



# Reducing Sodium or Salt Intake at the State, Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		Are you currently watching or reducing your sodium or salt intake? (Among adults with high blood pressure)							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
<b>*Virginia</b>	<b>*State Total</b>	2283	1351152	74.7	72.6 -76.9	685	456626	25.3	23.1 -27.4
<b>Central</b>	<b>*Region Total</b>	529	287301	77.5	73.3 -81.7	143	83504	22.5	18.3 -26.7
	Chesterfield	---	---	---	---	---	---	---	---
	Chickahominy	59	31756	82.0	72.4 -91.5	---	---	---	---
	Crater	96	38838	79.8	71.2 -88.5	21	9809	20.2	11.5 -28.8
	Henrico	---	---	---	---	---	---	---	---
	Piedmont	77	35006	84.0	76.2 -91.8	---	---	---	---
	Richmond City	---	---	---	---	---	---	---	---
	Southside	67	25650	85.9	77.4 -94.3	---	---	---	---
<b>Eastern</b>	<b>*Region Total</b>	604	325581	77.4	73.0 -81.8	155	95060	22.6	18.2 -27.0
	Chesapeake	---	---	---	---	---	---	---	---
	Eastern Shore	64	16414	73.7	65.1 -82.4	---	---	---	---
	Hampton	---	---	---	---	---	---	---	---
	Norfolk City	79	31677	85.7	78.6 -92.7	---	---	---	---
	Peninsula	---	---	---	---	---	---	---	---
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	---	---	---	---	---	---	---	---
	Virginia Beach	---	---	---	---	---	---	---	---
	Western Tidewater	---	---	---	---	---	---	---	---
<b>Northern</b>	<b>*Region Total</b>	215	177500	67.4	60.4 -74.4	102	85850	32.6	25.6 -39.6
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	---	---	---	---	---	---	---	---
	Fairfax	---	---	---	---	---	---	---	---
	Loudoun	---	---	---	---	---	---	---	---
	Prince William	---	---	---	---	---	---	---	---

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. " - - - " replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. \*\*\* Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. Only adults with high blood pressure.

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<b>*Virginia</b>	<b>*State Total</b>	2283	1351152	74.7	72.6 -76.9	685	456626	25.3	23.1 -27.4
<b>Northwestern</b>	<b>*Region Total</b>	328	224326	72.4	66.9 -77.9	112	85601	27.6	22.1 -33.1
	Central Shenandoah	80	51601	74.6	64.7 -84.6	25	17546	25.4	15.4 -35.3
	Lord Fairfax	---	---	---	---	---	---	---	---
	Rappahannock	62	51968	74.7	64.9 -84.6	21	17579	25.3	15.4 -35.1
	Rappahannock/Rapidan	63	30484	74.5	64.8 -84.3	22	10424	25.5	15.7 -35.2
	Thomas Jefferson	---	---	---	---	---	---	---	---
<b>Southwestern</b>	<b>*Region Total</b>	607	336444	75.9	72.0 -79.9	173	106610	24.1	20.1 -28.0
	Alleghany	---	---	---	---	---	---	---	---
	Central Virginia	---	---	---	---	---	---	---	---
	Cumberland Plateau	65	30234	69.4	59.7 -79.1	22	13337	30.6	20.9 -40.3
	Lenowisco	---	---	---	---	---	---	---	---
	Mount Rogers	86	66631	78.2	69.1 -87.4	23	18557	21.8	12.6 -30.9
	New River	---	---	---	---	---	---	---	---
	Pittsylvania/Danville	78	37143	90.4	85.9 -94.8	---	---	---	---
	Roanoke City	---	---	---	---	---	---	---	---
West Piedmont	---	---	---	---	---	---	---	---	

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