.5	650	243226	17.8	16.1 -19.4

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