Reducing Sodium or Salt Intake by Demographics (Race/Ethnicity, Education, Income, Age, and Gender), Virginia, 2013

Virginia BRFSS Online Reporting System

		Are you currently watching or reducing your sodium or salt intake? (All adults)							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	4493	3029593	57.0	55.4 -58.6	2791	2284572	43.0	41.4 -44.6
Race/Ethnicity	White/Non-Hispanic	3247	1893598	53.7	51.9 -55.4	2263	1633218	46.3	44.6 -48.1
	Black/Non-Hispanic	792	651854	70.3	66.2 -74.3	239	276038	29.7	25.7 -33.8
	Hispanic	166	236412	63.1	56.3 -69.8	96	138322	36.9	30.2 -43.7
	Other	198	189944	47.6	40.0 -55.2	158	209233	52.4	44.8 -60.0
Education	< H.S.	458	433207	60.0	54.7 -65.4	214	288304	40.0	34.6 -45.3
	H.S. or G.E.D.	1240	832556	61.0	57.9 -64.0	622	533303	39.0	36.0 -42.1
	Some College	1160	914479	58.6	55.5 -61.7	674	645815	41.4	38.3 -44.5
	College Graduate	1616	840994	51.0	48.5 -53.4	1270	808879	49.0	46.6 -51.5
Income	$15,000 or less	465	294880	64.9	60.0 -69.8	196	159598	35.1	30.2 -40.0
	$15,000 to less than $25,000	734	504528	63.8	59.7 -67.8	329	286459	36.2	32.2 -40.3
	$25,000 to less than $35,000	457	295797	62.6	57.8 -67.5	235	176353	37.4	32.5 -42.2
	$35,000 to less than $50,000	564	360707	57.7	53.3 -62.1	323	264395	42.3	37.9 -46.7
	$50,000 or more	1735	1255082	52.7	50.3 -55.2	1389	1125360	47.3	44.8 -49.7
Age	Age 18 to 24	120	199604	32.3	26.4 -38.3	222	417594	67.7	61.7 -73.6
	Age 25 to 34	317	361143	43.5	39.3 -47.7	412	469367	56.5	52.3 -60.7
	Age 35 to 44	483	482944	53.4	49.4 -57.4	472	421389	46.6	42.6 -50.6
	Age 45 to 54	794	611260	59.4	56.2 -62.7	563	417221	40.6	37.3 -43.8
	Age 55 to 64	1153	638249	68.0	65.1 -71.0	541	300218	32.0	29.0 -34.9
	Age 65 or older	1626	736392	74.0	71.6 -76.4	581	258783	26.0	23.6 -28.4
Gender	Female	2832	1679858	60.4	58.3 -62.5	1500	1102160	39.6	37.5 -41.7
	Male	1661	1349735	53.3	50.9 -55.7	1291	1182412	46.7	44.3 -49.1

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013. Weighted counts and weighted percents are weighted to population characteristics.
2. "- - -" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. All adults.