

2011 High School Virginia Youth Survey and the United States Youth Risk Behavior Survey

Question	Virginia 2011	United States 2011	p-value	Virginia 2011 More Likely Than United States 2011	United States 2011 More Likely Than Virginia 2011	No Difference
Unintentional Injuries and Violence						
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)	87.1 (83.7–89.8) [†]	87.5 (85.0–89.7)	0.82			<input type="radio"/> True
Rarely or never wore a seat belt (when riding in a car driven by someone else)	7.3 (5.9–8.8)	7.7 (6.5–9.1)	0.64			<input type="radio"/> True
Rode with a driver who had been drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)	20.0 (17.4–22.9)	24.1 (22.9–25.3)	0.01		<input checked="" type="radio"/> True	
Drove when drinking alcohol one or more times (a car or other vehicle during the 30 days before the survey)	5.7 (4.4–7.3)	8.2 (7.6–8.8)	0.00		<input checked="" type="radio"/> True	
Carried a weapon on school property on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	5.7 (4.5–7.2)	5.4 (4.7–6.1)	0.67			<input type="radio"/> True
Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day (during the 30 days before the survey)	5.5 (3.9–7.8)	5.9 (5.1–6.9)	0.69			<input type="radio"/> True
Threatened or injured with a weapon on school property one or more times (for example, a gun, knife, or club during the 12 months before the survey)	7.0 (5.4–9.0)	7.4 (6.8–8.1)	0.62			<input type="radio"/> True
In a physical fight on school property one or more times (during the 12 months before the survey)	7.9 (6.2–10.1)	12.0 (11.3–12.8)	0.00		<input checked="" type="radio"/> True	
Bullied on school property (during the 12 months before the survey)	20.3 (17.6–23.4)	20.1 (18.7–21.5)	0.85			<input type="radio"/> True
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	25.5 (22.0–29.4)	28.5 (27.2–29.7)	0.12			<input type="radio"/> True
Seriously considered attempting suicide (during the 12 months before the survey)	16.9 (14.3–20.0)	15.8 (15.1–16.5)	0.42			<input type="radio"/> True
Made a plan about how they would attempt suicide (during the 12 months before the survey)	13.2 (10.5–16.5)	12.8 (12.0–13.6)	0.78			<input type="radio"/> True

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Attempted suicide one or more times (during the 12 months before the survey)	10.5 (8.2–13.2)	7.8 (7.1–8.5)	0.03	● True		
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	3.4 (2.3–4.9)	2.4 (2.0–2.9)	0.12			● True
Carried a weapon on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	20.4 (17.9–23.2)	16.6 (15.4–18.0)	0.01	● True		
Carried a gun on at least 1 day (during the 30 days before the survey)	9.1 (6.8–12.1)	5.1 (4.6–5.7)	0.00	● True		
In a physical fight one or more times (during the 12 months before the survey)	24.9 (21.5–28.7)	32.8 (31.5–34.1)	0.00		● True	
Injured in a physical fight one or more times (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	3.5 (2.5–4.9)	3.9 (3.5–4.4)	0.47			● True
Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend (during the 12 months before the survey)	12.1 (10.3–14.1)	9.4 (8.6–10.3)	0.01	● True		
Ever physically forced to have sexual intercourse (when they did not want to)	—	8.0 (7.3–8.8)	~			
Ever been electronically bullied (including through e-mail, chat rooms, instant messaging, Web sites, or texting during the 12 months before the survey)	14.8 (12.0–18.2)	16.2 (15.3–17.2)	0.37			● True
Tobacco Use						
Ever tried cigarette smoking (even one or two puffs)	40.6 (35.5–45.8)	44.7 (42.3–47.2)	0.13			● True
Smoked a whole cigarette for the first time before age 13 years	11.2 (8.4–14.8)	10.3 (9.3–11.5)	0.58			● True
Smoked cigarettes on at least 1 day (during the 30 days before the survey)	15.0 (11.3–19.5)	18.1 (16.7–19.5)	0.13			● True
Smoked cigarettes on 20 or more days (during the 30 days before the survey)	5.4 (3.4–8.5)	6.4 (5.8–7.1)	0.44			● True

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Smoked more than 10 cigarettes per day (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	10.7 (7.3–15.5)	7.8 (6.3–9.7)	0.18			● True
Smoked cigarettes on school property on at least 1 day (during the 30 days before the survey)	3.8 (2.6–5.6)	4.9 (4.4–5.4)	0.16			● True
Ever smoked at least one cigarette every day for 30 days	9.0 (6.5–12.4)	10.2 (9.2–11.2)	0.44			● True
Did not try to quit smoking cigarettes (among students who currently smoked cigarettes, during the 12 months before the survey)	53.3 (41.7–64.6)	50.1 (47.0–53.1)	0.57			● True
Usually obtained their own cigarettes by buying them in a store or gas station (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	8.7 (5.6–13.3)	14.0 (11.5–16.9)	0.02		● True	
Used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey)	8.2 (5.9–11.2)	7.7 (6.6–9.0)	0.75			● True
Used chewing tobacco, snuff, or dip on school property on at least 1 day (during the 30 days before the survey)	4.0 (2.6–6.2)	4.8 (4.0–5.9)	0.41			● True
Smoked cigars, cigarillos, or little cigars on at least 1 day (during the 30 days before the survey)	12.0 (9.3–15.2)	13.1 (12.2–14.1)	0.45			● True
Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey)	20.7 (17.0–24.9)	23.4 (21.8–25.1)	0.19			● True
Alcohol and Other Drug Use						
Ever had at least one drink of alcohol on at least 1 day (during their life)	60.5 (55.9–64.9)	70.8 (69.0–72.5)	0.00		● True	
Drank alcohol for the first time before age 13 years (other than a few sips)	18.1 (15.3–21.2)	20.5 (19.2–21.8)	0.12			● True
Had at least one drink of alcohol on at least 1 day (during the 30 days before the survey)	30.5 (25.5–35.9)	38.7 (37.2–40.3)	0.00		● True	
Had five or more drinks of alcohol in a row within a couple of	15.7 (12.9–	21.9 (21.0–	0.00		● True	

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hours on at least 1 day (during the 30 days before the survey)	19.1)	22.8)				
Usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol during the 30 days before the survey)	40.7 (34.1–47.6)	40.0 (37.5–42.5)	0.83			● True
Had at least one drink of alcohol on school property on at least 1 day (during the 30 days before the survey)	3.3 (2.3–4.8)	5.1 (4.5–5.8)	0.01		● True	
Ever used marijuana one or more times (during their life)	31.9 (26.6–37.8)	39.9 (37.8–42.1)	0.01		● True	
Tried marijuana for the first time before age 13 years	8.1 (6.1–10.7)	8.1 (7.3–9.0)	0.99			● True
Used marijuana one or more times (during the 30 days before the survey)	18.0 (14.5–22.1)	23.1 (21.5–24.7)	0.01		● True	
Used marijuana on school property one or more times (during the 30 days before the survey)	3.5 (2.3–5.3)	5.9 (5.1–6.7)	0.00		● True	
Ever used any form of cocaine one or more times (for example, powder, crack, or freebase, during their life)	5.6 (4.2–7.5)	6.8 (6.2–7.5)	0.15			● True
Used any form of cocaine one or more times (for example, powder, crack, or freebase, during the 30 days before the survey)	2.8 (1.8–4.5)	3.0 (2.6–3.5)	0.79			● True
Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times (during their life)	9.9 (7.7–12.7)	11.4 (10.7–12.1)	0.24			● True
Ever used heroin one or more times (also called "smack", "junk", or "China white", during their life)	3.4 (2.1–5.5)	2.9 (2.5–3.3)	0.57			● True
Ever used methamphetamines one or more times (also called "speed", "crystal", "crank", or "ice", during their life)	4.0 (2.6–5.9)	3.8 (3.4–4.3)	0.89			● True
Ever used ecstasy one or more times (also called "MDMA", during their life)	6.4 (4.8–8.4)	8.2 (7.2–9.4)	0.07			● True
Ever took steroid pills or shots without a doctor's prescription one or more times	2.9 (1.8–4.7)	3.6 (3.2–4.1)	0.37			● True

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(during their life)						
Ever took prescription drugs one or more times without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)	15.6 (12.7–19.0)	20.7 (19.2–22.2)	0.00		● True	
Ever used a needle to inject any illegal drug into their body one or more times (during their life)	2.5 (1.6–3.9)	2.3 (1.9–2.7)	0.69			● True
Offered, sold, or given an illegal drug by someone on school property (during the 12 months before the survey)	24.0 (20.6–27.7)	25.6 (23.6–27.6)	0.41			● True
Were never taught in school about AIDS or HIV infection	13.4 (10.3–17.3)	16.0 (14.4–17.7)	0.17			● True
Dietary Behaviors						
Did not drink 100% fruit juices (during the 7 days before the survey)	21.6 (18.9–24.5)	19.2 (18.0–20.5)	0.12			● True
Did not eat fruit (during the 7 days before the survey)	14.6 (11.6–18.3)	11.7 (10.8–12.6)	0.08			● True
Did not eat green salad (during the 7 days before the survey)	40.6 (36.8–44.5)	38.0 (36.1–39.9)	0.21			● True
Did not eat potatoes (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	34.1 (29.4–39.3)	31.2 (30.0–32.6)	0.24			● True
Did not eat carrots (during the 7 days before the survey)	57.7 (53.5–61.9)	52.0 (49.9–54.1)	0.01	● True		
Did not eat other vegetables (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	17.1 (15.3–19.1)	17.0 (15.8–18.2)	0.91			● True
Drank a can, bottle, or glass of soda or pop (not counting diet soda or diet pop, during the 7 days before the survey)	79.4 (75.3–83.0)	79.1 (77.6–80.5)	0.85			● True
Drank a can, bottle, or glass of soda or pop one or more times	24.3 (20.3–	27.8 (25.6–	0.14			● True

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per day (not counting diet soda or diet pop, during the 7 days before the survey)	28.8)	30.1)				
Drank a can, bottle, or glass of soda or pop two or more times per day (not counting diet soda or diet pop, during the 7 days before the survey)	16.9 (13.8–20.6)	19.0 (16.9–21.3)	0.29			<input checked="" type="radio"/> True
Drank a can, bottle, or glass of soda or pop three or more times per day (not counting diet soda or diet pop, during the 7 days before the survey)	9.7 (7.2–12.9)	11.3 (9.9–12.9)	0.30			<input checked="" type="radio"/> True
Did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)	6.2 (4.5–8.6)	4.8 (4.3–5.4)	0.16			<input checked="" type="radio"/> True
Ate fruit or drank 100% fruit juices less than one time per day (during the 7 days before the survey)	39.8 (36.2–43.5)	36.0 (34.3–37.8)	0.06			<input checked="" type="radio"/> True
Ate fruit or drank 100% fruit juices less than two times per day (during the 7 days before the survey)	69.8 (66.8–72.7)	66.0 (64.4–67.7)	0.02	<input checked="" type="radio"/> True		
Ate fruit or drank 100% fruit juices less than three times per day (during the 7 days before the survey)	81.8 (79.5–84.0)	77.6 (76.2–79.0)	0.00	<input checked="" type="radio"/> True		
Did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	6.4 (4.8–8.4)	5.7 (5.1–6.4)	0.45			<input checked="" type="radio"/> True
Ate vegetables less than one time per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	41.7 (37.3–46.3)	37.7 (36.0–39.5)	0.09			<input checked="" type="radio"/> True
Ate vegetables less than two times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	75.2 (70.6–79.2)	71.7 (70.3–73.1)	0.12			<input checked="" type="radio"/> True
Ate vegetables less than three times per day (green salad, potatoes [excluding French fries, fried potatoes, or	88.0 (85.1–90.4)	84.7 (83.6–85.7)	0.02	<input checked="" type="radio"/> True		

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potato chips], carrots, or other vegetables, during the 7 days before the survey)						
Overweight (students who were \geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)	17.2 (14.7–20.1)	15.2 (14.4–16.1)	0.15			<input type="radio"/> True
Obese (students who were \geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)	11.1 (8.8–13.8)	13.0 (11.7–14.4)	0.16			<input type="radio"/> True
Described themselves as slightly or very overweight	28.1 (25.1–31.3)	29.2 (27.7–30.6)	0.52			<input type="radio"/> True
Did not eat for 24 or more hours to lose weight or to keep from gaining weight (during the 30 days before the survey)	13.2 (11.1–15.5)	12.2 (11.3–13.1)	0.40			<input type="radio"/> True
Took diet pills, powders or liquids to lose weight or to keep from gaining weight (without a doctor's advice, during the 30 days before the survey)	5.4 (3.7–7.8)	5.1 (4.5–5.6)	0.76			<input type="radio"/> True
Vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)	5.6 (3.7–8.2)	4.3 (3.8–4.7)	0.23			<input type="radio"/> True
Physical Activity						
Physically active at least 60 minutes per day on less than 5 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	54.4 (49.5–59.2)	50.5 (48.5–52.6)	0.13			<input type="radio"/> True
Did not attend physical education classes in an average week (when they were in school)	49.9 (42.1–57.6)	48.2 (42.4–54.0)	0.72			<input type="radio"/> True
Did not attend physical education classes 5 days in an average week (when they were in school)	82.3 (76.1–87.2)	68.5 (62.6–73.9)	0.00	<input type="radio"/> True		
Did not play on sports teams (run by their school or community groups during the 12 months before the survey)	42.3 (37.1–47.6)	41.6 (39.3–44.0)	0.82			<input type="radio"/> True

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Watched television 3 or more hours per day (on an average school day)	31.1 (27.5–34.9)	32.4 (30.9–34.0)	0.49			<input checked="" type="radio"/> True
Used computers 3 or more hours per day (played video or computer games or used a computer for something that was not school work on an average school day)	29.4 (26.0–33.1)	31.1 (29.3–32.9)	0.40			<input checked="" type="radio"/> True
Physically active at least 60 minutes per day on less than 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	75.9 (71.7–79.6)	71.3 (69.7–72.9)	0.03	<input checked="" type="radio"/> True		
Did not participate in at least 60 minutes of physical activity on any day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	15.6 (13.3–18.2)	13.8 (12.8–14.8)	0.15			<input checked="" type="radio"/> True
Asthma						
Ever told by a doctor or nurse that they had asthma	22.0 (18.6–25.8)	23.0 (21.7–24.3)	0.59			<input checked="" type="radio"/> True
Ever told by a doctor or nurse that they had asthma and still have asthma	11.1 (8.1–15.0)	11.9 (10.9–12.9)	0.64			<input checked="" type="radio"/> True

Footnotes

†	Percentage, confidence interval
‘—’	= Data not available
~	= P-value not available