



Vegetables Consumption by Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		Calculated Vegetable Consumption Per Day			
		Vegetable Consumption			
		Mean	95% CI of Mean	Median	95% CI of Median
*Virginia	*State Total	1.9	1.9 - 2.0	1.7	1.7 - 1.7
Central	*Region Total	1.9	1.8 - 1.9	1.7	1.6 - 1.8
	Chesterfield	1.8	1.7 - 1.9	1.7	1.5 - 1.9
	Chickahominy	1.8	1.7 - 2.0	1.7	1.6 - 1.9
	Crater	1.7	1.5 - 2.0	1.4	1.2 - 1.7
	Henrico	2.0	1.8 - 2.2	1.7	1.5 - 1.9
	Piedmont	1.9	1.7 - 2.2	1.5	1.3 - 1.8
	Richmond City	1.9	1.7 - 2.2	1.5	1.2 - 1.8
	Southside	1.7	1.4 - 1.9	1.5	1.2 - 1.8
Eastern	*Region Total	1.9	1.8 - 1.9	1.6	1.6 - 1.7
	Chesapeake	1.8	1.5 - 2.0	1.5	1.3 - 1.8
	Eastern Shore	2.0	1.8 - 2.2	1.7	1.5 - 2.0
	Hampton	1.6	1.3 - 1.8	1.4	1.2 - 1.6
	Norfolk City	1.7	1.5 - 1.8	1.5	1.4 - 1.7
	Peninsula	1.9	1.7 - 2.2	1.7	1.5 - 1.9
	Portsmouth	1.7	1.4 - 2.0	1.1	0.8 - 1.5
	Three Rivers	2.0	1.7 - 2.3	1.6	1.4 - 1.8
	Virginia Beach	2.0	1.8 - 2.1	1.7	1.6 - 1.8
	Western Tidewater	1.9	1.7 - 2.2	1.7	1.5 - 1.9
Northern	*Region Total	2.1	2.0 - 2.2	1.8	1.7 - 1.9
	Alexandria	1.8	1.5 - 2.1	1.6	1.4 - 1.9
	Arlington	2.0	1.8 - 2.2	1.8	1.5 - 2.2
	Fairfax	2.2	2.0 - 2.4	1.9	1.7 - 2.0
	Loudoun	2.3	2.0 - 2.5	2.0	1.8 - 2.2
	Prince William	1.9	1.7 - 2.0	1.7	1.6 - 1.9

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. CI= 95% confidence interval.

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*Virginia	*State Total	1.9	1.9 - 2.0	1.7	1.7 - 1.7
Northwestern	*Region Total	1.9	1.8 - 2.0	1.7	1.6 - 1.8
	Central Shenandoah	2.0	1.8 - 2.1	1.7	1.5 - 2.0
	Lord Fairfax	1.8	1.6 - 2.0	1.6	1.4 - 1.8
	Rappahannock	1.9	1.8 - 2.1	1.7	1.5 - 1.9
	Rappahannock/Rapidan	2.1	1.9 - 2.3	1.8	1.6 - 2.0
	Thomas Jefferson	1.8	1.6 - 2.0	1.5	1.3 - 1.7
Southwestern	*Region Total	1.8	1.7 - 1.9	1.6	1.5 - 1.6
	Alleghany	1.9	1.7 - 2.0	1.6	1.3 - 1.8
	Central Virginia	1.8	1.6 - 2.0	1.5	1.3 - 1.7
	Cumberland Plateau	1.7	1.5 - 2.0	1.6	1.3 - 1.8
	Lenowisco	1.9	1.3 - 2.4	1.5	1.2 - 1.7
	Mount Rogers	1.9	1.6 - 2.2	1.6	1.4 - 1.8
	New River	1.9	1.7 - 2.1	1.6	1.4 - 1.9
	Pittsylvania/Danville	1.7	1.4 - 1.9	1.3	1.1 - 1.5
	Roanoke City	1.8	1.5 - 2.1	1.4	1.1 - 1.7
West Piedmont	1.9	1.7 - 2.1	1.6	1.4 - 1.8	

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