

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Virginia Middle School Survey
Sample Statistics Report**

| Health Risk Behavior | Percentage | Number of Students | Standard Error | 95% Confidence Interval | Design Effect* |
|---|------------|--------------------|----------------|-------------------------|----------------|
| QN6: Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle) | 58.7 | 1,870 | 3.02 | (52.4 - 64.8) | 7.1 |
| QN7: Percentage of students who never or rarely wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard) | 67.0 | 946 | 2.73 | (61.1 - 72.4) | 3.2 |
| QN8: Percentage of students who never or rarely wore a seat belt (when riding in a car) | 3.3 | 2,225 | 0.39 | (2.6 - 4.3) | 1.1 |
| QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car) | 14.1 | 2,193 | 1.13 | (11.9 - 16.6) | 2.3 |
| QN10: Percentage of students who carried a weapon (such as a gun, knife, or club) | 27.3 | 2,220 | 1.31 | (24.7 - 30.1) | 1.9 |
| QN11: Percentage of students who were in a physical fight | 42.8 | 2,219 | 2.30 | (38.1 - 47.6) | 4.8 |
| QN12: Percentage of students who were injured in a physical fight (injuries had to be treated by a doctor or nurse) | 4.9 | 2,213 | 0.67 | (3.7 - 6.5) | 2.2 |
| QN13: Percentage of students who were bullied on school property | 42.1 | 2,232 | 1.66 | (38.7 - 45.5) | 2.5 |
| QN14: Percentage of students who were electronically bullied (including through e-mail, chat rooms, instant messaging, web sites, or texting) | 18.5 | 2,237 | 1.03 | (16.5 - 20.8) | 1.6 |

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| QN15: Percentage of students who seriously thought about killing themselves | 16.5 | 2,195 | 0.95 | (14.7 - 18.6) | 1.4 |
| QN16: Percentage of students who made a plan about how they would kill themselves | 9.3 | 2,213 | 0.80 | (7.8 - 11.1) | 1.7 |
| QN17: Percentage of students who tried to kill themselves | 5.8 | 2,211 | 0.77 | (4.4 - 7.6) | 2.4 |
| QN18: Percentage of students who ever tried cigarette smoking (even one or two puffs) | 7.5 | 2,190 | 1.00 | (5.7 - 9.8) | 3.2 |
| QN19: Percentage of students who smoked a whole cigarette before age 11 years (for the first time) | 1.3 | 2,169 | 0.30 | (0.8 - 2.1) | 1.5 |
| QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey) | 1.6 | 2,190 | 0.32 | (1.0 - 2.4) | 1.4 |
| QN22: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey, among the students who currently smoked cigarettes) | 11.1 | 35 | 6.79 | (2.9 - 34.1) | 1.6 |
| QN23: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey) | 1.8 | 2,226 | 0.36 | (1.1 - 2.7) | 1.7 |

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| QN26: Percentage of students who currently used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey) | 5.6 | 2,225 | 0.64 | (4.4 - 7.1) | 1.7 |
| QN28: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips) | 7.9 | 2,127 | 0.72 | (6.6 - 9.6) | 1.5 |
| QN30: Percentage of students who tried marijuana before age 11 years (for the first time) | 2.3 | 2,203 | 0.46 | (1.5 - 3.5) | 2.1 |
| QN34: Percentage of students who ever took prescription drugs without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life) | 7.3 | 2,209 | 0.61 | (6.2 - 8.7) | 1.2 |
| QN39: Percentage of students who described themselves as slightly or very overweight | 24.4 | 2,195 | 0.85 | (22.7 - 26.2) | 0.9 |
| QN40: Percentage of students who were trying to lose weight | 40.8 | 2,198 | 1.27 | (38.3 - 43.5) | 1.5 |
| QN41: Percentage of students who did not eat breakfast (during the 7 days before the survey) | 6.6 | 2,188 | 0.68 | (5.4 - 8.2) | 1.6 |

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| QN42: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) | 55.8 | 2,170 | 1.56 | (52.6 - 59.0) | 2.1 |
| QN43: Percentage of students who watched television 3 or more hours per day (on an average school day) | 26.9 | 2,145 | 2.09 | (22.8 - 31.4) | 4.8 |
| QN44: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day) | 36.5 | 2,156 | 1.14 | (34.2 - 38.9) | 1.2 |
| QN45: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school) | 92.2 | 2,111 | 2.25 | (86.1 - 95.8) | 14.9 |
| QN46: Percentage of students who played on at least one sports team (run by their school or community groups during the past 12 months) | 64.2 | 2,154 | 1.35 | (61.4 - 66.9) | 1.7 |
| QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma | 19.3 | 2,140 | 0.87 | (17.6 - 21.2) | 1.0 |
| QN48: Percentage of students who had 8 or more hours of sleep (on an average school night) | 62.0 | 2,137 | 1.77 | (58.2 - 65.5) | 2.8 |

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| QN49: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey) | 83.7 | 2,115 | 1.32 | (80.8 - 86.2) | 2.7 |
| QN50: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Black & Mild's, Phillies or Swisher Sweets, on at least 1 day during the 30 days before the survey) | 3.0 | 2,225 | 0.46 | (2.1 - 4.1) | 1.6 |
| QN51: Percentage of students who currently used a waterpipe to smoke tobacco (also called a hookah, shisha, or narghile, on at least 1 day during the 30 days before the survey) | 3.3 | 2,212 | 0.39 | (2.5 - 4.2) | 1.1 |
| QN52: Percentage of students who most of the time or always saw ads or promotions for cigarettes and other tobacco products when they went to a convenience store, supermarket, or gas station | 41.8 | 2,225 | 1.71 | (38.3 - 45.4) | 2.7 |
| QN53: Percentage of students who describe the rule about smoking inside the home where they live as smoking is allowed only at some times or in some places or smoking is always allowed inside their home | 14.2 | 2,194 | 1.06 | (12.2 - 16.6) | 2.0 |
| QN54: Percentage of students who describe the rule about smoking in the vehicle they drive or ride in the most as smoking is sometimes allowed inside the vehicle or smoking is always allowed inside the vehicle | 18.9 | 2,202 | 1.63 | (15.7 - 22.5) | 3.8 |

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| QN55: Percentage of students who think young people who smoke cigarettes definitely or probably have more friends | 20.3 | 2,196 | 1.56 | (17.2 - 23.7) | 3.3 |
| QN56: Percentage of students who reported that smoking from a hookah or waterpipe is very or somewhat dangerous to their health | 94.9 | 2,169 | 0.65 | (93.4 - 96.1) | 1.9 |
| QN57: Percentage of students who reported that smoking flavored cigarettes is very or somewhat dangerous to their health | 96.8 | 2,164 | 0.51 | (95.5 - 97.6) | 1.8 |
| QN58: Percentage of students who have ever taken an over-the-counter drug to get high | 2.4 | 2,212 | 0.27 | (1.9 - 3.0) | 0.7 |
| QN59: Percentage of students who have ever used heroin (also called "smack," "junk," or "China White") | 1.0 | 2,195 | 0.25 | (0.6 - 1.7) | 1.3 |
| QN60: Percentage of students who did not drink fruit juice (one or more times during the 7 days before the survey) | 29.9 | 2,183 | 1.22 | (27.4 - 32.4) | 1.5 |
| QN61: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey) | 12.1 | 2,218 | 1.14 | (9.9 - 14.6) | 2.7 |
| QN62: Percentage of students who did not eat green salad (during the 7 days before the survey) | 49.1 | 2,207 | 1.90 | (45.2 - 53.0) | 3.2 |
| QN63: Percentage of students who did not eat potatoes (during the 7 days before the survey) | 47.3 | 2,193 | 1.29 | (44.7 - 50.0) | 1.5 |

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| QN64: Percentage of students who did not eat carrots (during the 7 days before the survey) | 53.2 | 2,208 | 1.99 | (49.1 - 57.3) | 3.5 |
| QN65: Percentage of students who did not eat other vegetables (during the 7 days before the survey) | 19.0 | 2,198 | 1.20 | (16.6 - 21.6) | 2.1 |
| QN66: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or pop, during the 7 days before the survey) | 33.9 | 2,188 | 1.14 | (31.6 - 36.3) | 1.3 |
| QN67: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not including soda or pop or 100% fruit juice, one or more times per day during the 7 days before the survey) | 17.6 | 2,199 | 1.28 | (15.1 - 20.4) | 2.5 |
| QN68: Percentage of students who did not drink a bottle or glass of plain water (including tap, bottled, and unflavored sparkling water, during the 7 days before the survey) | 4.8 | 2,194 | 0.69 | (3.5 - 6.4) | 2.3 |
| QN69: Percentage of students who did not drink milk (during the 7 days before the survey) | 18.5 | 2,167 | 1.10 | (16.3 - 20.9) | 1.7 |

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| QN70: Percentage of students who watched TV in their bedroom (on one or more days during the 7 days before the survey, among students who have a TV in their bedroom) | 74.6 | 1,269 | 1.44 | (71.5 - 77.5) | 1.4 |
| QN71: Percentage of students who skipped school without permission (one or more times during the last school year) | 9.7 | 2,138 | 0.96 | (7.9 - 11.8) | 2.3 |
| QN72: Percentage of students who ate dinner at home with at least one of their parents on four or more days (during the 7 days before the survey) | 78.5 | 2,139 | 1.05 | (76.3 - 80.6) | 1.4 |
| QN73: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey) | 3.5 | 2,128 | 0.55 | (2.5 - 4.8) | 2.0 |
| QN74: Percentage of students who stayed in a hotel or motel, a shelter, or a friend's or family member's home because their family lost the place where they lived (on at least one day during the 12 months before the survey) | 9.9 | 2,118 | 0.89 | (8.2 - 11.9) | 1.9 |
| QN75: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious) | 38.8 | 1,439 | 1.59 | (35.5 - 42.1) | 1.5 |

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| QN76: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem | 67.4 | 2,108 | 1.18 | (64.9 - 69.8) | 1.3 |
| QN77: Percentage of students who participate in school activities (such as sports, band, drama, or clubs, one or more hours during an average week when they are in school) | 66.1 | 2,101 | 1.89 | (62.1 - 69.9) | 3.3 |
| QN78: Percentage of students who performed some organized community service as a non-paid volunteer (such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor, one or more times during the 30 days before the survey) | 38.3 | 2,077 | 1.80 | (34.6 - 42.0) | 2.9 |
| QN79: Percentage of students who most of the time or always feel safe and secure at school | 74.5 | 2,107 | 1.42 | (71.5 - 77.4) | 2.2 |
| QN80: Percentage of students who most of the time or always feel safe and secure in their neighborhood | 81.9 | 2,085 | 1.13 | (79.5 - 84.1) | 1.8 |

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