



Fruits Consumption by Health Region, and Health District Levels, Virginia, 2013

Virginia BRFSS Online Reporting  System		Calculated Fruit Consumption Per Day			
		Fruit Consumption			
		Mean	95% CI of Mean	Median	95% CI of Median
*Virginia	*State Total	1.4	1.4 - 1.5	1.1	1.0 - 1.1
Central	*Region Total	1.4	1.3 - 1.5	1.1	1.0 - 1.1
	Chesterfield	1.4	1.3 - 1.6	1.0	0.9 - 1.2
	Chickahominy	1.5	1.3 - 1.7	1.1	0.9 - 1.4
	Crater	1.2	1.0 - 1.4	0.9	0.8 - 1.1
	Henrico	1.4	1.2 - 1.5	1.0	0.9 - 1.1
	Piedmont	1.3	1.1 - 1.6	1.0	0.8 - 1.2
	Richmond City	1.7	1.4 - 1.9	1.4	1.0 - 1.7
	Southside	1.1	1.0 - 1.3	1.0	0.9 - 1.2
Eastern	*Region Total	1.4	1.4 - 1.5	1.1	1.0 - 1.1
	Chesapeake	1.4	1.2 - 1.7	1.0	0.7 - 1.3
	Eastern Shore	1.3	1.1 - 1.5	1.1	0.8 - 1.3
	Hampton	1.5	1.1 - 1.8	0.9	0.7 - 1.2
	Norfolk City	1.3	1.1 - 1.5	1.0	0.8 - 1.2
	Peninsula	1.5	1.3 - 1.7	1.1	1.0 - 1.3
	Portsmouth	1.5	1.2 - 1.9	1.1	0.8 - 1.3
	Three Rivers	1.4	1.2 - 1.6	1.0	0.8 - 1.2
	Virginia Beach	1.5	1.4 - 1.7	1.2	1.0 - 1.3
	Western Tidewater	1.3	1.1 - 1.5	1.0	0.8 - 1.1
Northern	*Region Total	1.5	1.4 - 1.6	1.1	1.1 - 1.2
	Alexandria	1.5	1.2 - 1.8	1.2	0.9 - 1.5
	Arlington	1.5	1.3 - 1.8	1.2	0.9 - 1.4
	Fairfax	1.6	1.5 - 1.8	1.2	1.0 - 1.3
	Loudoun	1.5	1.3 - 1.7	1.1	1.0 - 1.3
	Prince William	1.3	1.2 - 1.5	1.0	0.9 - 1.1

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2013.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. CI= 95% confidence interval.

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*Virginia	*State Total	1.4	1.4 - 1.5	1.1	1.0 - 1.1
Northwestern	*Region Total	1.4	1.4 - 1.5	1.1	1.0 - 1.1
	Central Shenandoah	1.4	1.2 - 1.5	1.0	0.9 - 1.1
	Lord Fairfax	1.4	1.2 - 1.6	1.0	0.9 - 1.1
	Rappahannock	1.4	1.2 - 1.6	1.1	0.9 - 1.2
	Rappahannock/Rapidan	1.5	1.2 - 1.7	1.1	0.9 - 1.3
	Thomas Jefferson	1.5	1.4 - 1.7	1.1	1.0 - 1.3
Southwestern	*Region Total	1.3	1.2 - 1.4	1.0	0.9 - 1.1
	Alleghany	1.3	1.1 - 1.4	1.0	0.8 - 1.1
	Central Virginia	1.3	1.1 - 1.5	1.0	0.8 - 1.1
	Cumberland Plateau	1.3	1.1 - 1.5	1.0	0.8 - 1.2
	Lenowisco	1.3	1.0 - 1.6	1.0	0.7 - 1.2
	Mount Rogers	1.3	1.1 - 1.6	1.0	0.8 - 1.2
	New River	1.4	1.2 - 1.6	1.0	1.0 - 1.1
	Pittsylvania/Danville	1.1	0.9 - 1.3	0.7	0.5 - 0.9
	Roanoke City	1.1	1.0 - 1.3	0.9	0.7 - 1.2
West Piedmont	1.3	1.0 - 1.5	0.9	0.7 - 1.1	

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