



Physical Activity at the State, Health Region, and Health District Levels, Virginia, 2014

Virginia BRFSS Online Reporting  System		During the past 30 days, did you participate in any physical activities other than regular job?							
		Yes				No			
		Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)	Sample Size	Weighted Counts	Weighted Percent (%)	C.I. (95%)
*Virginia	*State Total	7122	4960979	76.5	75.3 -77.6	2330	1526490	23.5	22.4 -24.7
Central	*Region Total	1404	825615	75.5	72.8 -78.3	445	267249	24.5	21.7 -27.2
	Chesterfield	255	208368	77.1	71.7 -82.5	70	61947	22.9	17.5 -28.3
	Chickahominy	189	95726	81.5	74.2 -88.8	39	21765	18.5	11.2 -25.8
	Crater	190	98001	73.7	66.1 -81.4	74	34906	26.3	18.6 -33.9
	Henrico	266	200268	74.5	68.5 -80.4	83	68699	25.5	19.6 -31.5
	Piedmont	---	---	---	---	---	---	---	---
	Richmond City	206	120653	81.1	74.5 -87.7	43	28087	18.9	12.3 -25.5
	Southside	150	45789	70.7	61.7 -79.7	67	18960	29.3	20.3 -38.3
Eastern	*Region Total	1734	1158075	76.1	73.6 -78.6	574	363674	23.9	21.4 -26.4
	Chesapeake	229	129977	75.7	69.0 -82.3	64	41832	24.3	17.7 -31.0
	Eastern Shore	---	---	---	---	---	---	---	---
	Hampton	169	102806	75.3	67.0 -83.5	55	33793	24.7	16.5 -33.0
	Norfolk City	219	139737	77.8	71.1 -84.5	73	39854	22.2	15.5 -28.9
	Peninsula	251	220588	80.9	75.3 -86.5	56	52067	19.1	13.5 -24.7
	Portsmouth	---	---	---	---	---	---	---	---
	Three Rivers	193	118743	75.5	68.5 -82.6	74	38432	24.5	17.4 -31.5
	Virginia Beach	246	283972	77.5	71.6 -83.4	66	82277	22.5	16.6 -28.4
	Western Tidewater	171	72109	64.5	56.5 -72.6	77	39656	35.5	27.4 -43.5
Northern	*Region Total	1305	1240703	82.7	80.1 -85.4	240	258669	17.3	14.6 -19.9
	Alexandria	179	81755	86.9	79.4 -94.5	21	12292	13.1	5.5 -20.6
	Arlington	201	117592	83.9	76.7 -91.1	37	22573	16.1	8.9 -23.3
	Fairfax	446	567897	81.2	77.1 -85.3	88	131633	18.8	14.7 -22.9
	Loudoun	231	198045	82.2	75.5 -88.8	42	43014	17.8	11.2 -24.5
	Prince William	248	275414	84.9	80.1 -89.6	52	49156	15.1	10.4 -19.9

(Continued)

1. Data source: Virginia Department of Health, Division of Policy and Evaluation, Behavioral Risk Factor Surveillance Survey, 2014. Weighted counts and weighted percents are weighted to population characteristics.
2. "-" replaces estimates when the unweighted sample size for the denominator was < 20 or the CI half width was > 10 for any cell.
3. Responses of don't know/not sure, refused, or missing were removed from the numerator and denominator in all estimates.
4. *** Use caution in interpreting sample sizes less than 50.
5. CI= 95% confidence interval.
6. *** Physical Activity excludes that which is a part of a normal work day.

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*Virginia	*State Total	7122	4960979	76.5	75.3 -77.6	2330	1526490	23.5	22.4 -24.7
Northwestern	*Region Total	1144	857161	76.7	74.0 -79.3	344	260754	23.3	20.7 -26.0
	Central Shenandoah	251	180940	71.9	66.2 -77.6	92	70704	28.1	22.4 -33.8
	Lord Fairfax	221	164438	77.0	71.1 -82.9	68	49041	23.0	17.1 -28.9
	Rappahannock	253	258533	79.6	74.3 -84.9	68	66325	20.4	15.1 -25.7
	Rappahannock/Rapidan	200	118594	74.1	67.5 -80.7	65	41449	25.9	19.3 -32.5
	Thomas Jefferson	219	134656	80.2	74.5 -85.9	51	33234	19.8	14.1 -25.5
Southwestern	*Region Total	1535	879425	70.0	67.6 -72.5	727	376145	30.0	27.5 -32.4
	Alleghany	244	153707	76.7	71.0 -82.3	99	46782	23.3	17.7 -29.0
	Central Virginia	193	131652	71.6	65.0 -78.3	83	52096	28.4	21.7 -35.0
	Cumberland Plateau	152	75998	70.7	63.2 -78.2	80	31483	29.3	21.8 -36.8
	Lenowisco	134	55130	59.2	50.5 -67.9	88	38027	40.8	32.1 -49.5
	Mount Rogers	190	149165	68.5	61.9 -75.1	90	68666	31.5	24.9 -38.1
	New River	198	101111	70.9	63.9 -77.8	87	41567	29.1	22.2 -36.1
	Pittsylvania/Danville	156	66564	64.9	55.3 -74.5	75	35989	35.1	25.5 -44.7
	Roanoke City	---	---	---	---	---	---	---	---
	West Piedmont	138	83215	71.6	64.4 -78.8	77	33043	28.4	21.2 -35.6

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