



Virginia BRFSS Online Reporting  System		How many days, weeks, months, or years have you been watching or reducing your sodium or salt intake? (All adults)											
		Daily				Weekly				Monthly			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	109	100300	3.5	2.6 -4.3	36	44627	1.5	0.8 -2.3	395	329584	11.4	9.9 -12.9
Race/Ethnicity	White/Non-Hispanic	60	47280	2.6	1.7 -3.4	22	15684	0.9	0.4 -1.3	280	199275	10.9	9.3 -12.5
	Black/Non-Hispanic	32	29044	4.8	2.6 -6.9	---	---	---	---	71	52949	8.7	5.9 -11.4
	Hispanic	---	---	---	---	---	---	---	---	---	---	---	---
	Other	---	---	---	---	---	---	---	---	---	---	---	---
Education	< H.S.	---	---	---	---	---	---	---	---	52	56866	14.2	9.8 -18.7
	H.S. or G.E.D.	33	31132	3.9	2.3 -5.5	---	---	---	---	119	110899	14.0	10.9 -17.1
	Some College	29	33578	3.8	1.9 -5.8	---	---	---	---	99	87835	10.0	7.1 -12.9
	College Graduate	29	19049	2.3	1.2 -3.4	---	---	---	---	124	73082	8.9	7.0 -10.9
Income	\$15,000 or less	---	---	---	---	---	---	---	---	53	38645	14.2	9.8 -18.6
	\$15,000 to less than \$25,000	24	18326	3.8	1.5 -6.1	---	---	---	---	64	61750	12.9	9.3 -16.6
	\$25,000 to less than \$35,000	---	---	---	---	---	---	---	---	42	35175	12.4	7.4 -17.3
	\$35,000 to less than \$50,000	---	---	---	---	---	---	---	---	54	40412	11.8	7.7 -15.9
	\$50,000 or more	37	37909	3.1	1.8 -4.4	---	---	---	---	144	129705	10.6	8.1 -13.0


(Continued)

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3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. All adults.


Virginia BRFSS Online Reporting  System		How many days, weeks, months, or years have you been watching or reducing your sodium or salt intake? (All adults)							
		Yearly				All my life			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	3318	2112282	73.0	71.0 -74.9	434	308638	10.7	9.4 -11.9
Race/Ethnicity	White/Non-Hispanic	2447	1383792	75.7	73.6 -77.7	310	182609	10.0	8.6 -11.3
	Black/Non-Hispanic	571	462415	75.7	71.5 -80.0	64	55355	9.1	6.3 -11.8
	Hispanic	92	114692	52.0	42.7 -61.2	37	49906	22.6	15.0 -30.2
	Other	143	109716	60.8	49.5 -72.1	---	---	---	---
Education	< H.S.	295	261255	65.4	59.4 -71.3	50	53781	13.5	9.1 -17.8
	H.S. or G.E.D.	888	546971	68.9	65.1 -72.6	116	92879	11.7	9.0 -14.4
	Some College	878	664313	75.7	71.9 -79.5	99	74201	8.5	6.5 -10.4
	College Graduate	1243	634028	77.6	74.9 -80.4	168	87315	10.7	8.7 -12.7
Income	\$15,000 or less	316	182958	67.3	61.4 -73.2	48	34992	12.9	8.7 -17.1
	\$15,000 to less than \$25,000	514	331951	69.4	64.5 -74.4	84	57847	12.1	8.8 -15.4
	\$25,000 to less than \$35,000	343	202721	71.3	64.8 -77.7	40	36534	12.8	7.7 -18.0
	\$35,000 to less than \$50,000	419	252544	73.6	68.1 -79.0	44	28458	8.3	5.4 -11.2
	\$50,000 or more	1343	940700	76.5	73.5 -79.6	165	109399	8.9	7.2 -10.6

(Continued)

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*Virginia	*State Total	109	100300	3.5	2.6 -4.3	36	44627	1.5	0.8 -2.3	395	329584	11.4	9.9 -12.9
Age	Age 18 to 24	---	---	---	---	---	---	---	---	30	56485	30.0	19.1 -40.9
	Age 25 to 34	---	---	---	---	---	---	---	---	75	96609	27.4	21.1 -33.7
	Age 35 to 44	---	---	---	---	---	---	---	---	60	51986	11.4	7.9 -14.8
	Age 45 to 54	---	---	---	---	---	---	---	---	68	44570	7.5	5.4 -9.6
	Age 55 to 64	28	22079	3.6	1.9 -5.2	---	---	---	---	74	37038	6.0	4.3 -7.7
	Age 65 or older	34	17942	2.6	1.5 -3.7	---	---	---	---	88	42896	6.3	4.3 -8.2
Gender	Female	56	46209	2.9	1.8 -4.0	24	29808	1.9	0.8 -3.0	247	172599	10.8	9.0 -12.6
	Male	53	54092	4.2	2.7 -5.6	---	---	---	---	148	156985	12.1	9.6 -14.6

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*Virginia	*State Total	3318	2112282	73.0	71.0 -74.9	434	308638	10.7	9.4 -11.9
Age	Age 18 to 24	60	92473	49.1	38.0 -60.2	---	---	---	---
	Age 25 to 34	177	193521	54.9	48.3 -61.6	39	40343	11.5	7.4 -15.5
	Age 35 to 44	311	300901	65.8	60.1 -71.5	68	68607	15.0	11.1 -18.9
	Age 45 to 54	605	467127	78.6	74.9 -82.3	80	66906	11.3	8.2 -14.3
	Age 55 to 64	910	501868	81.3	78.3 -84.3	98	53671	8.7	6.5 -10.8
	Age 65 or older	1255	556392	81.1	78.4 -83.9	138	65197	9.5	7.5 -11.5
Gender	Female	2079	1162906	72.8	70.3 -75.3	291	186577	11.7	10.0 -13.4
	Male	1239	949376	73.2	70.1 -76.3	143	122061	9.4	7.5 -11.3

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