



Overweight or Obese at the State, Health Region, and Health District Levels, Virginia, 2014

Virginia BRFSS Online Reporting  System		Overweight or Obese							
		No				Yes			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
<b>*Virginia</b>	<b>*State Total</b>	2988	2154714	35.3	33.9 -36.7	5891	3952594	64.7	63.3 -66.1
<b>Central</b>	<b>*Region Total</b>	554	337463	33.0	30.0 -36.1	1164	684276	67.0	63.9 -70.0
	Chesterfield	98	82413	32.2	25.5 -38.9	206	173718	67.8	61.1 -74.5
	Chickahominy	81	39928	35.5	27.1 -44.0	136	72399	64.5	56.0 -72.9
	Crater	65	34447	28.8	20.8 -36.8	171	85054	71.2	63.2 -79.2
	Henrico	113	88918	35.7	29.0 -42.3	213	160217	64.3	57.7 -71.0
	Piedmont	52	21623	25.2	16.1 -34.4	150	64017	74.8	65.6 -83.9
	Richmond City	81	48151	34.7	26.6 -42.8	149	90585	65.3	57.2 -73.4
	Southside	64	21983	36.5	27.6 -45.3	139	38286	63.5	54.7 -72.4
<b>Eastern</b>	<b>*Region Total</b>	662	452139	31.3	28.6 -34.1	1512	991904	68.7	65.9 -71.4
	Chesapeake	84	55991	34.1	26.4 -41.9	193	108141	65.9	58.1 -73.6
	Eastern Shore	---	---	---	---	---	---	---	---
	Hampton	54	41632	31.9	22.4 -41.4	157	88838	68.1	58.6 -77.6
	Norfolk City	95	57243	33.7	25.4 -42.0	173	112701	66.3	58.0 -74.6
	Peninsula	105	93223	35.5	28.8 -42.2	185	169321	64.5	57.8 -71.2
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	67	30319	20.7	14.6 -26.8	187	116251	79.3	73.2 -85.4
	Virginia Beach	93	109815	31.7	25.4 -38.0	202	236589	68.3	62.0 -74.6
	Western Tidewater	63	25667	24.3	17.4 -31.2	175	79847	75.7	68.8 -82.6
<b>Northern</b>	<b>*Region Total</b>	613	615412	43.6	40.1 -47.0	836	797087	56.4	53.0 -59.9
	Alexandria	---	---	---	---	---	---	---	---
	Arlington	107	65881	53.7	44.1 -63.2	119	56860	46.3	36.8 -55.9
	Fairfax	223	311489	46.5	41.2 -51.8	284	358111	53.5	48.2 -58.8
	Loudoun	113	103148	45.7	37.9 -53.6	139	122374	54.3	46.4 -62.1

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2014. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. \*\*\* Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. \*\*\* Adults who have a body mass index (BMI) greater than 25 are overweight or obese.
7. \*\*\* BMI is a number calculated from a person's weight and height.

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<b>*Virginia</b>	<b>*State Total</b>	2988	2154714	35.3	33.9 -36.7	5891	3952594	64.7	63.3 -66.1
<b>Northern</b>	<b>Prince William</b>	85	92784	30.5	23.4 -37.6	192	211425	69.5	62.4 -76.6
<b>Northwestern</b>	<b>*Region Total</b>	482	371101	35.2	32.0 -38.4	926	683404	64.8	61.6 -68.0
	Central Shenandoah	111	79913	32.9	26.7 -39.2	217	162687	67.1	60.8 -73.3
	Lord Fairfax	92	68476	34.3	27.3 -41.2	185	131423	65.7	58.8 -72.7
	Rappahannock	98	116803	38.3	31.1 -45.5	205	188273	61.7	54.5 -68.9
	Rappahannock/Rapidan	81	48230	32.4	25.0 -39.8	164	100624	67.6	60.2 -75.0
	Thomas Jefferson	100	57680	36.5	29.9 -43.1	155	100397	63.5	56.9 -70.1
<b>Southwestern</b>	<b>*Region Total</b>	677	378599	32.2	29.5 -35.0	1453	795923	67.8	65.0 -70.5
	Alleghany	117	62422	33.7	26.6 -40.8	206	122572	66.3	59.2 -73.4
	Central Virginia	89	65204	37.9	30.2 -45.5	172	106953	62.1	54.5 -69.8
	Cumberland Plateau	57	27094	26.5	18.2 -34.7	164	75322	73.5	65.3 -81.8
	Lenowisco	63	23759	26.8	19.0 -34.7	147	64770	73.2	65.3 -81.0
	Mount Rogers	80	67667	32.6	25.1 -40.0	186	140100	67.4	60.0 -74.9
	New River	94	44957	35.1	27.0 -43.1	168	83291	64.9	56.9 -73.0
	Pittsylvania/Danville	57	22345	24.0	16.2 -31.7	159	70876	76.0	68.3 -83.8
	Roanoke City	---	---	---	---	---	---	---	---
West Piedmont	67	35240	30.6	22.4 -38.9	142	79835	69.4	61.1 -77.6	

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