



Body Mass Index (BMI) by Demographics (Race/Ethnicity, Education, Income, Age, and Gender), Virginia, 2014

| Virginia BRFSS Online Reporting  System | | Four Categories Body Mass Index | | | | | | | |
|--|---------------------------------------|---------------------------------|-----------------|----------------------|------------|---------------|-----------------|----------------------|------------|
| | | Underweight | | | | Normal Weight | | | |
| | | Sample Size | Weighted Counts | Weighted Percent (%) | C.I. (95%) | Sample Size | Weighted Counts | Weighted Percent (%) | C.I. (95%) |
| *Virginia | *State Total | 145 | 106798 | 1.7 | 1.3 -2.2 | 2843 | 2047916 | 33.5 | 32.2 -34.9 |
| Race/Ethnicity | White/Non-Hispanic | 121 | 71941 | 1.8 | 1.3 -2.3 | 2260 | 1375025 | 34.8 | 33.2 -36.3 |
| | Black/Non-Hispanic | --- | --- | --- | --- | 291 | 288146 | 25.7 | 22.3 -29.1 |
| | Hispanic | --- | --- | --- | --- | 86 | 131150 | 29.6 | 23.2 -36.1 |
| | Other | --- | --- | --- | --- | 166 | 222943 | 45.1 | 39.3 -51.0 |
| Education | < H.S. | --- | --- | --- | --- | 210 | 247982 | 32.5 | 27.6 -37.5 |
| | H.S. or G.E.D. | 42 | 25319 | 1.6 | 0.9 -2.3 | 641 | 462147 | 29.1 | 26.6 -31.6 |
| | Some College | 45 | 43825 | 2.4 | 1.4 -3.4 | 670 | 589133 | 32.6 | 29.9 -35.3 |
| | College Graduate | 42 | 22079 | 1.1 | 0.7 -1.6 | 1314 | 744992 | 38.5 | 36.4 -40.6 |
| Income | \$15,000 or less | --- | --- | --- | --- | 196 | 143499 | 32.6 | 27.6 -37.5 |
| | \$15,000 to less than \$25,000 | 32 | 17566 | 2.1 | 1.0 -3.1 | 347 | 274084 | 32.2 | 28.3 -36.1 |
| | \$25,000 to less than \$35,000 | --- | --- | --- | --- | 229 | 177567 | 32.1 | 27.5 -36.7 |
| | \$35,000 to less than \$50,000 | --- | --- | --- | --- | 325 | 229436 | 32.5 | 28.4 -36.5 |
| | \$50,000 or more | 42 | 31853 | 1.1 | 0.6 -1.7 | 1354 | 942112 | 33.5 | 31.5 -35.4 |
| Age | Age 18 to 24 | --- | --- | --- | --- | 191 | 391738 | 48.6 | 43.4 -53.9 |
| | Age 25 to 34 | --- | --- | --- | --- | 345 | 419520 | 40.7 | 36.8 -44.6 |
| | Age 35 to 44 | --- | --- | --- | --- | 361 | 336257 | 33.0 | 29.7 -36.4 |
| | Age 45 to 54 | --- | --- | --- | --- | 498 | 303727 | 27.2 | 24.6 -29.8 |
| | Age 55 to 64 | 29 | 15778 | 1.6 | 0.8 -2.3 | 583 | 265198 | 26.1 | 23.8 -28.5 |
| | Age 65 or older | 60 | 21243 | 1.9 | 1.2 -2.6 | 865 | 331476 | 29.6 | 27.3 -31.8 |
| Gender | Female | 109 | 71222 | 2.3 | 1.7 -3.0 | 1800 | 1152097 | 37.9 | 36.0 -39.8 |
| | Male | 36 | 35576 | 1.2 | 0.6 -1.7 | 1043 | 895818 | 29.2 | 27.2 -31.2 |

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2014. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Adults who have a body mass index (BMI) between (12.0-18.4) are underweight, (18.5-24.9) are normal weight, (25.0-29.9) are overweight, and (30.0-99.8) are obese .
7. *** BMI is a number calculated from a person's weight and height.

| Virginia BRFSS Online Reporting  System | | Four Categories Body Mass Index | | | | | | | |
|--|---------------------------------------|---------------------------------|-----------------|----------------------|------------|-------------|-----------------|----------------------|------------|
| | | Overweight | | | | Obese | | | |
| | | Sample Size | Weighted Counts | Weighted Percent (%) | C.I. (95%) | Sample Size | Weighted Counts | Weighted Percent (%) | C.I. (95%) |
| *Virginia | *State Total | 3253 | 2214453 | 36.3 | 34.9 -37.6 | 2638 | 1738141 | 28.5 | 27.2 -29.7 |
| Race/Ethnicity | White/Non-Hispanic | 2456 | 1451563 | 36.7 | 35.2 -38.3 | 1799 | 1054901 | 26.7 | 25.3 -28.1 |
| | Black/Non-Hispanic | 480 | 387865 | 34.6 | 31.2 -37.9 | 615 | 436774 | 38.9 | 35.5 -42.4 |
| | Hispanic | 110 | 167750 | 37.9 | 31.0 -44.8 | 94 | 137400 | 31.1 | 25.0 -37.2 |
| | Other | 144 | 165430 | 33.5 | 28.0 -38.9 | 89 | 86425 | 17.5 | 13.2 -21.8 |
| Education | < H.S. | 240 | 258893 | 34.0 | 29.0 -38.9 | 255 | 239903 | 31.5 | 27.0 -36.0 |
| | H.S. or G.E.D. | 832 | 582748 | 36.7 | 34.0 -39.3 | 775 | 517987 | 32.6 | 30.1 -35.1 |
| | Some College | 799 | 616500 | 34.1 | 31.5 -36.7 | 749 | 559563 | 30.9 | 28.5 -33.4 |
| | College Graduate | 1372 | 751278 | 38.8 | 36.8 -40.9 | 850 | 415482 | 21.5 | 19.8 -23.1 |
| Income | \$15,000 or less | 194 | 126635 | 28.8 | 24.1 -33.4 | 251 | 158521 | 36.0 | 31.1 -40.9 |
| | \$15,000 to less than \$25,000 | 425 | 280372 | 32.9 | 29.4 -36.5 | 428 | 279410 | 32.8 | 29.2 -36.4 |
| | \$25,000 to less than \$35,000 | 306 | 207039 | 37.4 | 32.7 -42.0 | 226 | 153804 | 27.8 | 23.3 -32.2 |
| | \$35,000 to less than \$50,000 | 369 | 257007 | 36.4 | 32.2 -40.5 | 346 | 214951 | 30.4 | 26.8 -34.0 |
| | \$50,000 or more | 1584 | 1094402 | 38.9 | 36.9 -40.8 | 1109 | 747190 | 26.5 | 24.8 -28.3 |
| Age | Age 18 to 24 | 110 | 217150 | 27.0 | 22.1 -31.8 | 84 | 161036 | 20.0 | 15.9 -24.1 |
| | Age 25 to 34 | 295 | 349577 | 33.9 | 30.1 -37.8 | 206 | 240149 | 23.3 | 20.0 -26.6 |
| | Age 35 to 44 | 404 | 371118 | 36.5 | 33.1 -39.8 | 362 | 303791 | 29.8 | 26.7 -33.0 |
| | Age 45 to 54 | 610 | 434782 | 38.9 | 35.9 -41.9 | 544 | 373383 | 33.4 | 30.5 -36.3 |
| | Age 55 to 64 | 742 | 374711 | 36.9 | 34.3 -39.6 | 722 | 358574 | 35.4 | 32.7 -38.0 |
| | Age 65 or older | 1092 | 467116 | 41.7 | 39.3 -44.1 | 720 | 301209 | 26.9 | 24.7 -29.0 |
| Gender | Female | 1560 | 925974 | 30.5 | 28.7 -32.3 | 1530 | 889870 | 29.3 | 27.6 -31.0 |
| | Male | 1693 | 1288479 | 42.0 | 39.9 -44.0 | 1108 | 848270 | 27.6 | 25.8 -29.5 |

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