| Virginia BRFSS Online Reporting System |                                | Are you currently watching or reducing your sodium or salt intake?<br>(Only adults with high blood pressure) |                 |                            |            |             |                 |                            |            |
|--|--------------------------------|--|-----------------|----------------------------|------------|-------------|-----------------|----------------------------|------------|
|  |                                | Yes  |                 |                            |            | No          |                 |                            |            |
|  |                                | Sample Size  | Weighted Counts | Weighted<br>Percent<br>(%) | C.I. (95%) | Sample Size | Weighted Counts | Weighted<br>Percent<br>(%) | C.I. (95%) |
| *Virginia                              | *State Total                   | 2283   | 1351152         | 74.7                       | 72.6 -76.9 | 685         | _               |                            | 23.1 -27.4 |
| Race/Ethnicity                         | White/Non-Hispanic             | 1608   | 854144          | 71.6                       | 69.1 -74.2 | 555         | 337983          | 28.4                       | 25.8 -30.9 |
|  | Black/Non-Hispanic             | 498  | 360840          | 84.9                       | 81.0 -88.8 | 77          | 64066           | 15.1                       | 11.2 -19.0 |
|  | Hispanic                       | 40   | 41604           | 74.1                       | 60.1 -88.1 |             |                 |                            |            |
|  | Other                          | 92   | 67201           | 67.0                       | 54.3 -79.7 | 31          | 33166           | 33.0                       | 20.3 -45.7 |
| Education                              | < H.S.                         | 282  | 226924          | 71.0                       | 64.8 -77.2 | 80          | 92650           | 29.0                       | 22.8 -35.2 |
|  | H.S. or G.E.D.                 | 721  | 417359          | 80.3                       | 77.0 -83.6 | 175         | 102113          | 19.7                       | 16.4 -23.0 |
|  | Some College                   | 583  | 395495          | 74.3                       | 70.2 -78.5 | 182         | 136606          | 25.7                       | 21.5 -29.8 |
|  | College Graduate               | 688  | 307206          | 71.4                       | 67.3 -75.4 | 244         | 123256          | 28.6                       | 24.6 -32.7 |
| Income                                 | \$15,000 or less               | 280  | 155011          | 73.9                       | 67.3 -80.6 | 71          | 54673           | 26.1                       | 19.4 -32.7 |
|  | \$15,000 to less than \$25,000 | 441  | 265513          | 77.6                       | 72.6 -82.6 | 105         | 76735           | 22.4                       | 17.4 -27.4 |
|  | \$25,000 to less than \$35,000 | 250  | 125268          | 78.1                       | 72.2 -84.1 | 63          | 35063           | 21.9                       | 15.9 -27.8 |
|  | \$35,000 to less than \$50,000 | 282  | 157517          | 78.1                       | 71.8 -84.5 | 75          | 44083           | 21.9                       | 15.5 -28.2 |
|  | \$50,000 or more               | 758  | 511819          | 72.9                       | 69.3 -76.5 | 284         | 190251          | 27.1                       | 23.5 -30.7 |
| Age                                    | Age 18 to 24                   |  |                 |                            |            |             |                 |                            |            |
|  | Age 25 to 34                   | 57   | 64754           | 54.6                       | 42.8 -66.4 | 43          | 53856           | 45.4                       | 33.6 -57.2 |
|  | Age 35 to 44                   | 136  | 145683          | 69.7                       | 62.2 -77.2 | 73          | 63268           | 30.3                       | 22.8 -37.8 |
|  | Age 45 to 54                   | 342  | 249937          | 73.2                       | 68.2 -78.3 | 109         | 91400           | 26.8                       | 21.7 -31.8 |
|  | Age 55 to 64                   | 642  | 373520          | 79.4                       | 75.8 -83.0 | 171         | 96766           | 20.6                       | 17.0 -24.2 |
|  | Age 65 or older                | 1089   | 492166          | 80.4                       | 77.8 -83.0 | 272         | 120011          | 19.6                       | 17.0 -22.2 |
| Gender                                 | Female                         | 1425   | 735175          | 80.6                       | 78.2 -83.0 | 333         | 177159          | 19.4                       | 17.0 -21.8 |
|  | Male                           | 858  | 615977          | 68.8                       | 65.3 -72.3 | 352         | 279467          | 31.2                       | 27.7 -34.7 |

<sup>1.</sup> Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.

<sup>2. &</sup>quot;---" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.

<sup>3.</sup> Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.

<sup>4. \*\*\*</sup> Use caution in interpreting sample sizes less than 50.

<sup>5.</sup> CI= 95% confidence interval.

<sup>6.</sup> Only adults with high blood pressure.