



#### Indicator 4: Physical Activity in the Past Month

Internal variable name: outc4\_phys\_activity

Definition: During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

#### Predictive models

	Mixed,	Logit, no	Mixed with
	demos only	area	area
		effects	covariates
	b/se	b/se	b/se
Outcome 4: Physical Activity in the Past Month			
NH Black vs. NH White	-0.5274***	-0.5658***	-0.5658***
	(0.1084)	(0.0974)	(0.1051)
NH Asian vs. NH White	0.3578	0.2495	0.2495
	(0.2588)	(0.2839)	(0.2488)
NH Other vs. NH White	0.0360	-0.0019	-0.0019
	(0.1816)	(0.1663)	(0.1805)
Hispanic vs. NH White	-0.5636**	-0.6184***	-0.6184**
	(0.1715)	(0.1663)	(0.1837)
Female	-0.0884	-0.0901	-0.0901
	(0.0605)	(0.0730)	(0.0600)
Age 18-34 vs. 65+	0.7264***	0.7118***	0.7118***
	(0.0898)	(0.1062)	(0.0910)
Age 35-44 vs. 65+	0.2543	0.2344*	0.2344
	(0.1405)	(0.1142)	(0.1405)
Age 45-54 vs. 65+	0.2754**	0.2635**	0.2635**
	(0.0857)	(0.1003)	(0.0864)
Age 55-64 vs. 65+	0.2046**	0.2050*	0.2050**
	(0.0749)	(0.0887)	(0.0758)
% education Bachelor+, population 25+ y/o		0.0195***	0.0195***
		(0.0051)	(0.0038)
% speaking English less than very well		-0.0845***	-0.0845***
		(0.0234)	(0.0229)
% Hispanic among adults 65+		0.0943**	0.0943***
		(0.0333)	(0.0266)
% with disability		0.0653**	0.0653***
		(0.0207)	(0.0185)
VA BRFSS 2014 SAE outc12_copd		-6.1027**	-6.1027**
		(2.1464)	(1.9701)
% NH minority among adults 18 to 64		0.0116**	0.0116**
		(0.0039)	(0.0038)
Hodgkin Lymphoma All Rate		0.0167	0.0167
		(0.0205)	(0.0250)





c.ACS_pct_NHmin_18to64#c.HodgkinLymphomaAllRate		0.0001	0.0001
		(0.0006)	(0.0008)
% HHs with children: non family		-0.1442	-0.1442
		(0.5970)	(0.3937)
VA BRFSS 2014 SAE outc29_pay_mortgage		-2.7799	-2.7799
		(1.6820)	(1.5948)
c.ACS_pct_kids_nonfamily#c.VA14SAE_outc29_pay_mortgage		0.0050	0.0050
		(1.1807)	(0.7735)
Intercept	0.8282***	1.1492	1.1492
	(0.0870)	(0.8758)	(0.8712)
Area effect variance			
	0.0858*		0.0000
	(0.0394)		(0.0000)

Number of alternative models used to estimate model error = 14.





#### Results

County name	County	Direct	Direct 95% CI	SAE composite	SAE CI
	FIPS	estimate			
Augusta County	51015	62.2%	(49.5%, 73.5%)	71.2%	(66.6%, 75.4%)
Bath County	51017	100.0%	(60.1%, 100.0%)	68.5%	(38.2%, 88.5%)
Caroline County	51033	72.2%	(42.4%, 90.2%)	66.7%	(63.1%, 70.1%)
Clarke County	51043	54.3%	(27.1%, 79.2%)	49.0%	(39.5%, 58.5%)
Culpeper County	51047	55.9%	(38.6%, 71.9%)	62.3%	(57.5%, 66.8%)
Fauquier County	51061	72.1%	(55.2%, 84.5%)	69.7%	(65.7%, 73.4%)
Frederick County	51069	72.1%	(57.9%, 82.9%)	68.4%	(64.2%, 72.4%)
Highland County	51091	31.4%	(6.1%, 76.4%)	60.7%	(47.8%, 72.3%)
King George County	51099	84.0%	(47.5%, 93.2%)	74.6%	(70.8%, 78.0%)
Madison County	51113	69.4%	(39.1%, 88.9%)	62.7%	(56.5%, 68.5%)
Orange County	51137	61.2%	(40.7%, 78.4%)	65.7%	(62.6%, 68.6%)
Page County	51139	59.3%	(34.0%, 80.4%)	54.0%	(49.4%, 58.5%)
Rappahannock County	51157	92.3%	(63.0%, 96.9%)	64.1%	(43.0%, 80.9%)
Rockbridge County	51163	79.6%	(60.7%, 90.8%)	73.0%	(67.9%, 77.5%)
Rockingham County	51165	66.2%	(53.9%, 76.6%)	67.9%	(62.8%, 72.7%)
Shenandoah County	51171	78.7%	(61.7%, 89.4%)	62.4%	(57.1%, 67.5%)
Spotsylvania County	51177	62.8%	(49.0%, 74.8%)	66.1%	(62.6%, 69.3%)
Stafford County	51179	84.3%	(74.6%, 90.8%)	77.3%	(73.6%, 80.7%)
Warren County	51187	72.8%	(53.9%, 86.0%)	69.8%	(65.3%, 74.0%)
Buena Vista City	51530	72.9%	(27.8%, 95.0%)	45.3%	(32.1%, 59.2%)
Fredericksburg City	51630	85.1%	(65.7%, 94.5%)	75.6%	(71.9%, 79.0%)
Harrisonburg City	51660	70.1%	(31.4%, 92.3%)	63.7%	(58.4%, 68.6%)
Lexington City	51678	100.0%	(3.7%, 100.0%)	83.3%	(78.7%, 87.1%)
Staunton City	51790	91.6%	(49.1%, 97.9%)	71.9%	(68.0%, 75.6%)
Waynesboro City	51820	60.9%	(25.2%, 87.8%)	65.9%	(62.3%, 69.4%)
Winchester City	51840	88.7%	(29.5%, 97.1%)	59.6%	(45.4%, 72.3%)





County name	County	Direct	Direct 95% CI	SAE composite	SAE CI
,	FIPS	estimate		·	
Albemarle County	51003	80.0%	(69.8%, 87.4%)	76.2%	(72.3%, 79.6%)
Alleghany County	51005	48.7%	(23.5%, 74.5%)	70.2%	(63.7%, 76.0%)
Amherst County	51009	84.5%	(63.9%, 92.1%)	64.1%	(59.5%, 68.4%)
Appomattox County	51011	56.4%	(33.8%, 76.7%)	70.0%	(66.0%, 73.8%)
Arlington City	51013	90.9%	(84.7%, 94.8%)	87.6%	(82.7%, 91.3%)
Bedford County	51019	74.7%	(64.8%, 82.6%)	73.9%	(69.8%, 77.7%)
Botetourt County	51023	86.7%	(69.7%, 94.9%)	74.9%	(69.5%, 79.5%)
Campbell County	51031	65.6%	(51.7%, 77.2%)	65.2%	(61.7%, 68.6%)
Craig County	51045	13.8%	(2.9%, 74.1%)	70.1%	(62.7%, 76.6%)
Fairfax County	51059	80.7%	(76.6%, 84.2%)	14.2%	(12.8%, 15.7%)
Fluvanna County	51065	81.9%	(64.8%, 91.7%)	74.9%	(70.2%, 79.0%)
Greene County	51079	81.6%	(54.7%, 94.2%)	68.9%	(63.9%, 73.5%)
Loudoun County	51107	78.1%	(68.8%, 85.3%)	80.2%	(76.3%, 83.6%)
Louisa County	51109	74.6%	(54.9%, 87.6%)	65.6%	(61.9%, 69.1%)
Nelson County	51125	74.1%	(34.6%, 93.9%)	61.6%	(56.1%, 66.8%)
Prince William County	51153	76.7%	(70.4%, 82.1%)	72.4%	(68.8%, 75.6%)
Roanoke County	51161	78.2%	(68.6%, 85.4%)	73.9%	(70.4%, 77.1%)
Alexandria City	51510	73.7%	(60.9%, 83.5%)	77.1%	(72.4%, 81.2%)
Charlottesville City	51540	77.3%	(56.3%, 90.0%)	77.4%	(73.5%, 80.9%)
Covington City	51580	100.0%	(3.6%, 100.0%)	80.7%	(69.3%, 88.5%)
Fairfax City	51600	74.3%	(59.7%, 85.0%)	73.8%	(68.3%, 78.6%)
Falls Church City	51610	95.5%	(69.1%, 97.6%)	83.9%	(78.8%, 87.9%)
Lynchburg City	51680	68.5%	(55.1%, 79.3%)	74.3%	(70.9%, 77.5%)
Manassas City	51683	59.5%	(23.8%, 87.3%)	64.5%	(56.0%, 72.2%)
Manassas Park City	51685	88.6%	(19.8%, 98.3%)	66.7%	(55.4%, 76.4%)
Salem City	51775	80.8%	(48.6%, 94.9%)	65.4%	(59.7%, 70.7%)





County name	County	Direct	Direct 95% CI	SAE composite	SAE CI
	FIPS	estimate		-	
Bland County	51021	53.1%	(25.6%, 78.8%)	66.2%	(61.0%, 71.0%)
Buchanan County	51027	69.4%	(49.2%, 84.1%)	58.1%	(51.8%, 64.2%)
Carroll County	51035	56.6%	(35.1%, 75.9%)	57.7%	(52.4%, 62.8%)
Dickenson County	51051	83.7%	(61.3%, 94.3%)	66.2%	(59.5%, 72.3%)
Floyd County	51063	80.0%	(59.3%, 91.6%)	66.9%	(61.8%, 71.7%)
Franklin County	51067	61.7%	(42.2%, 78.0%)	64.1%	(59.7%, 68.3%)
Giles County	51071	64.0%	(44.6%, 79.7%)	70.1%	(64.1%, 75.5%)
Grayson County	51077	54.0%	(28.9%, 77.1%)	46.8%	(40.1%, 53.7%)
Henry County	51089	69.1%	(52.8%, 81.8%)	61.2%	(57.0%, 65.3%)
Lee County	51105	77.7%	(52.3%, 91.7%)	65.0%	(56.7%, 72.5%)
Montgomery County	51121	81.5%	(69.6%, 89.5%)	74.4%	(70.0%, 78.3%)
Patrick County	51141	54.4%	(26.2%, 80.0%)	56.0%	(51.2%, 60.7%)
Pittsylvania County	51143	65.6%	(54.5%, 75.3%)	62.7%	(59.4%, 65.9%)
Pulaski County	51155	48.4%	(29.0%, 68.3%)	68.2%	(62.6%, 73.3%)
Russell County	51167	65.1%	(44.7%, 81.2%)	66.5%	(60.8%, 71.7%)
Scott County	51169	42.1%	(23.7%, 63.1%)	53.5%	(46.3%, 60.5%)
Smyth County	51173	66.5%	(41.6%, 84.7%)	65.1%	(60.3%, 69.6%)
Tazewell County	51185	80.0%	(66.4%, 89.0%)	70.6%	(64.7%, 75.8%)
Washington County	51191	66.6%	(51.2%, 79.2%)	66.9%	(62.9%, 70.7%)
Wise County	51195	58.5%	(43.0%, 72.5%)	57.7%	(52.0%, 63.2%)
Wythe County	51197	62.4%	(41.0%, 79.8%)	64.4%	(58.6%, 69.8%)
Bristol City	51520	72.0%	(13.9%, 97.6%)	73.3%	(68.6%, 77.5%)
Danville City	51590	89.3%	(66.9%, 95.2%)	73.3%	(56.3%, 85.4%)
Galax City	51640	60.0%	(7.9%, 96.3%)	68.4%	(56.7%, 78.1%)
Martinsville City	51690	51.7%	(14.9%, 86.7%)	75.4%	(69.5%, 80.5%)
Norton City	51720	37.3%	(6.3%, 84.0%)	75.4%	(42.7%, 92.7%)
Radford City	51750	65.5%	(20.3%, 93.4%)	81.0%	(74.0%, 86.5%)
Roanoke City	51770	61.3%	(47.9%, 73.2%)	62.9%	(58.4%, 67.3%)





County name	County	Direct	Direct 95% CI	SAE composite	SAE CI
	FIPS	estimate		·	
Amelia County	51007	61.2%	(26.2%, 87.5%)	61.6%	(55.5%, 67.4%)
Brunswick County	51025	60.9%	(35.0%, 81.8%)	67.1%	(60.3%, 73.2%)
Buckingham County	51029	42.7%	(23.7%, 64.2%)	47.8%	(38.2%, 57.6%)
Charles City County	51036	69.3%	(21.7%, 94.1%)	66.3%	(59.8%, 72.2%)
Charlotte County	51037	81.6%	(63.9%, 91.7%)	70.1%	(63.8%, 75.8%)
Chesterfield County	51041	73.8%	(65.6%, 80.7%)	73.7%	(71.5%, 75.7%)
Cumberland County	51049	68.9%	(45.1%, 85.6%)	67.9%	(62.8%, 72.5%)
Dinwiddie County	51053	68.4%	(44.7%, 85.3%)	68.8%	(64.5%, 72.8%)
Goochland County	51075	90.0%	(65.4%, 95.1%)	72.2%	(68.8%, 75.3%)
Greensville County	51081	83.5%	(46.0%, 94.4%)	72.1%	(52.0%, 86.0%)
Halifax County	51083	74.1%	(58.3%, 85.4%)	65.7%	(62.0%, 69.2%)
Hanover County	51085	73.3%	(61.2%, 82.7%)	71.2%	(67.6%, 74.6%)
Henrico County	51087	74.9%	(66.8%, 81.6%)	73.9%	(70.8%, 76.8%)
Lunenburg County	51111	44.6%	(18.9%, 73.6%)	62.9%	(57.6%, 67.9%)
Mecklenburg County	51117	74.6%	(60.8%, 84.8%)	71.8%	(67.0%, 76.0%)
New Kent County	51127	87.5%	(63.8%, 96.5%)	70.2%	(66.0%, 74.2%)
Nottoway County	51135	36.5%	(15.8%, 63.7%)	64.8%	(59.5%, 69.8%)
Powhatan County	51145	84.5%	(61.5%, 92.5%)	71.4%	(66.5%, 75.8%)
Prince Edward County	51147	61.0%	(39.8%, 78.7%)	64.5%	(55.6%, 72.5%)
Prince George County	51149	67.8%	(48.6%, 82.5%)	70.6%	(66.4%, 74.5%)
Surry County	51181	79.2%	(45.6%, 94.5%)	70.5%	(66.0%, 74.5%)
Sussex County	51183	72.8%	(52.2%, 86.7%)	67.6%	(60.8%, 73.7%)
Colonial Heights City	51570	65.1%	(40.2%, 83.9%)	66.3%	(59.3%, 72.6%)
Emporia City	51595	100.0%	(8.2%, 100.0%)	67.6%	(59.8%, 74.6%)
Hopewell City	51670	77.1%	(55.1%, 90.2%)	74.2%	(66.3%, 80.8%)
Petersburg City	51730	66.7%	(46.3%, 82.3%)	69.6%	(63.3%, 75.3%)
Richmond City	51760	79.1%	(69.2%, 86.5%)	73.4%	(68.9%, 77.6%)





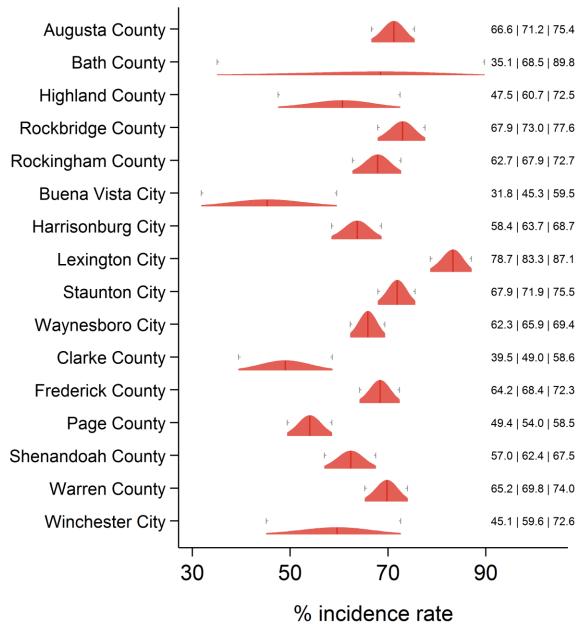
County name	County	Direct	Direct 95% CI	SAE composite	SAE CI
	FIPS	estimate			
Accomack County	51001	52.5%	(36.8%, 67.7%)	48.6%	(41.7%, 55.6%)
Essex County	51057	65.4%	(38.2%, 85.3%)	65.9%	(59.4%, 71.9%)
Gloucester County	51073	64.9%	(46.7%, 79.7%)	73.0%	(67.0%, 78.3%)
Isle of Wight County	51093	63.2%	(42.5%, 79.9%)	65.9%	(62.2%, 69.4%)
James City County	51095	83.5%	(72.7%, 90.6%)	80.1%	(76.5%, 83.3%)
King and Queen County	51097	45.6%	(15.9%, 78.9%)	66.5%	(61.6%, 71.0%)
King William County	51101	55.7%	(27.5%, 80.7%)	62.2%	(55.8%, 68.1%)
Lancaster County	51103	81.5%	(56.0%, 93.9%)	76.8%	(72.5%, 80.6%)
Mathews County	51115	87.6%	(62.7%, 94.1%)	71.1%	(63.3%, 77.8%)
Middlesex County	51119	81.3%	(58.6%, 93.1%)	77.2%	(71.3%, 82.1%)
Northampton County	51131	73.9%	(51.8%, 88.1%)	62.9%	(55.0%, 70.1%)
Northumberland County	51133	73.6%	(42.0%, 91.5%)	74.1%	(68.2%, 79.2%)
Richmond County	51159	57.1%	(30.0%, 80.5%)	56.3%	(50.7%, 61.7%)
Southampton County	51175	61.8%	(29.8%, 86.0%)	66.1%	(62.2%, 69.9%)
Westmoreland County	51193	42.7%	(17.2%, 72.6%)	52.1%	(41.7%, 62.3%)
York County	51199	74.2%	(58.4%, 85.5%)	77.5%	(74.3%, 80.5%)
Chesapeake City	51550	71.5%	(61.6%, 79.6%)	72.0%	(69.0%, 74.9%)
Franklin City	51620	83.8%	(58.6%, 93.0%)	64.2%	(55.4%, 72.1%)
Hampton City	51650	71.7%	(61.3%, 80.1%)	70.5%	(66.7%, 74.1%)
Newport News City	51700	72.2%	(61.9%, 80.6%)	73.7%	(70.4%, 76.7%)
Norfolk City	51710	70.0%	(61.5%, 77.3%)	69.2%	(66.2%, 72.0%)
Poquoson City	51735	62.0%	(17.7%, 92.5%)	73.0%	(67.9%, 77.6%)
Portsmouth City	51740	75.4%	(65.8%, 83.0%)	66.1%	(61.7%, 70.2%)
Suffolk City	51800	78.4%	(67.5%, 86.4%)	69.3%	(64.8%, 73.4%)
Virginia Beach City	51810	76.7%	(70.9%, 81.6%)	72.7%	(70.4%, 74.9%)
Williamsburg City	51830	68.5%	(25.2%, 93.4%)	76.1%	(67.2%, 83.2%)





Graphical representation

# Physical Activity in the Past Month Central Shenandoah and Lord Fairfax HDs

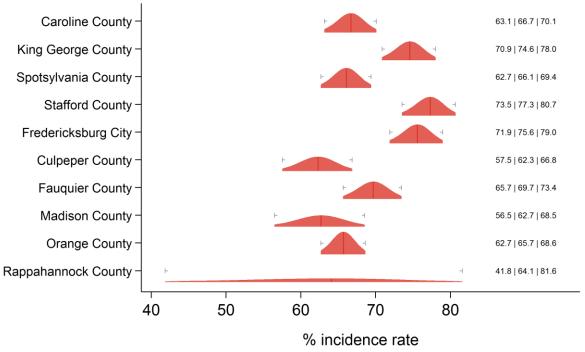


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





## Physical Activity in the Past Month Rappahannock/Rapidan and Rappahannock HDs

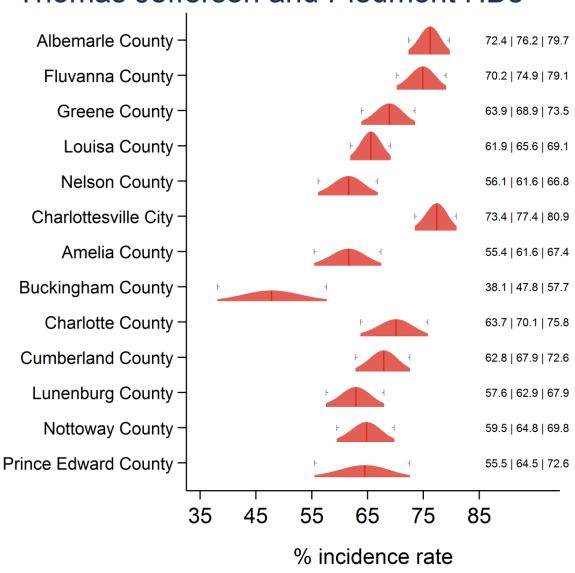


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





#### Physical Activity in the Past Month Thomas Jefferson and Piedmont HDs

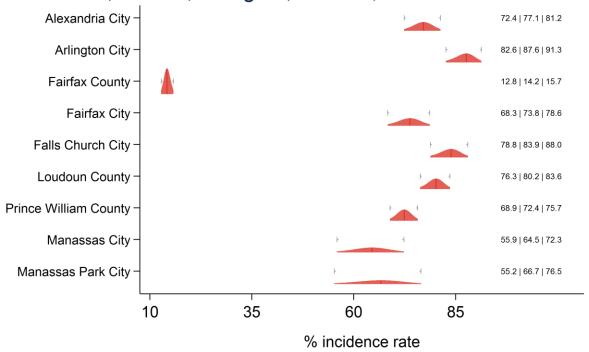


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





## Physical Activity in the Past Month Alexandria, Fairfax, Arlington, Loudon, Prince William HDs

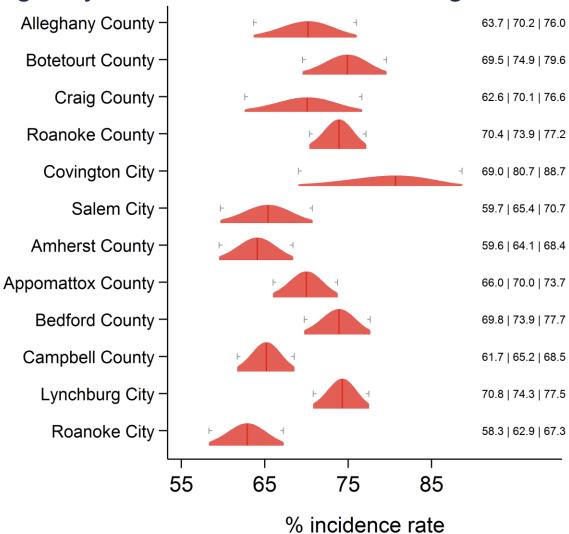


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





### Physical Activity in the Past Month Alleghany, Roanoke and Central Virginia HDs



Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval

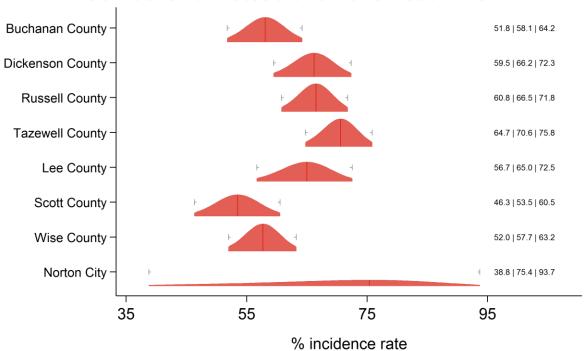
Virginia BRFSS SAE

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### Physical Activity in the Past Month Cumberland Plateau and Lenowisco HDs

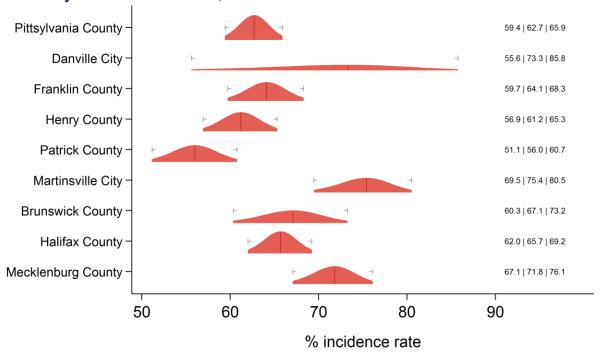


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





## Physical Activity in the Past Month Pittsylvania/Danville, Southside and West Piedmont HDs

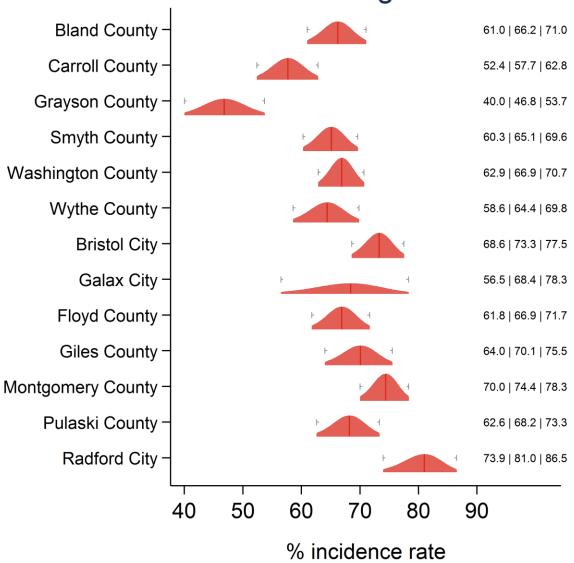


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





#### Physical Activity in the Past Month New River and Mount Rogers HDs

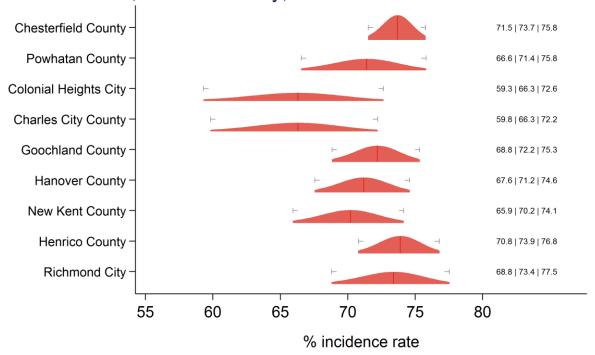


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





## Physical Activity in the Past Month Chesterfield, Chickahominy, Henrico and Richmond HDs

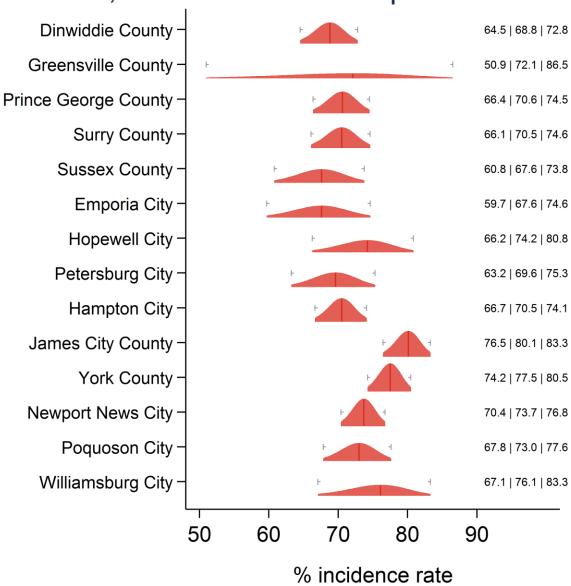


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





# Physical Activity in the Past Month Crater, Peninsula and Hampton HDs

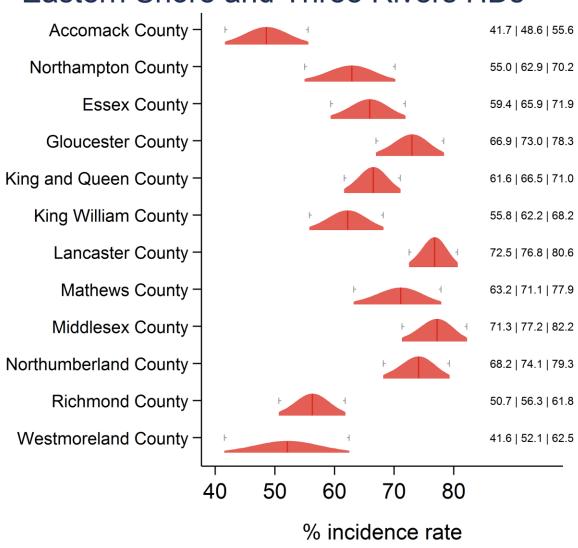


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





# Physical Activity in the Past Month Eastern Shore and Three Rivers HDs

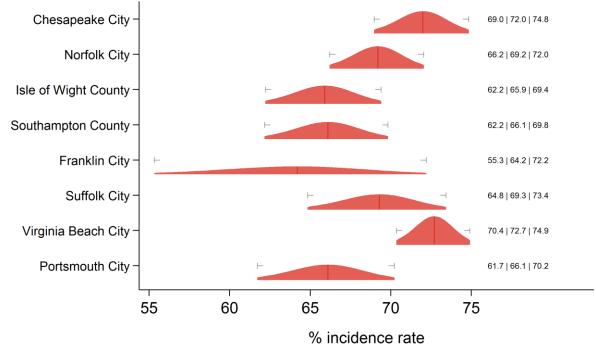


Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





## Physical Activity in the Past Month Norfolk, Portsmouth, Chesapeake, VA Beach, W. Tidewater HDs



Text at right: 2-sided 95% LCB | Point Estimate | 2-sided 95% UCB Gray markers: 95% confidence interval





#### Additional diagnostics

Direct estimate is inside the 95% SAE Wilson CI: 55 areas.

Direct estimate is outside the 95% SAE Wilson CI: 78 areas.

SAE estimate is inside the 95% direct Wilson CI: 131 areas.

SAE estimate is outside the 95% direct Wilson CI: 2 areas.

SAE Wilson 95% CI is fully inside the 95% direct Wilson CI: 109 areas.

SAE Wilson 95% CI partially overlaps with the 95% direct Wilson CI: 24 areas.

SAE Wilson 95% CI and the 95% direct Wilson CI do not overlap: 0 areas.

SAE standard error is less that the direct standard error: 127 areas.

SAE standard error is greater that the (nonzero) direct standard error: 2 areas.

Direct standard error is zero: 4 areas.

Proportion of SAE variance due to ACS sampling error: min = 0.66%; med = 19.55%; max = 66.52%.

Proportion of SAE variance due to sampling error in regression coefficient estimates: min = 33.02%; med = 77.87%; max = 98.52%.

Proportion of SAE variance due to model selection: min = 0.09%; med = 1.54%; max = 10.89%.

Proportion of SAE variance due to area random effects: <identically zero>