


Physical Health at the State, Health Region, and Health District Levels, Virginia, 2013-2014

Virginia BRFSS Online Reporting  System		During the past 30 days, how many days was your physical health not good?											
		0 day				1-7 Days				8-30 Days			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	11260	4173955	65.8	64.9 -66.8	3540	1290942	20.4	19.5 -21.2	2716	877198	13.8	13.2 -14.5
Central	*Region Total	2226	703261	65.7	63.6 -67.8	683	214289	20.0	18.3 -21.8	541	153392	14.3	12.8 -15.9
	Chesterfield	399	178163	64.4	59.9 -68.9	138	55722	20.1	16.6 -23.7	88	42798	15.5	11.9 -19.1
	Chickahominy	286	77143	69.2	63.6 -74.8	79	22943	20.6	15.5 -25.6	48	11391	10.2	6.8 -13.6
	Crater	304	77327	63.4	57.2 -69.5	93	25019	20.5	15.5 -25.5	84	19717	16.2	11.1 -21.2
	Henrico	425	167932	67.1	62.8 -71.5	121	48433	19.4	15.6 -23.1	100	33778	13.5	10.5 -16.5
	Piedmont	266	62773	63.6	57.5 -69.6	94	22690	23.0	17.5 -28.4	75	13289	13.5	9.5 -17.4
	Richmond City	301	91030	65.3	59.2 -71.3	95	27970	20.1	14.9 -25.2	74	20436	14.7	10.4 -18.9
	Southside	245	48893	67.5	60.8 -74.2	63	11513	15.9	10.5 -21.3	72	11982	16.6	11.5 -21.6
Eastern	*Region Total	2766	960365	65.7	63.7 -67.7	833	290707	19.9	18.2 -21.5	668	210800	14.4	12.9 -15.9
	Chesapeake	329	106703	61.6	55.9 -67.4	133	43551	25.2	20.2 -30.1	80	22837	13.2	9.8 -16.6
	Eastern Shore	224	31567	63.3	55.3 -71.2	67	8339	16.7	11.4 -22.0	78	9989	20.0	13.9 -26.1
	Hampton	272	91547	68.0	61.7 -74.3	69	22536	16.7	11.9 -21.5	72	20623	15.3	10.2 -20.4
	Norfolk City	343	108358	69.0	63.2 -74.8	109	31953	20.3	15.3 -25.4	74	16728	10.7	6.9 -14.4

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*Virginia	*State Total	11260	4173955	65.8	64.9 -66.8	3540	1290942	20.4	19.5 -21.2	2716	877198	13.8	13.2 -14.5
Eastern	Peninsula	375	177525	64.5	59.8 -69.2	134	59332	21.6	17.6 -25.5	87	38385	13.9	10.4 -17.5
	Portsmouth	179	41760	64.1	56.1 -72.1	58	13666	21.0	14.2 -27.7	50	9710	14.9	9.4 -20.4
	Three Rivers	321	97005	64.8	59.0 -70.6	76	23641	15.8	11.7 -19.9	80	29106	19.4	14.3 -24.6
	Virginia Beach	413	231235	67.5	62.7 -72.2	105	66410	19.4	15.3 -23.4	81	44945	13.1	9.7 -16.5
	Western Tidewater	310	74666	65.3	59.4 -71.2	82	21278	18.6	13.8 -23.4	66	18477	16.1	11.4 -20.8
Northern	*Region Total	1951	1033485	68.4	66.1 -70.8	689	348505	23.1	20.9 -25.2	260	128165	8.5	7.1 - 9.9
	Alexandria	249	57039	63.8	55.7 -71.9	88	19439	21.7	15.2 -28.3	36	12922	14.5	7.9 -21.0
	Arlington	294	91627	64.4	57.4 -71.5	117	34763	24.5	18.6 -30.3	43	15783	11.1	5.6 -16.6
	Fairfax	697	507013	69.3	65.6 -72.9	239	169602	23.2	19.8 -26.6	87	55358	7.6	5.6 - 9.6
	Loudoun	344	156366	67.7	62.4 -72.9	128	60825	26.3	21.2 -31.4	39	13896	6.0	3.8 - 8.3
	Prince William	367	221439	70.2	65.2 -75.1	117	63876	20.2	15.9 -24.6	55	30206	9.6	6.4 -12.7


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Northwestern	*Region Total	1819	717759	67.3	65.1 -69.4	538	197874	18.5	16.8 -20.3	400	151111	14.2	12.6 -15.8
	Central Shenandoah	433	167020	70.4	66.2 -74.5	104	34228	14.4	11.3 -17.5	103	36164	15.2	12.0 -18.4
	Lord Fairfax	352	137423	66.3	61.4 -71.3	108	41103	19.8	15.8 -23.9	72	28601	13.8	10.0 -17.6
	Rappahannock	394	196222	69.7	65.2 -74.2	108	49662	17.6	14.1 -21.2	73	35701	12.7	9.3 -16.0
	Rappahannock/Rapidan	309	98879	63.1	57.7 -68.5	105	32273	20.6	16.2 -25.0	78	25603	16.3	12.2 -20.5
	Thomas Jefferson	331	118216	64.3	59.3 -69.3	113	40608	22.1	17.6 -26.6	74	25042	13.6	10.4 -16.9
	Southwestern	*Region Total	2498	759086	61.6	59.7 -63.5	797	239566	19.4	17.8 -21.0	847	233730	19.0
Alleghany		412	120441	64.9	60.1 -69.7	126	38294	20.6	16.6 -24.6	110	26795	14.4	11.1 -17.8
Central Virginia		361	139433	70.0	65.3 -74.6	96	35257	17.7	13.9 -21.5	68	24513	12.3	9.0 -15.7
Cumberland Plateau		210	52255	52.6	46.5 -58.6	71	19408	19.5	15.0 -24.1	116	27705	27.9	22.3 -33.5
Lenowisco		188	44282	48.7	42.3 -55.0	93	20281	22.3	16.9 -27.7	121	26387	29.0	23.5 -34.6
Mount Rogers		287	114789	58.6	53.1 -64.1	88	37699	19.2	14.4 -24.1	112	43482	22.2	17.8 -26.6
New River		346	100298	65.9	60.8 -71.0	113	29970	19.7	15.6 -23.8	79	21852	14.4	10.6 -18.1

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Southwestern	Pittsylvania/Danville	256	57713	55.2	48.6 -61.8	80	22607	21.6	15.6 -27.6	92	24148	23.1	17.6 -28.6
	Roanoke City	209	55140	65.4	58.4 -72.3	64	14425	17.1	11.5 -22.7	60	14774	17.5	12.3 -22.8
	West Piedmont	229	74735	62.1	55.8 -68.3	66	21625	18.0	13.0 -22.9	89	24075	20.0	15.0 -25.0

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